

AN APPLICATION OF ESOTERIC PSYCHOLOGY

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ABSTRACT

This paper aims at illustrating how the knowledge acquired with course 150 -The Language of Energy could be applied to a person who would like to receive the aid of an esoteric psychologist in order to better understand herself and be instructed with proper techniques which could support her spiritual journey on the Path. This study was done with one volunteer subject. Two fields of study of esoteric psychology were investigated, namely the science of esoteric astrology and the science of the rays. Finally, appropriate techniques to overcome the blocks and build the antahkarana were proposed to the subject.

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INTRODUCTION

This study comprises six chapters. The first one presents the problem and the questions an esoteric psychologist must attempt to answer as well as the purpose of this study. The second chapter defines esoteric psychology with two of its main fields of study. Chapter three introduces the method used, whereas chapter four informs about the data collecting process. Chapter five presents the findings, their analysis, and recommendations to assist the subject on her journey on the Path. Briefly, chapter six will open the door to further studies on the matter. Finally, a brief conclusion will close this present work.

CHAPTER 1 - THE PROBLEM

After introducing the problem, the questions an esoteric psychologist must address are presented followed by the purpose of this study.

1.1 PRESENTATION OF THE PROBLEM

Esoteric training comprises three pillars, namely study, meditation and service. Generally, there is little emphasis on application of the study material. Hence, the acquired knowledge often remains theoretical and more than less practical. It does not benefit the field of activities as much as it could. Yet, esoteric psychology is a field of study which is getting more and more documented and can surely contribute to the enrichment of today's psychology which has mainly, if not exclusively, investigated the personality.

In order to fill that short-coming, the author intends to apply the knowledge she already had about esoteric psychology, what she gained from course QU - 150 Language of Energy, and from the series of chart delineation webinars given by Eva Smith and BL Allison (2014-2015).

1.2 QUESTIONS FOR THE STUDY

According to Master D.K., there are specific areas or questions the esoteric psychologist should investigate and answer in order to give a proper guidance to a consultee. In *Esoteric Psychology II*, pp.443-447, He presented them as follows.

1. *What are your reasons for wanting to be "straightened out"? This phrase, though an ordinary colloquialism, has deep significance, for it indicates the recognition of the need of alignment.*
2. *What brought this need to your attention and evoked in you the desire for a specific process of interior adjustment.*
3. *Realising the nature of the inner constitution of man, in which vehicle is there the need for the bridging process? Where is the point of cleavage, and, therefore, the point of present crisis? Is this difficulty a major or a minor crisis?*
4. *What are the five ray energies conditioning the subject?*
5. *How far does the man's life pattern, his life vocation and his innate coherent desires, coincide with the trend set by*
 - a. *The soul ray type of energy,*
 - b. *The personality ray type?*

With disciples much of the difficulty will be found to lie in this area of expression.

6. *In what period of the present life expression did the cleavage make its appearance? Or has an achieved integration brought about the difficult situation? Is this problem*
 - a. *One of cleavage, requiring a bridging process, and leading thus to a fusion of energies?*
 - b. *One of integration, requiring right understanding of what has happened, and leading to right adjustment of the fused powers to enviroining condition*

7. *Is the man at the point where he should be*
 - a. *Integrated as a personality and, as a result, becoming more strictly human.*
 - b. *Developed as a mystic and taught to recognise the higher aspect and its relation to the lower, with a view to their unification.*
 - c. *Trained as an occultist and brought mentally to such a state of consciousness that the higher and the lower natures or aspects begin to function as one? This involves the blending of the forces of the personality and the energy of the soul, and fusing them into one divine expression of "the part within the whole."*

8. *What, in the last analysis, must be done to make "the lighted area" of the immediate consciousness of such a nature that the subconscious part of the man can be "lighted at will by the ray of the mind", and the mind itself can become a search light, penetrating into the super-consciousness and thus revealing the nature of the soul? It is in fact the problem of the expansions of consciousness. A wide field of psychological investigation lies ahead in connection with the use of the mind as constituting the "path of light between the subconscious nature and the superconscious nature, and yet focussing both as a brilliant point of light within the conscious nature."*

From these questions, one can see the complexity and the richness of the matter.

