

# QU Lev 02 DHY Paper on Topic 270

By Victor Dutro, 2016

## My Observation

As I observe the news from day to day, it seems to me that there is much conflict in the world of every kind. The brutality of some on their victims is everywhere it seems but are we seeing things as they are or are we seeing things being sensationalized by the media? Crime has always seemed to be present over my lifetime but mass killings by a few people seems to be more prevalent in the past few years and there is much talk about Islamic radicals wanting to kill anyone and everyone they can. Many of these mass killings often end in the death of the killer. Why is this so? Or is it so? How many killings have you personally witnessed? How many times have you been robbed or brutalized? Are we living in a terrible time? According to the media we are but is this the truth?

The news shows us that it isn't only religious fanatics that we should fear but also our own home grown terrorists, gangs or racially motivated attacks, even road rage and attacks on police and vice versa that hit the news on a daily basis somewhere in the world. It is like the mass of humanity is being swept up in a violent, hate filled frenzy. Why is this so? Or are we the victim of our own fears. The media is selling us the sensational but what are we buying?

On the political front in the United States, people are seemingly polarized on the extreme right or what we refer to as the conservatives and the extreme left what we call the liberals or progressives. It doesn't seem that there is a middle ground or area were the two sides can work together. Again I ask, why is this so? Or are we being told so many lies or propaganda that we can't tell which side to believe?

## Questions

To me the problem in all of these examples given above seems clearly to be the externalization of the battle between the forces of 'Good' and those of 'Evil'. In actuality it is between the struggle of the personality with its fears, divisions and hatreds and the Unconditional Love of the Soul within the individual, group, community, or nation.

As I considered these problems I realized that some of these people, at least the one's I know personally, are intelligent and to me they seem to use their heads most of the time. They are often times not caught up in their emotions and in the climate today with the Presidential elections just around the corner, the issue of where they stand on the Spiritual path or what side of destiny are they are on, the issue as to what side they support, either the Forces for Good, Love and Union or those Forces of Hatred and Fear, seems to be quite evident. The majority support political figures that promote fear, hatred, racial and religious segregation and policy ideas that if enacted would harm these same people or cause a detriment in their lives and the lives of their loved ones.

So I asked myself, “Why do these intelligent people not see the truth rather than the lies?” The question can be put in terms of truth as Light or lies and fears as darkness.

If ‘Light’ was the solution, then the answer should be the education or enlightenment of the mass of humanity.

I have long held to the belief that education along the line of the Ageless Wisdom would eventually solve these world problems and yet eventually that may be the case, but recently I have come to the realization that when trying to speak to family, friends and acquaintances about the Ageless Wisdom, about social justice and group consciousness needed in life, politics and government it is like they won’t listen to anything I say. To me it became apparent that reason, logic or finding common ground is not making it past their distortions of ‘Truth’ or misunderstandings as to the nature of Universal Laws or Life’s Purpose. It is like I am talking to a wall and my words are not correctly being registered in their minds. Their minds are made up and locked into their beliefs as distorted as they might be (from my perspective anyway). Then again, perhaps it is I that has the problem. As I have learned, it is always best to keep an open mind on these matters. If it is me then I will work on it and if I am being ‘triggered’ by something or someone I meditate on it and search within for some clarity on the issue.

Recently I offered free classes to the public in energy healing but the results were dismal to say the least. Either it was ignored or failed to attract any interest from the community. Actually, thirty some people said they were interested but beyond that initial interest they wouldn’t come to a meeting, answer my email messages or read the messages I posted on our meet-up website.

It appears to me, that, sending ‘Light’ to the masses as when we use the Great Invocation that ‘Light’ is being distorted or corrupted and we need to address this problem.

As I said, I am a proponent of teaching the Wisdom given by DK but it became evident to me that there must be an effort to break through the illusion and Glamour that is so pervasive in the world today.

So what can we do in the short term? My conclusion from this is, that education, even though we know it will solve the world’s problems in the long term, it is not the immediate solution needed at this time (for the masses) in my opinion.

Yes we know that education is the answer of course and we know in time this will eventually occur. But educating the masses when they are not yet aware of the Soul is really an uphill struggle. We must realize that this is going to be a really slow process coming into manifestation. We need to look at the problem a little deeper and see if we can find a way to speed up this process.

## **Realization**

What came to mind was that the problem wasn’t the lack of Light but the corruption of Light.

The problem, as I see it, is that when ‘Light’ is received either by someone’s Divine teaching or of some other divine source, that Light that they receive is then distorted in the process of being

passed down through the mind, the astral body and the etheric body to brain awareness and finally register within the consciousness of the personality. These impressions are colored due to illusion and/or glamour to the point that the person can't see clearly as they are looking through a cloud so thick of misinformation, misinterpretation and corrupted thought-forms of desire so powerful and deep seated that nothing of the 'Truth' can get through or be seen as 'Truth' let alone be understood as such. With this realization it is little wonder why they can't understand my words or my logic or reason when it is presented. It doesn't fit within their reality and therefore of no use to or for them.

As I examined this dilemma it dawned on me that DK also realized and addressed this problem with humanity.

### **DK's vision**

The same problem we face today is similar to the problem that the world faced in the early 1900's and the solution that he gave then is still relevant today. Djwhal Khul (DK) gave his amanuensis Alice A. Bailey the teachings in the book 'Glamour a World Problem'. "The book, *Glamour A World Problem*, deals with the misconceptions existing on all levels of the personality life—maya on the etheric level; glamour on the emotional plane; and illusion on the mental plane; climaxing in the sum total of all three combined in the personality—the so-called dweller on the threshold."

DK saw the problem within humanity as a distortion, misunderstanding, or wrong interpretation of Spiritual impressions of 'Truth' coming from the higher planes and this is the same today as it was back then. So he saw that 'Light' or 'Truth' no matter from what source was being blocked from consciousness of mankind due to in most cases of misunderstandings and distortions from ancient origins. This 'Evil' (DK's term for it) is prevalent within mankind today and DK's teaching's gave us not only the 'lessons' that enable us to lift ourselves from 'Darkness into the Light' but also gave us the techniques and formulas to rid ourselves of these distortions which he classifies as Maya, Glamour and Illusions. Once we clear ourselves to some extent of these distortions then using trained groups in 'Service' we can begin the work of clearing the Maya from the etheric plane, the Glamour from the astral plane, and Illusion from the mental plane.

