



## OPRAH WINFREY

### Biography

Oprah Winfrey was born on January 29<sup>th</sup> 1954 as Orpah (the Bible character in the Book of Ruth) Gail Winfrey from a single mother in Mississippi. Her early childhood was lived at varying times with her grandmother, her mother, or her father. She was a victim of sexual abuse and escaped the situation. She became pregnant at 14 and her son died in infancy; she decided not to have other children of her own and said it is because she had not been well mothered.

Early on she was already interviewing her dolls and ravens in her grandmother's yard who apparently encouraged her to be positive and confident. Living with her dad during her high school years, he insisted that education become her priority and she flourished, becoming an honor student. She won oratory contests and had already started to do radio work while still in high school.

She gradually won over the public through work on the radio and television (TV) talk shows, quickly jumping to fame in 1984 thanks to her morning TV talk show in Chicago. She was a pioneer in the field of talk show therapy sessions -'Oprahfication'<sup>1</sup>- and even talked about her own problems like sexual abuse and weight problems.

As her career soared, she became the captain of her own career and was then able to create her own talk shows, reality shows, self-help shows and even spiritual shows. She emerged as a very effective businesswoman, serving as chairwoman and Chief Executive Officer of 2 Oprah Winfrey companies, and publishing her own magazine.

Although her popularity is not as strong nowadays as far as the number of people listening to her is concerned, she is still considered to be the most popular African-American woman in the United States of America (USA), if not in the world. She is also one of the most influential people in the world

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<sup>1</sup> Wikipedia, Oprah Winfrey, [https://en.wikipedia.org/wiki/Oprah\\_Winfrey](https://en.wikipedia.org/wiki/Oprah_Winfrey)

in a list of 100 people.<sup>2</sup> She is a philanthropist, participating and sharing her wealth in all sorts of charity projects, one of the latest being a school in South Africa for poor and Acquired Immune Deficiency Syndrome (AIDS) affected children in Africa.

She is worth \$2 plus billion and influences many fields including clothing, book selling, and politics. She is also an actress, starring in numerous movies and shows, plus she has co-authored 5 books and won countless awards.



Her romantic life was unstable to start with but she has now been with the same partner – Stedman Graham – since 1986 (a self-help writer and businessman).

Oprah Winfrey gradually came to spiritual leadership and people even talk about 'The church of O'. She started on self improvement and spirituality subjects back in the 1990s. What she touches becomes popular and she does not hesitate to give her opinions on important matters. She's been a producer for many years, and is a 'breaker of 20<sup>th</sup> Century taboos' such as awareness for Lesbian, Gay, Bisexual, and Transgender (LGBT) rights .<sup>3</sup> She has several homes but her main one is in Montecito, California.

## Oprah Winfrey and the Path

I would place Oprah Winfrey on the Path as a disciple as she demonstrates consistent spiritual service but is still struggling to control the ego. She has been saying from childhood 'God, use me' so there was that impulse of the Soul from the start. She also knew from young age that she was on the planet to do great things. She mentioned that in an interview with Barbara Walters at the beginning of her success: "I was born for greatness in my life."<sup>4</sup>

It is easy to give evidence of her consistent work of service (29,000 guests and 4,000 shows back in 2010) which has evolved through the years and became more and more spiritually oriented. Another evidence of being a disciple is shown in the fact that when she stopped her Oprah Winfrey Show she thought about buying a house in France and rest as she was feeling exhausted always "giving her 100%", but instead she started a whole new television network! Her vision was to bring 'mindful television.'<sup>5</sup>

Wikipedia also tells us that by 2012 she had given away about \$400 million to educational causes and in 2013 she donated \$12 million to the Smithsonian's National Museum of African American History and Culture.<sup>6</sup>

Oprah Winfrey's goals are linked to the benefit of all. She is directed by her Soul. She has also mentioned about her work: "It is bigger than me. It is an offering."<sup>7</sup> That would be the words of a

<sup>2</sup> Wikipedia, Oprah Winfrey, [https://en.wikipedia.org/wiki/Oprah\\_Winfrey](https://en.wikipedia.org/wiki/Oprah_Winfrey)

<sup>3</sup> Wikipedia, Oprah Winfrey, [https://en.wikipedia.org/wiki/Oprah\\_Winfrey](https://en.wikipedia.org/wiki/Oprah_Winfrey)

<sup>4</sup> ABC NEWS, Barbara Walters Interviews Oprah, 1988 [abcnews.go.com/2020/video/1988-barbara-walters-interviews-oprah-12310378](http://abcnews.go.com/2020/video/1988-barbara-walters-interviews-oprah-12310378)

<sup>5</sup> ABC News Barbara Walters Special "Oprah, the Next Chapter, Pt5" 2010, <https://www.youtube.com/watch?v=axSN0cyu8Dg>

<sup>6</sup> Wikipedia, Oprah Winfrey, [https://en.wikipedia.org/wiki/Oprah\\_Winfrey](https://en.wikipedia.org/wiki/Oprah_Winfrey)

<sup>7</sup> ABC News Barbara Walters Special "Oprah, the Next Chapter, Pt1" 2010, [https://www.youtube.com/watch?v=A\\_MsmbERGmg](https://www.youtube.com/watch?v=A_MsmbERGmg)

disciple.