1.3 PURPOSE OF THE STUDY

Should we point out that the above questions touched mainly the rays, the identification of where, within the inner constitution of the person, there is a need of rectification as well as interventions to help the person to move on the spiritual path. The purpose of this paper is to apply the new science of esoteric psychology by attempting to answer these questions from an investigation of a live subject.

CHAPTER 2 - THE SCIENCE OF ESOTERIC PSYCHOLOGY

In order to understand what esoteric psychology stands for, we will define it as well as two of its three fields of study used in this present report, completed with the presentation of the types of problems one finds as she moves on the spiritual path.

2.1 DEFINITION OF ESOTERIC PSYCHOLOGY

The etymology should bring understanding to what really defines esoteric psychology. *Psyche* is the Greek word for soul which is defined as a centre of consciousness. *Logia* means study or science. The word psychology literally means, study or science of the soul.

Esoteric means that which is hidden. Esotericism is concerned with the study and understanding of the reality behind forms, the invisible, the subtle dimensions of existence that surround and infuse the dense material world. That hidden reality is called the soul. D.K. defines esotericism as follows.

Esotericism is a science -- essentially the science of the soul of all things - - and has its own terminology, experiments, deductions and laws (The opposite of exotericism)". (Education in the New Age by Alice Bailey, p. 64)

Esoteric philosophy considers the soul as the linking principle between spirit and matter (substance). It provides consciousness, character and quality to all manifestation in form. The human being is essentially and inherently divine. The soul is the means whereby mankind evolves a consciousness of divinity, redeems gross matter and liberates the spirit from the limitation of form.

Thus, esoteric psychology considers the human being as a soul, manifesting in the form of a personality which serves as its instrument of expression in the material world. The personality is a synthesis of mental, emotional and etheric/physical substance. Esoteric psychology describes the nature of human soul and personality and their relationship, and how the personality can adapt in order to express the specific intent and purpose of the soul. Esoteric psychology uses well-defined, proven and safe techniques to integrate the soul and the personality.

This science of esoteric psychology has three main fields of study: the science of esoteric astrology, the science of the rays and the science of the chakras. This study will only address the first two fields of investigation and the identification of the type of problem a person experiences within her personality and between the personality and the soul as progressing along the path.

2.2 TWO MAIN FIELDS OF STUDY

Each of the two main fields of study of the esoteric psychology used in this study is intricate. Given that complexity, this paper will only introduce a few points to

consider, thus providing a basic theoretical frame of reference. For more details, the reader may refer to D.K.'s teaching via Alice Bailey's work.

2.2.1 THE SCIENCE OF ESOTERIC ASTROLOGY

While traditional astrology focusses on the personality, esoteric astrology is soul-centered. The Tibetan Master D.K. stresses quite well the differences between these two types of astrology.

Exoteric astrology deals with the characteristics and qualities of the personality and of the form aspects, and also with the events, happenings, circumstances and the conditioning environment which appear in the personal horoscope, indicative of planetary control and not of solar control. Esoteric astrology concerns itself primarily with the unfoldment of consciousness, with the impacts which awaken it to the peculiar "gifts" of any particular sign and ray endowment and with the reaction of the man and his consequent enrichment through his response to the influence of a sign, working through the esoteric planets from the angle of humanitarian awareness, of discipleship and of initiation. This deals basically with his experiences from the angle of the three Crosses, which involves first, mutation, then direction, and finally initiation. Increasingly, these three Crosses will take a prominent place in astrological delineation. (Esoteric Astrology, by Alice Bailey, pp145-46)

Esoteric astrology is from the Soul's point of view. It is an instrument with which one may gain some understanding of what the Soul is attempting to accomplish by being in a physical body, in this incarnation.