All of mankind are thus affected and to more or less degree are in need of clearing these misconceptions from their make-up.

### **DK's solution**

Master DK formed ten experimental seed groups each one designed to address some problem within mankind.

The seed group that deals with clearing these distortions within mankind is called the 'Trained Observers' and is the second seed group given.

## Trained Observers:

DK points out that the work of the Second Seed Group, the ‘Trained Observers’ is the seed group that is tasked with the part of the ‘Plan’ for the awakening of humanity.

I had to ask myself what exactly is the ‘Trained Observer’ and why not just ‘Observers’?

DK hints that we need to be trained in which ever group we are to be of Service.

It takes more than good intention to be of use in service to the Plan and to the Masters of Wisdom and the Hierarchy. The individual must become knowledgeable of the teachings of the Ageless Wisdom and be developed in consciousness through much study, training and meditation to be able to clear their own Maya, Glamour and Illusion so they can see clearly the Universal Laws, the Divine Plan and be able to interpret rightly impressions coming from the Intuition, the Solar Angel, Masters and Hierarchy. This takes time and a lot of personal work. It takes training. I am sure that my definition is incomplete as I have only skimmed the surface with what one needs to learn and apply in their life and in their development of becoming the being or The One. So a trained observer is one that can see with relative clarity at least to as great extent as they can, given their level of development.

**Second group: The trained observers:** will be dealing with light and with the control of the astral plane which entails freedom from glamour. This will be facilitated by the directing of Light and “right observation” to reveal and dissipate glamour. The Age of Aquarius will be predominately the Age of Synthesis and Light.

DK tells us that “Right Illumination” which is like right direction is the objective of this group to bring “light into dark places”<sup>1</sup>. So this group’s first task is the dissipation of the world glamour. DK says, “Disciples must learn the significance of illumination, received in meditation and work with light as a group for the dissipation of glamour.”<sup>2</sup>

The second task of this group of disciples is to act as a bridge for forces which are seeking etheric expression and which emanate from soul levels, via the mind. Since the astral plane is an illusion, which will become apparent when the first task is accomplished, the forces emanating from the soul level will then bypass the astral plane and be expressed in the etheric vehicle. The disciples working in this group will then support and draw others to free themselves from glamour. The ranks in this group will increase and hasten the process of dissipation. The Hierarchy will then be in a position to work more closely with humanity.

The third task of the second group lies somewhere in the future. This third task involves the externalization or the bringing to earth of certain aspects of hierarchy. This task is primarily to

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<sup>1</sup> Alice A. Bailey, *The Externalization of the Hierarchy* (New York: Lucis Trust, 1957), p 38.

<sup>2</sup> *Ibid.*, p. 39.

free men from conflicts between the ‘right hand’ path and the ‘left hand’ path and duality which are referred to as the ‘pairs of opposites’ of the astral plane.

### **DK’s definitions**

Master DK defines the following terms and gives us what we must do as individuals and as a group:

“1. Illusion is primarily of a mental quality and was characteristic of the attitude of mind of those people who are more intellectual than emotional. They have outgrown glamour as usually understood. It is the misunderstanding of ideas and thoughtforms of which they are guilty, and of misinterpretations.

“2. Glamour is astral in character, and is far more potent at this time than illusion, owing to the enormous majority of people who function astrally always.

“3. Maya is vital in character and is a quality of force. It is essentially the energy of the human being as it swings into activity through the subjective influence of the mental illusion or astral glamour or of both in combination.

“4. The Dweller on the Threshold, always present, swings however into activity only on the Path of Discipleship, when the aspirant becomes occultly aware of himself, of the conditions induced within him as a result of his interior illusion, his astral glamour and the maya surrounding his entire life. Being now an integrated personality (and no one is a disciple, my brother, unless he is mental as well as emotional, which is a point the [Page 27] devotee oft forgets) these three conditions (with the preponderance of the effect in one or other of the bodies) are seen as a whole, and to this whole the term the "Dweller on the Threshold" is applied. It is in reality a vitalized thought-form—embodying mental force, astral force and vital energy.

“The problem, therefore, before all of you in this group is to learn first of all:

1. To distinguish between these three inner illusory aspects.
2. To discover what conditions in the environment or in the individual constitution induce these situations of difficulty.
3. To find out what methods are effective in inducing a cessation of the bewildering deceiving conditions.”<sup>3</sup>

In working on a distortion of truth which could be considered a blocked condition or simply as ‘a problem’ we need to locate where the problem resides. From where did it originate and how it affects the individual, group, nation or the mass of humanity and their lives and relationships with others.

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<sup>3</sup> Glamour a World Problem, Alice A. Bailey, (NY. NY, Lucis Trust, 1950)pp.26-27.

## Use a higher energy to heal the lower

I have been taught that a higher form of energy must be brought to bear on the blocked condition or problem. What this means in practical terms:

Maya must be subjected to the inspiration and idealism of the emotional plane;  
Glamour to the illumination of the mental plane;  
Illusion to the light of the intuition, a Buddhic energy; and the  
Dweller on the Threshold must be confronted by the Angel of the Presence, the soul.

As this clarity and transformation of the personality proceed in the individual, he/she can begin to serve consciously, preferable in group formation, to lift and enlighten the world condition.

**This paper will focus on** the Astral plane Glamour portion of the world problem due to the fact that it has the greatest influence on the mass of humanity at this time.

## Causes of Glamour

The three major predisposing subsidiary causes of Glamour:

“1. The glammers induced by the planetary life and inherent in substance itself.

“2. Those glammers which are initiated by humanity, as a whole, and intensified throughout an aeonial past.

“3. Glamour engendered by the individual himself, either in the past, through participation in world glamour, or started this life.