## Oprah and the Seven Rays

For her physical-etheric ray I believe Oprah has ray 3 of Active Intelligence as she has a strong body, is very active and is capable of working long long hours. She mentioned in that same Barbara Walters interview (link below in footnotes) that she was only going to work 70 hours a week with her television network and that wasn't much compared to the hundreds of hours she was working before!

I would say she has ray 6 Devotion or Idealism for her emotional body because her 'work is all that counts'. She has endurance and fearlessness, and is a good preacher and orator. You can feel she has a contained fiery emotional energy. For example she swears and says things like "What the hell is going on here?"<sup>8</sup>

At the same time she is of gentle nature and is warm when she thanks people. She is also intuitive and is receptive to spiritual guidance. She is definitely loyal which is another trait of the ray 6 with the same best friend forever! In fact Oprah Winfrey has most of the qualities of a 6 ray and more could be listed like self-sacrificial ardor, reverence, love, tenderness, earnest, sincere, etc. She is a passionate being with devotion to the higher good.

With the mental ray I find characteristics of ray 4 Harmony through Conflict. Oprah has an intuitive mind and she is very intense. I can see that she is a conscious bridge between two worlds: the ordinary world and the spiritual world. She has a bridging mind. She manages beautifully to resolve conflicts in the lives of those around her at her shows. She is entertaining, dramatic, colorful and luminous.

Ray 4 can also be seen in the way she can agonize over decisions. She explained (same videos<sup>9</sup>) how she would wake up in the night with pressure in the chest when she decided definitely about starting her own network. She would tell herself: "*What have I done?*" In a sweet way she also said that she had a young and disabled friend who passed away and was very wise. She took very seriously his advice and drew on it when she decided to continue the Oprah Winfrey Show another five years as he had advised her to do.

She also has the power to reveal the path of other people and said that she likes to get people to their highest attainment.

In addition ray 4 can be preoccupied with their own dramas, crisis and battles which in a way she demonstrated doing a whole show on weight and another one on sexual abuse which though obviously benefited the whole. She did say though that she should not have made such a case of herself on another occasion when she managed to lose an enormous amount of weight.

Oprah Winfrey's personality and how she approaches life seems to be ray 1 of Will and Power.

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<sup>8</sup> Oprah Winfrey Show, "John of God" episode, 2013, <https://www.youtube.com/watch?v=urddmg0FS7g>

<sup>9</sup> ABC News Barbara Walters Special "Oprah, the Next Chapter, Pt3" 2010, <https://www.youtube.com/watch?v=axSN0cyu8Dg>

Oprah has “the ultimate goal of the group deeply enshrined in her consciousness and heart<sup>10</sup>” and she would be controlled by soul impulses since I have not seen her being cruel in any way with her guests. She is dynamic and works for the ‘furtherance of the Plan.’ Power with her is ‘realized as a major weapon of love.’

Ray 1 is definitely one of her rays as she is a born leader and is at the head of her profession. Oprah is also there to defend the weak. Moreover, she said in an interview on Indian TV<sup>11</sup> “I’m my own woman” when asked why she never got married. She does things on her own and that is her nature.

Finally, I hypothesize that Oprah Winfrey’s soul ray is ray 2 Love-Wisdom as she has all the qualities it seems: radiance, attraction, the power to save, wisdom, expansiveness, inclusiveness. She is a healer and teacher through her different shows. She also has the capacity to impress true views of things on others. She is warm, kind and understanding. She also has a clear perception of situations and has the power to illumine. In her quest for teachings (Super Soul Sunday show) you can see she is led by the love of pure Truth.<sup>12</sup> She has personal magnetism too.

### **Oprah Winfrey and the 7 chakras**

I speculate Oprah Winfrey’s most active chakras would be the ajna center, the throat center and the heart center. She would be on the second transference, the transference from solar plexus to heart. She has become and one can say she has come to the zenith of her personality life. She is doing the work through her shows which ‘tends to be the expression of her personality potency’. The rays that govern these chakras or centers are ray 4 and 5 for the ajna, ray 2 for the heart and ray 3 and 7 for the throat.

Approaching the second initiation, one can see through her work and bringing in the spirituality and self development in the shows that she was able to control the emotional nature, develop and teach harmlessness, inclusiveness. She also developed her intellect and those of others. I feel one always does the work one needs most for one’s own spiritual evolution.

Oprah Winfrey seems to have the rays in her chart that correspond to the ajna, heart and throat centers so that would intensify the respective chakras. On the physical level for example she has ray 3 which is also the ray for the throat center. Oprah did say that she had a problem with her thyroid which is now balanced.<sup>13</sup> Ray 3 would have added to the intensity of her throat center which would have already been intensely active.