2.2.1.1 Fundamentals of esoteric astrology

An astrological analysis requires the consideration of many dimensions. Those used in this present study are presented.

a) Signs and rulers

In esoteric astrology, the signs should be approached in terms of consciousness and the development of the Soul. As the universal consciousness is trine -spirit, soul and substance- so is each sign. Therefore, the twelve signs have three levels of expression. The forces coming through the signs concern each of these three levels. These forces are distributed by the planets. Therefore, there are three ruling planets for each sign. A planet is a vehicle of a planetary logos. Each planet and the ascendant exert a specific esoteric function which expands the consciousness of man thereby increasing soul influence. One is the exoteric ruler. It concerns the personality. It conditions the ordinary man. Another is the esoteric ruler. It concerns the soul. It conditions aspirants and disciples. The third one is the hierarchical ruler. It concerns the spirit or the monad. It conditions or qualifies initiates.

The following chart presents the three rulers of each astrological sign.

| Signs and their rulers | | | |
|-------------------------------|-----------------------|--------------------|---------------------|
| Signs | Exoteric Ruler | Esoteric Rr | Hierarchy Rr |
| Aries | Mars | Mercury | Uranus |
| Taurus | Venus | Vulcan | Vulcan |
| Gemini | Mercury | Venus | Earth |
| Cancer | Moon v. Neptune | Neptune | Neptune |
| Leo | Sun | Sun v. Neptune | Sun v. Uranus |
| Virgo | Mercury | Moon v. Vulcan | Jupiter |
| Libra | Venus | Uranus | Saturn |
| Scorpio | Mars, Pluto | Mars | Mercury |
| Sagittarius | Jupiter | Earth | Mars |
| Aquarius | Uranus, Saturn | Jupiter | Moon v. Uranus |
| Capricorn | Saturn | Saturn | Venus |
| Pisces | Jupiter, Neptune | Pluto | Pluto |

Chart 1: Signs and Planet Rulers
 Drawn from *Esoteric Astrology - Guide Notes for Students*, p. 5
 by Leoni Hodgson (Feb. 2010).

For this study, we will consider only the exoteric and esoteric rulers. In addition to the rulers, each sign has two keynotes, one for the personality and one for the soul. The following chart presented these keynotes.

| | Words of the Personality | Words of the Soul |
|---|---|--|
| ♈ | let form again be sought | I come forth and from the plane of mind - I rule |
| ♉ | "let struggle be undismayed" | "I see and when the eye is opened, all is light" |
| ♊ | "let instability do its work" | I see my other self, and in the waning of that self, I grow and glow |
| ♋ | let isolation be the rule and yet the crowd | "I build a lighted house and therein dwell" |
| ♌ | let other forms exist, I rule" | "I am That, and That Am I" |
| ♍ | "let matter reign" | "Christ in you the hope of glory." |
| ♎ | "let choice be made" | "I choose the way which lies between the two great lines of force" |
| ♏ | "let maya flourish and let deception rule" | Warrior I am, and from the battle I emerge triumphant"□ |
| ♐ | "let food again be sought" | "I see the goal, I reach that goal, and then I see another" |
| ♑ | "let ambition rule and let the door stand wide" | Lost am I in light supernal, yet on that light I turn my back. |
| ♒ | "let desire in form be ruler" | "Water of life am I, poured forth for thirsty men" |
| ♓ | "go forth into matter" | I leave my Father's house, and turning back, I save" |

Chart 2: Personality and Soul Words
 Drawn from *Esoteric Astrology - Guide Notes for Students*

When analyzing an astrological chart, the esoteric psychologist / astrologer attempts to see how the aspirant/disciple may pass from the personality keynote to the soul's one.

In esoteric astrology, there are three main points to examine, the Ascendant, the Sun and the Moon. The Ascendant reveals the Soul purpose. The analysis of the Sun and Moon signs indicates the challenges the soul will encounter and the forces it can use to fulfill its purpose. A proper analysis includes both the exoteric and esoteric rulers of these three points as well as their aspects to other planets.

b) Ascendant

Esoteric astrology views the Ascendant as the key indicator of the soul's purpose and service. It indicates the energy which the soul has chosen in order to achieve its purpose for a given incarnation. It points the way to the recognition of the force of the soul.