“To all of these, every human being is prone and for many lives proves himself the helpless victim of that which he later discovers to be erroneous, false and deceiving. He learns then that he need not fall supinely under the domination of the past—astral, emotional and glamorous—but that he is adequately equipped to handle it, did he but know it, and that there are methods and techniques whereby he can emerge the conqueror of illusion, the dissipater of glamour and the master of maya. This is the initial revelation, and it is when he has realized the implication of this and has [Page 126] set out to dominate the undesirable condition that he arrives later at a recognition of an essential duality. This is, for the time being, in no case an illusion. He discovers the relationship between himself as a personality, the true Dweller on the Threshold, and the Angel of the PRESENCE—guarding the door of initiation. This marks a critical moment

in the life of the disciple for it indicates the moment wherein he can begin to tread the Path of Initiation, if he so desires and possesses the required fortitude.”<sup>4</sup>

## **My story**

After hours of deliberation as to how I was to relate the teachings of DK on the subject of Glamour that hasn't already been discussed by DK himself, I realized that what you are not going to find within the pages of his many books is 'My Story' and how my study of his teachings have been applied in my life and brought me to where I am today. This may sound narcissistic but what do I know about anything more than about myself?

Before I begin I want to address the question I have asked myself is why has it taken me 25 years to finally get around to the study and work on the subject of glamour?

The short answer is I wasn't ready. The long answer will be forth coming. But the truth is I have been working on this problem my whole life and didn't know it. As a matter of fact my story is going to be brief and only highlight a few of those moments that were instrumental in my development. I am not claiming some high achievement here as something everyone should aspire. Not at all. I am sure if you are reading this it is highly likely your story would be more interesting than mine and your development just as likely would exceed my own.

## **Nothing hidden**

Here is my point. I have decided to reveal myself for who I am and leave nothing hidden, not to you the reader and not to me. I hope in the process I can gain some freedom for myself and hopefully inspire others to do the same.

## **My Bio**

To start out, a little bio of myself might help in understanding who I am in terms that many students of the Ageless Wisdom would be familiar. My hypothesis of my Ray make-up is: II Ray Soul, 3<sup>rd</sup> Ray Personality, 5<sup>th</sup> Ray Mind, 6<sup>th</sup> Ray Astral, and 7<sup>th</sup> Ray Physical.

My birth chart shows me as an Aries Moon, Taurus Sun, and Sagittarius Ascendant.

I point this out because it is important to understand those underlying energies to get to understand some of the difficulties that have confronted me in this life.

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<sup>4</sup> Glamour a World Problem, Alice A. Bailey, (NY. NY, Lucis Trust, 1950)pp.125-126.

## **Kinesiology**

I am going to skip the gory details of how and why I got into energy healing but suffice it to be known that my Solar Angel played a major role in that but I was oblivious to that fact for years.

Over the course of 25 years I have been doing a process we call emotional clearing or balancing using a technique known as Kinesiology or bio feedback using muscle testing.

### **“body to Body”**

I have attached a paper in the appendix that describes this technique I titled ‘body to Body’. Note that the first ‘body’ in the title is lower case ‘b’. There is a reason for this as I spell out in that paper in detail but for now just know that this indicates the physical body, lower self or what we call the personality. The capital ‘B’ indicates the Soul/Solar Angel (SA).

Over the years I have been using the emotional procedure countless times and yet didn’t associate this with what I now know as individual glamour dissipation. The technique was a bit different of course but my Solar Angel has directed me on this path much of it beyond my awareness. Looking back over the events in my life I can see that the SA guidance has always been there.

## **Discovery of DK’s Teachings**

Early on I attended a class from a teacher that I had been told had cured her breast cancer and I wanted to know how she did that. Within the first few minutes of her presentation she showed some charts taken from the Alice Bailey books and I was instantly familiar with these and what she was saying resonated within me. I knew then and there that I had found what I been searching for and I was determined to study this ‘Ageless Wisdom’ material for the rest of my life. That pledge to myself was 25 years ago and it still holds true for me today.

Even though I was drawn to the teachings of DK, doesn’t mean I was accepting everything he said without questioning it. I tried to keep an open mind but I needed to discover the ‘Truth’ on my own. In one instance for example, I had been studying the Seven Rays for about Four years when all of a sudden the beauty and simplicity of the Seven Rays flashed into my mind. At this point I knew the Seven Rays as a personal experience. A similar instance came when I was studying the Constitution of Man and again I knew it as ‘Truth’.

## **Personal demons**

Over the years I have faced many demons within myself from my past both of this lifetime and past lives and resolved them. So for me the True and the Un-true, the Real and the Un-real reside like a duality within me. The Un-true, the Un-real like the Dweller on the Threshold stands between me as the personality and me as the Soul. The term DK uses for these distortions of truth on the Astral Plane is Glamour as I have already said above.

Truth and Glamour go together in some strange relationship of self-discovery that for eons of time the well-known Dictate given by the Oracle at Delphi stating “Man Know thyself” was a call for man to look within himself and search for ‘Truth’.



## **Solar Angel**

Using the Emotion Chart and muscle testing, the problem with finding energy blocks and emotional issues were easy to discover and resolve. Some of these were so ready to be released that they literally burst forth, often with a lot of pent up emotional energy. It was during these experiences I learned to communicate with an entity that I learned later to be the Solar Angel.

There have been a few life changing revelations that were discovered in the course of time but these were few and far between in the beginning. The Body (The SA) would lead me to discover what I needed to learn first and then when the time was right, the issue (problem) would begin to percolate or boil to the surface figuratively (sometimes this might take days or a month or so). Most of the time I became aware due to a pain that wouldn't go away. Eventually I would set down and do a 'Balance' and discover the root cause. The process would bring a flood of love and light and fill my body which I then used to heal others and send out to those in need. In all my healing work it always ends with 'Pure Unconditional Love'.

So what about those things still hidden within myself? There are things that are clearly belonging to someone else or of some origin that my physical body hasn't caused but is connected to via some energy thread I call a karmic thread. These issues are of a higher order in my opinion and require a higher level of development of consciousness than the normal emotional ones. These emotions are astral plane associated things (Thought-forms colored with desire) and are what I now know, is called Glamour.