One could say that ray 4 intensifying her ajna center would really push her to bridge worlds and bring the teaching relentlessly to man so that he reaches his highest potential which she says she loves to do and she expects that for herself too and that is after 30 years of career. And of course her awakening heart is leading all her activities. She is concerned for others and continue to be so after all these years. With the opening of her network she now wants to bring and she talks about a “mindful television”.

She also explains how - for her work - it was never a question of money and how the heart of the show had been “the ordinary people doing extraordinary things” and not the stars whom she says always

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<sup>10</sup> Alice A Bailey, *The Destiny of Nations*, Lucis Publishing Company, 1949

<sup>11</sup> NDTV news, 01/23/2012, <http://www.ndtv.com/video/news/news/why-i-never-got-married-oprah-confesses-221814>

<sup>12</sup> Oprah Winfrey, Super Soul Sunday, Interview with Thich Nhat Hanh, 2013, <https://www.youtube.com/watch?v=NJ9UtuWfs3U>

<sup>13</sup> ABC News Barbara Walters Special “Oprah, the Next Chapter, Pt3” 2010, <https://www.youtube.com/watch?v=axSN0cyu8Dg>

have agendas.

She loves pure souls. 'The love of God is seen working out' in her life and work. Through all that it seems to me that Oprah is approaching the second initiation as at a time when she could let everything go, when she has totally succeeded in her career she still carries on her work relentlessly and tirelessly. She does say; "I don't want to change one person, I want to change millions. I want to reach the fullest expression of myself. There's lots more to be done." In that remark I can see still the personality working to reach its highest expression but also the Soul taking dominance: "there's lots more to be done."<sup>14</sup>

The solar plexus is definitely 'being controlled by the will of the dominant personality.'

"At this initiation.....the throat centre is vivified. .... It imparts the ability to give forth and utter that which is helpful, possibly in the spoken word, but surely in service of some kind."<sup>15</sup> This quote on the second initiation seems to describe very well Oprah Winfrey's work as when the throat becomes vivified then the person also becomes creative, she is now able to use the spoken word to elevate humanity. The spoken word is used to teach and to heal, it is being of Service.

## Summary

I would hypothesize that Oprah Winfrey is a disciple approaching the second initiation with physical ray 3, emotional ray 6, mental ray 4, personality ray 1 and soul ray 2. I would say that the ray which she has most ably demonstrated was ray 2 as Love-Wisdom have been her driving force.

However, she has also greatly demonstrated ray 1 in her approach to life never giving up and becoming a leader (they talk about the "Church of O") with a strong emphasis of ray 6 with endurance and protecting the weak. The constant bridging of the ordinary world and the spiritual world and soul world is also a strong recurrent theme in her career it seems and that is showing a good use of ray 4, I would say.

Oprah Winfrey's sun sign is Aquarius. The negative traits she needed to overcome were unpredictability, inconsistency and stubbornness. She demonstrated these at an early age (teenage years) when she was being difficult, bringing boys home for example. However, these traits were easily overcome it seems the more she became involved with her career and so her Soul's work. There was nothing to stop her. Although I read somewhere that some people still complained of her unpredictability but I do not have a concrete example of that. The positive traits of Aquarius are friendliness, intelligence, inventiveness, independence and she has demonstrated all of those in her shows with her 29,000 guests and the way she has conducted her career.

On an esoteric level she really 'distributes the energies of life and love' and she is carrying out unselfish service about which she says "there's lots more to be done." She definitely brings the light to others, breaking down barriers and bringing inclusiveness (for example LGBT issues).

Oprah Winfrey is a beautiful representation of a lotus unfolding. Starting with thick mud in her childhood and teenage years she was brought to the light quickly by her knowledge and intuition that she was on the planet to achieve greatness and by asking God to use her.

She quickly climbed the ladder, started her TV Talk Shows (Oprah Winfrey Show 1980s) and went on

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<sup>14</sup> ABC News Barbara Walters Special "Oprah, the Next Chapter, Pt5" 2010,  
<https://www.youtube.com/watch?v=axSN0cyu8Dg>

<sup>15</sup> Alice A Bailey, *Initiation, Human and Solar*, Lucis Publishing Company, 1922



to Reality Shows and Self-Help Shows (Oprah's Life Class Show and Oprah's Master Class Show 2011) with finally the Spiritual Show (Super Soul Sunday 2011) which she says is the heart of her vision.

She is inspired and a woman of destiny. She is a World Server in action and still says: 'I'm still in process.' I have enjoyed discovering Oprah Winfrey. Since I do not watch TV I had heard of her but had not watched any of her shows. It has been very interesting and enriching to discover how she performs greatly with the astrological and ray influences in her life always striving to bring the best out of herself and others in the process.