The qualities of the Ascendant sign describe the future direction of the soul, what we are growing towards, or new qualities that we are developing. It points to the field of service of the soul.

c) Sun

The Sun sign represents the personality. It denotes the personality of the individual, and is usually a problem for soul/personality integration. It sets the pace of the personality life.

The forces of the Sun sign indicate the lines of least resistance, the personality trends and the embodiment of the characteristics inherited from the past. Thus the Sun sign with the exoteric planetary ruler govern the personality. It sets the pace of the personality life. Related to the life tendencies seeking expression, it indicates the line of least resistance in a particular incarnation. It indicates the personality traits. The sign and house position of the Sun is symbolic of the present, or the path towards integration of the personality.

d) Moon

The Moon represents what belongs to the past. Therefore, it summarizes limitations and present handicaps. It shows where the prison of the soul is to be found.

On the personality level, the Moon sign represents a most ancient thought-form and what is of the past. The Moon rules the unconscious behaviors and negative automatic thoughts which galvanize the lower self to think, feel and react in a pre-patterned totally unconscious and self-defeating way.

The natal Moon signifies blocks or negativities the individual needs to be free from in order to develop his ability to work from the level of intuition or soul in his

life. Thus, it represents destructive patterns from the past which intrude into the present and imprison the soul, thus preventing the Sun to shine for a higher good. The sign and house position of the Moon are symbolic of the past or karmic conditions which have been carried over into this life and need transcending.

e) Complementary dimensions to consider

As for the traditional astrology, there are other points to consider for they reveal much information about the consultee. They consist of the distribution of the planets throughout the chart including the general pattern, the hemispheres, the quadrants, the modes, the elements, the lunar nodes, the asteroids such as Chiron, the sign interception, the retrograde planets, the aspects the planets form with other planets or points. This list is not complete for there is a multitude of dimensions an astrologer may take into account. However, those presented above will suffice to respond to the purpose of this study.

2.2.1.2 Role of the esoteric astrologer / psychologist

An esoteric astrologer acts as a guide or catalyst to help the person contact his own inner sense of purpose. The focus, in esoteric astrology is on the positive qualities and the highest potential that a person may express. However, the main challenging aspects which act as hindrances must be underlined for they have to be transmuted in order to express the highest potential.

2.2.2 THE SCIENCE OF THE RAYS

Scientists have been showing that there is nothing but energy in the universe. Thus, forms are composed of energy units and are expressing a force or a type of energy. Esoteric sciences stipulate there are seven of these types of energy named rays. They create, qualify and animate all forms of expression of the universal Mind or divine Consciousness. In other words, the rays express divine qualities in the world of appearance. Master D.K. gives the following definition.

“A ray is but a name for a particular force or type of energy, with the emphasis upon the quality which that force exhibits and not upon the form aspect which it creates. This is a true definition of a ray.” (Esoteric Psychology I, by Alice Bailey, p.316).

All rays have virtues and vices peculiar to their energy. A vice is an attribute of a ray improperly expressed. The soul expresses only the virtues of the ray while the imperfect personality veils or distorts the pure ray energy. The evolutionary aim is to transmute the vice of the ray into its higher aspect, a virtue. Bailey (1972) presented the following ray characteristics.

Ray 1: *Will or Power*

Virtues: Strength, courage, steadfastness, truthfulness arising from absolute fearlessness, force of will, singleness of purpose, power of ruling, vision, power to good, leadership.

Vices: Pride, ambition, willfulness, arrogance, desire to control others, obstinacy, anger, solitariness, power for evil.

Virtues to be acquired: Tenderness, humility, sympathy, tolerance, patience.

Ray 2: Love-Wisdom

Virtues: Calm, strength, patience and endurance, love of truth, faithfulness, intuition, clear intelligence, serene temper, divine love, wisdom, tact.