## **Requirements to serve**

DK covers in detail in GWP, the technical knowledge the student preparing for 'Service as a Trained Observer' will need to succeed.

Above I asked the question, "Why has it taken me 25 years to finally get around to the study and work on the subject of glamour?"

DK in his many instructions hints at what is required of a person in preparation to do this work or to be ready to do this 'Service' work in any of the fields given by the ten seed groups. Work at the individual level then leads to group work. Not only does one need to learn the formulas and techniques but also to be knowledgeable and spiritually developed to a certain degree.

## **Selflessness, harmlessness and contact with the Soul**

For me I had to learn to work in a group as a part of the group and not as a leader or the central figure leading that group. That lesson took years of work on myself. I had to develop selflessness, harmlessness and contact with the Soul and these are only a few qualities or character traits that had to be developed within myself. I had to aspire to connect with that entity that I would later discover was my Solar Angel and looking back I now realize that 'She' had been guiding me the whole way. I was fortunate to have studied the many different schools of Kinesiology as this gave me the initial mode of communication with this entity and then through meditation in later years. For me these processes work hand in hand and not against each other.

As students of the Ageless Wisdom we know that the student on the Spiritual Path and in particular the Path of Probation is where one dedicates one's self to those things such as purification of the physical body. After the awakening of the consciousness to the existence of 'God' in the heart and the 1<sup>st</sup> Initiation then the path of Discipleship begins.

### **Setting my goal**

At some point I knew I wanted to qualify myself or remake myself more like my ideal self as I envisioned it to be. At the time I was reading a book that told me if I wanted to get rid of my fears, I needed to start by picking from a list of virtues and dedicate myself to developing that within myself. It said to develop first one then take on the next and so on until I became in alignment with the Ideal Self. The Ideal Self of course was the Ideal I now identify as the Solar Angel.

### **First Virtue**

I remember my first virtue I took on to develop in myself was to tell the truth and be honest. Quite a challenge for at the time I was a salesman and stretching the truth was more common than in some careers. I wasn't a big liar but if it came down to getting punished then as a last resort I would. What I discovered about setting this selected virtue in motion, the not lying part, everyone that lied came out of the woodwork to challenge me and my resolve. I lost money, had to face the consequences of the truth being told and me being honest. My boss told me he had to let me go, but if I would move to a new sales location in a different city I could continue working. He said before I agreed I had to go meet with the new manager. He warned me this manager was the biggest liar he had ever known. He said, "The way to tell if he was lying was to watch his mouth and if it moved, then I would know he was lying." It was a joke but it was the truth.

### **Discovery**

What I discovered from the experience was that the quality of a person isn't that he tells lies or not but what is the 'Truth' within his heart. I discovered this man had a big heart with loads of compassion for people and he played with people like a game telling lies. The thing that always got me into trouble whenever I lied was that I forgot what I said. This manager had a very unique memory in that he could remember the lie he told someone even if years had passed. Everyone knew he was lying and loved him just the same. On one occasion he took a homeless man into his home and kept him, fed him, took him with him on trips and golf outings until the man eventually died in his arms on the golf course. This was a powerful lesson for me. Here I was being 'Virtuous' and I wouldn't have helped anyone, and here I was judging him for lying and him with a heart of gold. Boy, did I realize I had a lot to learn.

### **Lessons to learn**

Over the years my Solar Angel provided me with lesson after lesson and one that seems important was to develop love within myself and to love others. I am on the Wisdom side of the 2<sup>nd</sup> ray of Love-Wisdom. Not only did I not know love but I didn't know wisdom either.

Having to face myself is always been easier when I am in a safe place and in private. Much of my emotional work I have been able to do was in a safe place at home where I didn't have to face other people or expose my faults or flaws. My father always told me, "If you keep your mouth shut, people wouldn't know how stupid you are." As a child I didn't know that was a joke, looking back it might have been a joke, but I have had to live with that so there has always been a fear that I had to hide the fact from others that I was stupid.

### **Truth in muscle testing**

I remember when I first started classes to learn to do muscle testing I learned that the body doesn't lie. So this realization presented me with a dilemma. How was I going to keep those deep dark secrets about myself secret? There was a part of me that feared that Evil might be hidden within me somewhere. As it turned out over the course of many years of muscle testing there has been no evil found, much to my relief, but there was a lot of pain and suffering that came up and the beautiful thing was, I was able to clear myself of all this 'baggage'.

Using the emotional chart was the tool I used to find and remove those hidden emotional stressful and painful memories and was able to replace these with love thus dissipating the cause of 'blocked energy'. That was what we called it. Today I would identify it as the dissipation of glamour. Every balance brought me more and more into the consciousness as the person I am today. The journey has been one of personal struggle, pain and suffering and plenty of learning about detachment.

Over the years, what I have discovered is that other people see us, and know us before we can see ourselves but to be able to listen to their advice and accept that advice is often met with resistance.

### **Criticism**

For me, I could refrain from harming someone or criticizing someone but recently I caught myself reacting defensively when someone challenged my intelligence. Clearly I knew I have more work to do on that. As it turned out this happened in Group while we were supposedly working on world glamour. Rather than defend myself as would have been my default response I sat quietly and just paid attention to my body's reaction. When I got home I meditated on it and found the "You're stupid" + fear + criticism that pointed to me being "unlovable", and "unwanted".

Over the years I have worked on these issues but here once again my Body was bringing these issues to Light once again. Now I had a new technique to use on these glammers. I used the Formula for the Individual to dissipate these glammers.

### **Trick to glamour**

The trick to glamour is the finding or recognizing them within myself. Once discovered the formula is an easy step but DK point out this is not an easy step. With training that I have been through it is easy. What has been the hard part is the discovery of the glamour and then beyond

that any illusions that have to be dispelled. I have discovered that I can discover those glammers that the body is ready, willing and able to release by contacting the SA and using muscle testing reveal the highest priority at the given time. I have been experimenting with this since the above incident on criticism showed up. It was no accident that all this unfolded within a group of people that supported me with love and compassion otherwise I may have reacted defensively and missed the lesson.

