



At rising visualize a triangle of light between my soul on the higher mental plane, my head center, and DK.

See it become a solid triangle of light with the base on the mental plane where DK works, and the apex touching my head. It has a stream of golden light pouring down, flooding my entire body.

Bathe in it, feeling it permeate my physical equipment and let it do its work.

Then with an alert consciousness, create a triangle of energy between the Ashram, DK, and me.

Sound the OM and say "I am one with the light which shines through my soul, my brothers, and my Master."

(See next slide)

**In the morning visualize a deep rose lotus. From its opening heart is a stream of rosy light pouring forth, engulfing you and your group.**



Close with the Mantram of Fusion: I am one with my group brothers and all that I have is theirs. May the love that is in my soul pour forth to them. May the strength that is in me lift and aid them. May the thoughts which my soul creates reach and encourage them.

(Mantrams DINA 1, p647-648, Visualizing lotuses - DINA I,p359)



## At noon visualize a yellow lotus



Align with the group and say the following mantra: “Naught separates me from my soul, my brothers, and my Master. My life is theirs and theirs is mine.”

“We know O Lord of Life and Love about the need; touch our hearts anew with love that we too may love and give.”

**Devotion to Ishvara** LOS p123, “the whole heart poured out in love to God – God in his own heart, God in the heart of his brother, and God as seen in every form.”

(Mantrams DINA 1, p647-648, Visualizing lotuses - DINA I,p359)



At sunset visualize a deep electric blue lotus with a heart of golden sun



Align with the group and say the Mantram of the NGWS

*May the power of the One Life pour through the group of all true servers  
May the love of the One Soul characterize the lives of all who seek to aid the  
Great One*

*May I fulfill my part in the One Work through self-forgetfulness,  
harmlessness, and right speech.*

Then say the following mantram: "Naught can dim the love which flows  
between my soul and me, the little self. Naught can come between my  
brothers and my self. Naught can stop the flow of life and me, His pledged  
Disciple."

(Mantrams DINA 1, p647-648, Visualizing lotuses - DINA I,p359)