Vices: Over-absorption in study, coldness, indifference to others, contempt of the mental limitations in others, selfishness, suspicion.

Virtues to be acquired: Love, compassion, unselfishness, energy.

Ray 3: Activity, Adaptability or Intelligence –

Virtues: Wide views on abstract questions, sincerity, clear intellect, capacity for concentration, patience, caution, absence of the tendency to worry himself or others over trifles, mental illumination, philosophic viewpoint.

Vices: Intellectual pride, coldness, isolation, inaccuracy in details, absent-mindedness, obstinacy, selfishness, criticism, impracticality, idleness.

Virtues to be acquired: Sympathy, tolerance, devotion, accuracy, common sense.

Ray 4: Harmony, Beauty, Art and Unity attained through Conflict - Virtues: Strong affections, sympathy, physical courage, generosity, devotion, quickness of intellect and perception. *Vices:* Self-centeredness, worrying, inaccuracy, lack of moral courage, strong passions, indolence, extravagance, veiling of intuition. *Virtues to be acquired:* Serenity, confidence, self-control, purity, unselfishness, mental and moral balance.

Ray 5: Concrete Knowledge or Science

Virtues: Accuracy, justice (without mercy), perseverance, common sense, uprightness, independence, keen intellect, truthfulness.

Vices: Harsh criticism, narrowness, arrogance, unforgivingness, lack of sympathy, prejudice, tendency to isolation, mental separation.

Virtues to be acquired: Reverence, devotion, sympathy, love, wide-mindedness.

Ray 6: Abstract Idealism or Devotion

Virtues: Devotion, single-mindedness, love, tenderness, intuition, loyalty, reverence, inclusiveness, idealism, sympathy.

Vices: Selfish and jealous love, overbearance, partiality, self-deception, sectarianism, superstition, prejudice, over-rapid conclusion, fiery anger, violence, fanaticism, suspicion.

Virtues to be acquired: Strength, self-sacrifice, purity, truth, tolerance, serenity, balance, common sense.

Ray 7: Ceremonial Order, Magic or Ritual

Virtues: Strength, perseverance, courage, courtesy, meticulousness, self-reliance, creativity, thoughtfulness, organization.

Vices: Formalism, bigotry, pride, narrowness, poor judgment, arrogance, over-stressing of routine, superstition.

Virtues to be acquired: Realization of unity, wide-mindedness, tolerance, humility, gentleness and love.

The seven differentiated streams of ray energy play a significant role in this evolutionary process. A blend of five energies in a human being determine his goals, his problems, his available qualities, his energy resources and the correct method by which, according to his dominant ray influence, he may unfold his consciousness and make spiritual progress. These five energies refer to the rays of the soul, the personality and its three bodies, namely the mental body, the astral body and the etheric/physical body.

The personality is a synthesis of the three lower bodies. Each of these bodies is on a particular ray. Generally, the etheric physical body is found on the 3rd or 7th ray; the astral body on the 2nd or the 6th ray; the mental body on the 1st or 4th or 5th ray. The personality may be found on any ray. It usually changes life after life. At some point on the path and for specific purpose, the personality ray may be the same for a few lives.

Because of the variety of rays making up the human entity, it is quite a challenge to handle all these forces. First, one has to integrate the energies of the three lower bodies into a functional unit, an integrated personality, then to make the personality cooperate with the soul.

2.2.2.1 Use of a ray chart by an esoteric psychologist

A ray chart is an assessment of the rays making up an entity. For an individual, we have to take into account five qualifying rays: etheric/physical, astral, mental, personality and soul. An esoteric psychologist does a proper analysis of the rays in order to understand the true nature of one's temperament and the real subjective cause of one's varied reactions, one's complexes and inhibitions, one's conflicting energies and how to resolve them in order to, eventually, cooperate with the soul's purpose.

2.2.3 TYPES OF PROBLEMS FOUND ON THE PATH

There are three major problems an aspirant/disciple will encounter within her consciousness while progressing on the spiritual path. They are as follows: problem of cleavage, problem of integration and problem of stimulation.