### **Systematically finding glamour**

What the above experience revealed to me was that I now have a way to systematically find and remove (dissipate) individual glammers by using a chart made up similar to the emotion chart I have been using for decades. In another paper I plan to present this glamour chart and the emotion chart and put forth the technique and procedure to removing both emotions and glamour as the Body (SA) wishes. What this means is that instead of the SA having to set up life circumstances and events for me to 'stumble' into recognizing a glamour it wants me to dissipate, I can now ask it which one it wants me to address and remove it. This helps the SA as I become more fused with it and thus move forward toward making (preparing) myself ready to serve.

When I say remove it, I recognize that DK points to the fact that the complete dissipation of glamour is a slow process but with this new technique I can check every day which one SA wants me to work on. When it is time to revisit a glamour it will tell me so. No big deal. Working on glamour is now part of my daily meditation. In time I trust the SA will reveal how to uncover the illusions and I feel confident it will when I am ready.

It should be noted that there are other levels presented in the clearing of Maya, Illusion and the 'Dweller on the threshold'. Each technique is useful for the raising of consciousness for groups of people at different levels or preparation for those different levels we refer to as Initiations.

### **Glamour**

My original intent when I began this paper was to focus on just one aspect of Glamour and that being the process leading to the technique DK offered to us for our use. That being the formulas for the dissipation of Glamour for both the Individual and for Group work.

Glamour is the area that involves the elimination of harmful emotional blockages and those Astral Plane distortions we call 'Glamour' and the work needed to prepare one to take the 2<sup>nd</sup> Initiation and gain mastery of the Astral Plane energies via the use of 'Light' we call Illumination. This area was to be the main focus of this paper.

## **Maya**

Maya is the area for work toward preparing those to take the 1<sup>st</sup> Initiation and addresses those ready to enter or upon the 'Probationary Path' DK gives those at this level training techniques to move forward within this area.

## **Illusion**

Illusion is found on the mental plane and is the distortion, misunderstanding or misinterpretation of the impressions coming from the intuition, from Masters and Hierarchy and higher realms. This work is necessary for those on the path to take the 3<sup>rd</sup> Initiation. This is an important area of concern but as DK points out that for the mass of humanity we must not deprive these people of the necessary development of discrimination that working through their own illusions brings about. As such he doesn't give a group formula to use in the dispelling of illusions for the masses. He does however give training for students to work on as individuals and collectively on the Spiritual Path.

Some of the main illusions for humanity are: Materialism, Misidentification as to Real vs form. Pride, Separateness and Cruelty. "The worst kind of cruelty is not of a physical nature but is more mental in character."<sup>5</sup>

## **The Dweller on the Threshold**

The Dweller on the Threshold is the advanced area that we will need to reach the fusion of the Personality with the Soul. The Dweller is the culmination of all our collected distortions, beliefs, glamour and illusions and we must free ourselves from these to enter the realm of the 'Presence' and have clear vision of Truth and of Reality.

## **Conclusion**

Before I conclude this paper, there is one more observation that I have made that I found to be interesting.

As I have stated earlier, my ray make-up is 2<sup>nd</sup> Ray Soul, 3<sup>rd</sup> ray personality, 5<sup>th</sup> ray mind, 6<sup>th</sup> ray astral and 7<sup>th</sup> ray physical. I was born on May 8<sup>th</sup>, 1945. A few days later, June of that year, the first atomic bomb was tested. According to DK, the Age of Aquarius would begin upon the splitting of the atom. That event then would mark the beginning of the Age of Aquarius in June of 1945.

If this is correct, I would have been one of the last person's born under the Age of Pisces. DK also tells us that the rays which govern the mass of humanity and which condition them and the present world problems under Pisces had a group ray make-up of 2<sup>nd</sup> ray Soul, 3<sup>rd</sup> ray personality, 5<sup>th</sup> ray mind, 6<sup>th</sup> ray astral and 7<sup>th</sup> ray physical. This is identical to my ray makeup. Is this a

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<sup>5</sup> Alice A. Bailey, *Esoteric Astrology*, (Lucis Trust, NY.NY, 1951) p.205

coincidence? What if this is by design? What would this indicate or imply in terms of humanity? I would like to think that this would help me relate to the group soul of the mass of humanity of those that were born under Pisces at least.

DK also gives us the ray makeup for the mass of humanity to be developed which indicates what must evolve in the process. The soul ray remains the same. The personality becomes the 5<sup>th</sup>, the mind the 4<sup>th</sup> and the others remain the same.

Under Pisces, the 3<sup>rd</sup> ray was to develop intelligence for the transmutation into love/wisdom.

The 5<sup>th</sup> ray was to develop advances in science.

Under the Aquarian age, the 5<sup>th</sup> ray personality is listed as basic and determining. I pondered on what that might mean. Could this be that the mass of humanity would now become mentally polarized at last?

The 4<sup>th</sup> ray mind would perhaps indicate the future evolution of man to be one of beauty and move from chaos to harmony? Certainly if the mass of humanity uses the mental abilities to overcome the glammers found on the astral plane then harmony could be a real possibility. If my own spiritual development and mastery of emotions and glammers are an indication of what is possible for humanity as a race then it would indicate, at least to me, that the same can be said for the mass of mankind in this the Aquarian Age.

What I intend to present in my next paper is a technique and process that can hopefully be of use to those that awaken to their Spiritual being and wish to speed up the process of clearing the emotional blocks and the dissipation of glammers that hinder their progress on the Path.

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## Appendix

# body to 'Body'

The Science of body and Spirit communication

By Victor Dutro

## Introduction

Spirit Kinesiology or Spirit K, could be a special branch of Specialized Kinesiology, that enables an individual to access Spirit via the form or outer expression of Spirit. I call this outer form the body and the Inner Source from which all things flow (which includes the Soul and the Spirit), the 'Body'. In this presentation I will be as brief as possible due to the vast amount of detail and knowledge that lies behind this concept. I will not attempt to fill in the required knowledge and the step by step process that would enable a student to apply this technique and thus gain access to the Soul and the Spirit. This is an attempt to present the concept behind the actual process.

## Background:

This concept did not just spring out of my mind out of the wild blue yonder but it was brought to my conscious mind based on years of study and training as well as a build-up of life experiences in a process of synthesizing years of Soul Guiding Revelations. I studied many of the Kinesiologies available at the time and one in particular called Transformational Kinesiology. This used Kinesiology along with the Ageless Wisdom teachings and in particular the Alice A. Bailey books.

Kinesiology as I use the term is a bit different than what academia knows it as. To them it is the Science of Muscles in Motion. This type of Kinesiology is very much related to physical therapy used for rehabilitation of sports injuries and the like.

Our Kinesiology or Specialized Kinesiology (as we use the term) is used to balance the body's muscles (and energies) by a scientific approach of turning on and off the muscles. This was discovered by Dr. George Goodheart D.C. in the 1960's. Since then it has been discovered that this mechanism not only balanced the muscles but also gave access to other more esoteric information and systems far beyond the dense physical.

Meridians, Nadies and Energy Centers (Chakras) from Ancient Chinese medicine were incorporated into the process early on and this enabled even the most skeptical student to discover for themselves that there was a world beyond the dense physical body and that they



could use this process of muscle testing to gain access to the inner workings of the body, the emotions and the mind.

## **Occult Science**

The difference between the advanced students of the past and today is the difference between Mysticism and Occultism. Mysticism or the practical Mystic is the approach to Spirit or God via the idealism and devotion of the devotee and from this Love or Heart connection arrives at a connection between the devout student and Spirit. This approach doesn't use the mind to any extent.

Today mankind has progressed in his/her evolution and the mind is more and more utilized and the requirements to gain access to Spirit is now through the use of the mind. This doesn't negate the use of the Heart as now the two work in unison to bring the Heart into the Head so to speak.

The Occult path begins after the students First Initiation and is a growing awareness of energies and forces behind everything. This approach studies the form and its Rules and Laws to arrive at the underlying energies and forces that were or are the cause of the manifestation of the form. So this process actually works opposite from the Mystical technique that distanced itself from form. The Occult uses form as the means to discover Spirit or God within. The object is to arrive at Oneness eventually.

## **Kinesiology uses form**

The Kinesiology student learns to use the body's muscle response to gain access to the Body's knowledge initially to heal or balance the body's energy. The muscle turns on when energized and off when switched off. The beginning student is not aware of where this ability comes from and when they graduate to asking 'yes' and 'no' questions they don't know from where the answers come.

They are taught to use the muscle testing protocols to do specific tasks. There is no limit to what task this could be applied to. In the study of my own field of interest, it has been used to bridge the gap between the lower mind and the higher mind and to the Soul. This bridging process is called the Rainbow Bridge or the Antahkarana.

## **The Antahkarana**

In the teachings of Djwhal Khul, (DK), the object of the Spiritual Path also referred to as the Path of Discipleship is to build this Bridge that connects the Lower Mind to the Higher Mind and the Soul. This Bridge of light is built via the use of mental substance, utilizing the imagination with light and love. Added to these is the will power which is the drive or determination to connect with God. This is no longer the desire of the astral plane but the higher aspect of Aspiration. The upper span of this bridge from the Soul to Spirit will connect the higher mind with the Buddhic and Atmic planes via the Spiritual Triad.

Master DK teaches that the imagination is a lower form of the Intuition. DK gave his disciple CDP the exercise of creating a garden using her imagination. This exercise was deemed



important to teach her to use the imagination to develop her creative abilities in the use of mental substance. This is also important in the ability to connect to the Soul, the Master and Spirit.

When we couple our creative ability with our meditation practice I believe we build this bridge to the Soul and beyond. The objective is to integrate the Personality with the Soul which we call a Soul-Infused Personality.

Whether we reach the Soul using proper meditation procedures as when we use Raja Yoga Meditation or if we are assisted using the Kinesiology using Spirit K. there is the merging of objectives, both with the intent to communicate with the Soul and higher Spiritual Realms. The reader of this may not be convinced that this is possible but when one is properly trained, the two processes have more in common than one might think at first. Later I will describe some common obstacles that both will need to address. Both are procedures that use the inner workings of the mind. The questions to be asked in each protocol come from the same source and the answers do as well.

### **Character Building**

The students of the Ageless Wisdom and the Teachings of Master DK via the 'Blue Books' read that the steps along the Evolutionary Path prior to the First Initiation are a preparation or development of Character or Character Building. As one learns the Raja Yoga Meditation there are steps that have to be built into one's nature. The Process includes the elimination of 'Hindrances', and the following of certain Rules and Commandments that bring the individual to a stage of preparation for accepting higher contacts. As given in the Meditation training, those Hindrances are 1. Ignorance, 2. Personality, 3. Desire, 4. Attachment, and 5. Hate. Each of these must be addressed and the student has to overcome these traits on the path of becoming the Yogi. These same limitations distort muscle testing and therefore should be part of the Kinesiologist's training as well. The same can be said of the Rules and the Commandments. The Rules are 1. Purification, 2. Contentment, 3. Aspiration, 4. Spiritual Reading, and 5. Devotion. The Commandments are 1. Abstention from Theft, 2. Abstention from Incontinence, 3. Abstention from Avarice, 4. Harmlessness and 5. Truthfulness.

### **Alignment is key**

The sum total of training and Character Building is to instill a clear, trustworthy and steady vehicle or receptacle for the Soul and then the Spirit to utilize. This alignment process has been used in meditation for thousands of years and has a proven track record to bring a student of the Ageless Wisdom to a stage of enlightenment and connection with the Soul and/or Spirit. Beyond that of course is the goal of alignment with All-that-is. We all know of this process and its importance in the development of consciousness, the identification and the ultimate At-One-Ment.

What is not yet accepted by the general population or the scientific community is the fact that it is difficult to test and/or measure results of meditation. The students of the Ageless Wisdom can advocate meditation as a viable science but many still see it as pseudo-science at best.