2.2.3.1 Problem of Cleavage

Cleavage, as its name indicates, involves a division, a duality in consciousness or awareness. That division could be found within a given personality vehicle, as well as between vehicles. For instance, a cleavage may take place:

- a) Within the astral level. In this case, an individual becomes aware of and is torn apart between two opposite desires.
- b) Between the astral and the mental bodies. Here, the division is between desires and rationality.
- c) Between the mind and all other bodies making up the personality.
- d) Between man and his environment -his milieu. The person has trouble to adapt and adjust to his environment.
- e) Between the personality and the soul.

The latter refers to the higher duality, whereas the former to the lower dualities. In any case, the awareness of a duality provokes a crisis whose resolution requires the bridging of both polarities. This is done through a series of alignment which leads to an integration. This is so because of an evolutionary tendency towards unity, towards completion. The bridging or healing of a cleavage leads toward integration which, in turn, leads toward another problem, the problem of integration of the new knowledge and awareness brought by linking the conflicting energies.

2.2.3.2 Problem of Integration

Following the healing of a cleavage, there is a recognition of an immediate sense of well-being and a demand for expression which also comes with a sense of power which is generally characterized by selfishness and arrogance. That leads to diverse problems of integration such as:

- a) Egomania. The extension of consciousness brought by the healing of a cleavage may produce a sort of narcissist state of consciousness where the person may “think big about himself” which brings conflict within his surroundings.
- b) Fanaticism. Here, the individual wants to impose his new views or new truths to anyone without any discrimination about their development and needs. What’s good for him should apply to anyone.
- c) Over-development of a sense of direction or of vocation. The individual may become overly absorbed in and narrowly focused on the new dimension which has been brought to him by the extension of his consciousness conferred by the bridging of dualities.

2.2.3.3 Problem of Stimulation

In esoteric science, the word energy refers to the living activity of the spiritual realms. Whereas, the term force refers to the living activity of the form on its three planes (physical/etheric, astral and mental). When the inflow of the energy of the soul through the threefold personality is blocked or not properly assimilated

or integrated, it produces all sorts of disturbance in the personality forces that are referred to as stimulation problems. These effects may be as follows:

- a) Increase of the rhythm and vibratory frequency.
- b) A greater productivity than normally.
- c) A recognition of karmic obligations.
- d) An intensification of all reactions.
- e) A clarification of the personal objectives – intensification of the emphasis put on the personality.
- f) A process of destruction when the personality is unable to respond to higher energy.
- g) Physiological and psychological problems based on the strengths and weaknesses of the receptor.

To sum up, a cleavage takes place between dualities, should they be within the same vehicle or between two different vehicles. Their bridging, through a series of alignment, produces problems of integration. Problems of stimulation comes when the threefold instrument has trouble to deal with the inflow of the energy of the soul.

2.2.3.4 Use of the identification of the problems found on the path

The above problems are related to the issue of alignment and its effects in the life of a person. A proper assessment enables the psychologist to identify where an alignment is required and to correctly guide the consultee via appropriate advice and techniques responding to her real needs.

CHAPTER 3 - THE METHOD

This chapter presents the data collecting instruments and the subject who volunteered to take part in this study.

3.1 DATA COLLECTING INSTRUMENTS

The instruments consist of five questionnaires sent to the subject for her to ponder on and the casting of her astrological chart.