I believe that Spirit K. using Kinesiology is a step that is needed to fill in the gaps between the physical realm and that of Spirit. This is only a tool to assist those that need 'Proof' at the physical level to verify those non-physical states of mind and beyond. Their body is used as the required interface much like the keyboard and the monitor are used to translate the inner workings of the computers processes and calculations.

Up to now, the test results from one muscle tester to another, in some cases, have given skeptics the impression that muscle testing is not reliable or repeatable. It is my belief the cause of this inconsistency is the same reason people receive different impressions while meditating. The problem is that everyone is unique and everyone is at a different stage of development in consciousness. Alignment is as important in muscle testing as it is while meditating. Failure to do this Alignment opens oneself to getting wrong information or connecting with some undesired source.

### **The Scientific Approach to Spirit**

Muscle testing is based on the body switching on and off an indicator muscle to answer yes and no questions. Those questions can be based on the physical body and its functions and this is the way most Kinesiology students use it. However, over years of self-testing I discovered that there is an intelligence within that wants to communicate and it can use the muscle testing procedure to do so. As it turns out, it is the same entity that I have contacted during meditation and this entity is called the Solar Angel.

The beauty of Kinesiology is that the new student can learn to properly perform muscle testing and immediately get a response from the body without going through years of special training. The body wants to communicate and it responds to stress/no stress tests, as well as yes/no format questions. I won't go into details here but it is important to consider other factors such as motive, intent and alignment, to insure accurate test results. While the new student is learning, the body makes allowances for a lack of esoteric knowledge and the omission of a rigorous preparation and alignment process. The Body actually knows what the student knows and uses this to allow a healing or body balance to succeed. As the student learns to communicate with the Body, the Body then can assist the process by leading the student to those lessons that are beneficial to expand the students' consciousness.

The student can see and actually feel the physical responses of the body as it switches on and off the indicator muscle. Any muscle can be used as an indicator but the heavy muscles become exhausted quickly so I use the fingers and specifically the middle finger and thumb to hold in a ring and then test the strength of that ring. (see pictures 1-4). I can switch the format from a strong response =yes/ weak response = no. I can also switch formats to what we call an 'indicator' format. Weak response = yes and a Strong response = no. The benefit of having these different formats is to keep the patient/client/testee neutral and keep them guessing as to what format is being used and thus which answer is being given. We want the 'Body' to give the answer, not the conscious Personality. To help facilitate this we can have the client say "I am curious, I am curious" over and over, as the test is being applied. This keeps their conscious mind busy and helps avoid interference with the Body communication. This process is taught in

the classes on virtually all Kinesiology branches that I have witnessed or experienced. This is just part of the fundamentals of muscle testing. Some use silent muscle testing (just thinking of the question rather than say it out loud), but the International community frowns on this practice. They believe that all questions being asked the patient/client should be put to the client verbally and out loud. They claim the client has the right to know what is being asked and can opt out or refuse to allow the test to go forward if for some reason it infringes on an issue that the patient/client may want to keep private. This is an issue of ethics. The Body would give the true answer without regard to the consequences of possible embarrassment or revealing the secrets of the client. It should be noted that Alignment is paramount here and I will explain why in the next section. The take away here is that the Body doesn't lie. I have attached several pictures at the end of this paper to show my self-muscle testing method. I like using the fingers as they don't tire as quickly as many other heavier muscles tend to do, but it's good to know how to test the others muscles.

### **The 'Body'**

To a beginner, the initial muscle test response coming from the Body, is in most cases, believed to be just coming from the physical components, those of the nervous system, the nerves themselves, the cellular structure, the various systems within the anatomy of the human body, and its senses of touch, taste, hearing, smell and sight, are used to experience the outer world. These senses are hard wired within the body (note the use of the small letter b). These are the nerves plus the chemical, electrical and magnetic impulses that transmit signals to the brain for processing. The brain then transmits signals back to the various body components such as the muscles if movement is desired, or other bodily system. This is the automatic mechanism that is the result of millions of years of evolutionary development. The brain is in essence the interface between the dense physical and those regions beyond this basic elemental level of consciousness. Once a task is learned at this level it can essentially function without the need for guidance or decision making from other regions of the 'Body'. This aspect of the bio-system can be studied in any anatomy book and is beyond the topic I wish to present here.

Associated with this densest of the bodies are those regions that are more refined levels we know as liquids and gases, and beyond these we have the even more rarified energy levels we know as the etheric or vitalizing energy field that interpenetrates and surrounds the dense physical body. Beyond that we have the Astral planes and the mental planes all the way up to the rarest levels that are considered part of the Cosmic Physical Planes. We study these levels when we cover them under the topic of the Human Constitution and I won't elaborate on these in this paper. The point I do want to make here is that the 'Body' is inclusive of everything here and more. The 'Body' as I use the term with a capital B is the Greater all-inclusive matrix of energies and forces. It includes the dense physical, the emotions and desires, beliefs both true and false, glimmers and illusions, the entities of various levels of consciousness both in incarnation and out, thought-forms, impressions, the Solar Angels, members of the deva kingdom of all grades, the Masters, chelas of different grades and Spirits of all grades of enlightenment, access to the Akashic Records and entities of the Hierarchy, Shamballa, the planetary logos, the solar logos and beyond. I am sure this is only a partial list but I hope you get the idea that to me the 'Body'

or simply the Body is all of this. When I muscle test the body I get a response from the Body. When I meditate and ask a question I get a response from the Body.

There is no limit as to what can be accessed except by our own ignorance, wrong identification, our fears, our glammers and our illusions. As we expand in consciousness our capabilities increase to eliminate those hindrances that distort or disrupt the free flow of Spiritual Energy throughout our body at all levels.

As I have stated before, the Body knows everything about the body and its point in evolution. It knows what its purpose is and the Divine purpose that is to be unfolded in this lifetime. The Body is aware of what lessons are needed and how to bring those about. It knows what steps need to be experienced and mastered to enable the developing Personality to strive to join with the Soul and more.