- a) The first instrument is an assessment including general information, consultation motivation and the dynamics of the inner life. The questions were selected and extracted -sometimes adjusted- from Meditation Quest and Quest Universal application forms at the Morya Federation plus the first two questions Master D.K formulated in *Esoteric Psychology II*, p.445 (See appendix A).
- b) The second instrument is the series of Traits to Transform extracted from the electronic version of the *Tapestry of the Gods Vol II*, by Michael Robbins (1996) -appendix IV pp.552-553. (See appendix B).
- c) The third instrument is the series of Highest Aspirations extracted from the electronic version of the *Tapestry of the Gods Vol II*, by Michael Robbins (1996) -appendix IV pp 554-555 (See appendix C).
- d) The fourth instrument, the Identification of the Rays consists of five lists of traits corresponding to the rays of the physical/etheric body, astral body, mental body, the personality and the soul. The Identification of the Rays lists are taken from the Identify your Ray Chart Webinars given by Leoni Hodgson in 2014-2015. They are lists of attributes characterizing the etheric/physical, astral and mental bodies, the personality and the soul. According to Master D.K., any ray could qualify the three bodies of a disciple's personality. However, specific rays generally qualify certain bodies. For instance, the etheric/physical body is generally found on the 3rd or 7th ray. The astral body is generally found on either the 6th ray or the 2nd ray and the mind is generally qualified by the 1st, the 4th or the 5th ray. Hodgson's Identification of the Rays lists are limited to the rays generally qualifying a specific body. (See appendix D).
- e) The fifth instrument is A List of Personality Traits for Ray-3 and Ray-7, adapted from Robbins *The Tapestry of the Gods*, p.318 & p 334 (See appendix E).
- f) The sixth instrument is the casting of the subject's astrological chart. (See appendix F).

3.2 PRESENTATION OF THE SUBJECT

This study is done with one subject (H.B.), a woman of 52 years old, at that time. She was born on June 26th 1962 at 8h45 A.M. in Montreal, P.Quebec, Canada.

We met H.B. in a spiritual study group we've been leading for nearly 5 years. We've been using Cedercrans' material which is in line with Master D.K.'s teaching as transmitted by Bailey. Cedercrans wrote books under the forms of lessons that we discuss and apply different techniques presented in those lessons.

Here is a brief biography of H.B. which will be completed as we analyze her astrological chart.

She comes from a dysfunctional family. Her father was in and out for the first few years of her life, then he totally walked out on his family. There was pedophilia in her surroundings. Even though she has never been abused, she bathed in that atmosphere.

At the age of four, she was sent to an orphanage held by Catholic nuns. Her mother abandoned her and wanted her to be adopted. One and a half years later, her mother brought her back home.

At seven and a half, she moved and changed school where she fitted well. She was loved by her teacher, she had excellent marks and grew. In a new school, she was disliked by her teacher because her mother was a single mother (a sin for the catholic society of that time). She developed skin problems (eczema) for which she was laughed at by her classmates. Her marks dropped and she became very introverted.

At 16, she became interested in great thinkers such as Krishnamurti.

At 18, as she was major, she left her mother's home to live an independent life on her own.

At 24, her love relationship of that time broke up. She was free to travel. She went to Europe for about two months.

At 28, she started her own commerce in the domain of road signalization.

At 30, she left everything (house, lover, commerce, dog, etc.) in order to work in Mexico where she met her present lover. They've been living together for the last 22 years.

From the age of 37 on, she has been taking many workshops and trainings in psycho-spiritual development and esoteric healing.

At 47 ½, she started spiritual and esoteric studies (Lucille Cedercrans and D.K.). At around the same time, she urgently had an ablation of her gall bladder.

Her formal education consists of having studied geography, sociology and urbanism at university for a total of 5 years. She did not complete any of these programs, thus she has no diploma.

She has done different jobs in her fields of study until she settled down as a tourist guide that she has been doing for the last 22 years.

With this job, she likes the most the freedom, sharing, leadership, mediating, to be on the move. She dislikes the administrative work (paper work). She finds that work has helped her develop her leadership and love.

She described herself as having a great sense organization, a systemic perspective, being intuitive, sensitive and mastering the art of being in relationship. She likes working in groups and shows a somewhat maverick temperament. She likes the unknown and going out of the box.

CHAPTER 4 - DATA COLLECTING

This chapter provides information about how the information about the subject of this study were gathered.

4.1 DATA COLLECTING PROCESS

The first four data collecting instruments were e-mailed to the subject for her to ponder on them. A week later, the subject was contacted on skype to see how she was doing with the language issue. She is French speaking with a limited knowledge of English and the questionnaires were only in English.