As the Personality develops it learns the process of communication with the Solar Angel as well as recognizes its tone, color and frequency and thus avoids falling victim of being misled by some entity pretending to be the Angel. The Body includes all, the good and the bad. It is up to us to discover the means to discern the True from the False, the Real from the Unreal. This is why the process is dependent on our development of Character. The Soul and those of the Spirit express those qualities which are inherent in Un-conditional Love, Purity, Unity, Brotherhood and Selflessness. If the entity doesn't fit these basic characteristics then it isn't the Solar Angel and it isn't of the Spirit. This applies to both meditation and to muscle testing.

The Solar Angel/Soul is group conscious and it won't be directing our day to day decisions. The esoteric student can pay attention to the way Master DK teaches his Disciples to get an idea as to the way a Master makes suggestions for the student to do something. There is never a directive to do this or that. The student is always given a choice and the decision is always left to the Free Will of the student to follow the suggestion or not.

### **Discrimination**

As with meditation and also with muscle testing there is a need to be able to discern the Real from the Un-Real, the True from that which is false. Spiritual Reading helps to learn the Rules and the esoteric psychology underlying the energies and forces. It is important to live as a Spiritual Being as best as one can. The virtues that are developed and the ability to align with the Soul and with Spirit develop within one's nature the ability to know the Seven Rays (types of energies) and recognize them in all things. The student in time becomes the Occultist and proceeds upon the Path of Discipleship, the Path of Initiation and will finally become the Master of the Wisdom. How does one learn discrimination? Each student must take themselves in hand and develop those virtues, follow the rules and laws given and do what is required to purify one's nature of all hindrances and always be vigilant for anything that doesn't fit the quality aspect of Divine Love, Divine Intelligence or Divine Will. If what we are getting serves the little self or feeds its need for something and not serving others then that should raise a red flag that we are being misled. Dismiss this and work on one's alignment. Pure Love and Selflessness are needed.

## Conclusion

Become an expression of more Love and Light. The Astral Plane becomes a tool to express Love and is a power house for healing energy. The lower mind becomes less caught up by illusions as it aligns with the Soul and Spirit. Replace negativity with its opposite and with that of Love.

Alignment with the Soul/Solar Angel or with Spirit is key to meditation and with Muscle testing.

I believe that muscle testing is the link between the body and the Body and once this is explored and better understood, it could lead to the scientific breakthrough that connects the dense physical to the Spirit. Science requires a systematic way to test and retest and get consistent results that can be used to validate if something has merit. Muscle Testing, I believe will be able to provide this 'Proof'. Work still needs to be done to train the Kinesiology students to properly align with the Soul. This implies that a certain level of development in consciousness needs to be attained as well. Today's students of the various Kinesiologies have a ways to go in this regard. This is the root cause of the different testers getting differing results rather than indicating a more consistent result. Kinesiology is a tool that if properly used can bridge the gap between the lower mind and the Soul and the Spirit. I see this as a compliment to Meditation not as a replacement. If a person needs 'proof' that there is something beyond the dense physical then Kinesiology, in my experience, provides that proof.

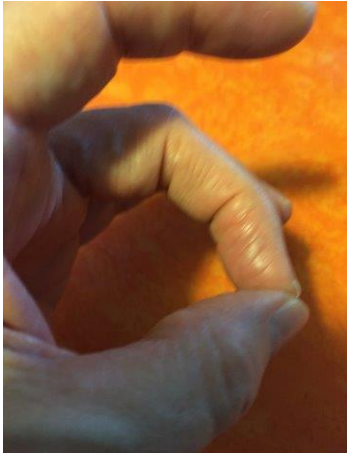
Does everyone need to learn muscle testing? No! Spirit K. has a place and is a tool that facilitates the Spiritual development. Once Soul contact is made on a consistent basis, muscle testing is no longer required except when teaching others. Then it is very valuable. I use it every now and then to check my impressions. It is easily accessible and fast. It is ideal to zero in on an item from a long list of possible choices. This is particularly useful for finding the emotion the Body wants to address and heal. Finding the age and the persons involved with the emotion is so easy to use, that we can find the culprit and resolve the issue in seconds or a few minutes. I have been told that in the field of psychology the protocol in common usage, currently takes many years to get to the root of a similar issue. Utilizing Kinesiology in their practice would revolutionize this process.

There is a need to be careful about teaching Kinesiology to those that would misuse it for selfish purposes. As it is now most of those branches of the various Kinesiologies are more concerned with its application to some aspect of the dense physical. This, in my opinion protects the hidden secrets within the Esoteric that could cause great harm to the student if a student were to misuse this tool for selfish purposes. The Law of Karma applies here.

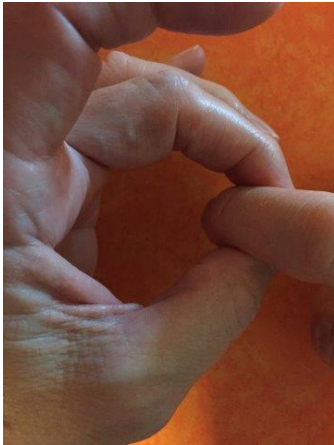
Those past a certain level of consciousness and with proper training in Character Building, learning the Rules and Commandments should also learn the fundamentals of Kinesiology and thus speed up their Spiritual Development and at the same time practice Raja Yoga Meditation. In my experience, they work together.

Kinesiology teaches the student to pay attention to the body and communicate with the Body.

So in conclusion we have a scientific way to communicate with the Body and through it, the Soul or Spirit depending on ones' level of attainment.



Picture 1



Picture 2



Picture 3





Picture 4

**Picture 1** shows the ring to be tested. It is held tight and not voluntarily relaxed. The middle finger from the other hand is used to challenge the rings' strength. Shown in Picture 2.

**Picture 2** shows a strong test result-the finger doing the strength test is not able to separate the thumb from the middle finger. The ring remains solid.

**Pictures 3** shows the muscle is starting to give way indicating a weak muscle result. Note that the thumb and the third finger forming the circle are no longer in contact with each other.

**Picture 4** shows the finger completely pulled through. At this point the thumb and the middle finger would snap closed. This happens really fast. I have stopped the motion to simulate the process.

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