Her boyfriend translated them into French through google. The translation –even if not perfect- coupled with her knowledge of English enabled her to understand the meaning of the questions and statements. At her request, clarification was brought to some questions.

Given the importance to grasp the nuances of the statements of the series of Traits to Transform and the series of Highest Aspirations, we worked through them together and they were verbally translated into French.

She wrote down all her answers and e-mailed them to me within the following four weeks.

Given she pinpointed many 3rd Ray and 7th Ray qualities to identify her personality ray, a fifth instrument -A List of Personality Traits for Ray 3 and Ray 7- was sent to her later on.

Then, we cast her chart and read it to her over a four hour skype meeting to make sure it made sense to her and to have her give examples illustrating our words.

CHAPTER 5 - FINDINGS AND ANALYSIS

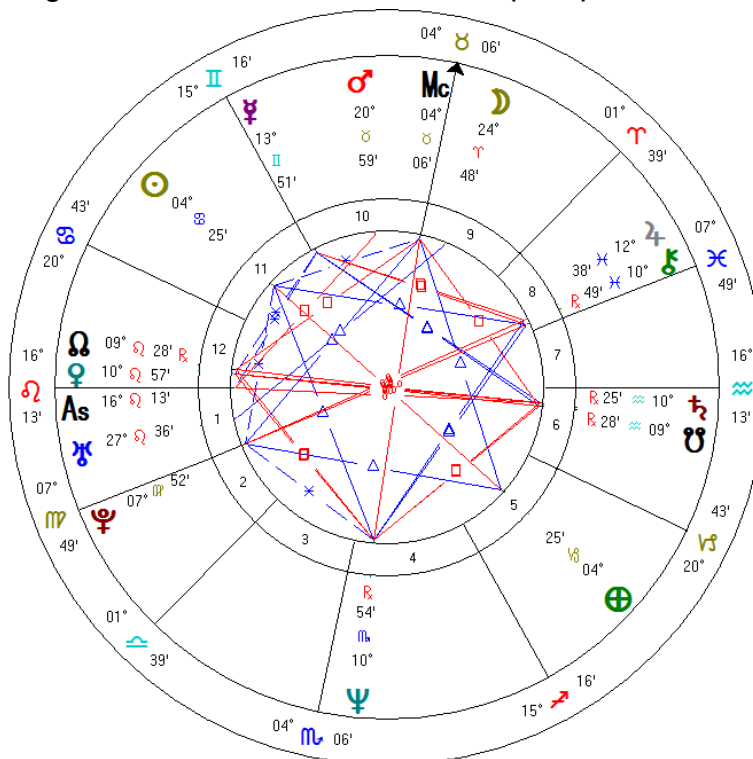
Before presenting the findings as such, we will present the first impressions our subject gave us upon reception of the questionnaires. Then, the analysis will focus on 1) the interpretation of the astrological chart in order to identify her potential and hindrances, 2) the ray chart we created in order to identify the point of conflict between the soul and the personality, 3) the assessment of her problems -cleavage, integration or over-stimulation- found on the path.

5.1 THE FIRST IMPRESSIONS OF THE SUBJECT UPON RECEPTION OF THE QUESTIONNAIRES

When she opened her e-mail, she felt as if an inner work was being initiated. She was eager to have something new in her life and felt that she may have found it with this present study. She likes research and to take part in a research where her participation could foster the evolution of a new science was sort of exciting for her. She added that going through the assessment was not like going through an ordinary paper, it spoke to her.

5.2. THE ASTROLOGICAL CHART ANALYSIS

This chart analysis is the most extensive part of this chapter. It is so, because it provides much valuable information about the purpose of her soul, the personality strengths and weaknesses as well as past patterns. All that supports



the findings we come upon with the ray chart and energy centers analysis.

a) General pattern

Even if there are some conjunctions and a stellium, the planets are rather evenly spread out throughout the chart. That almost splash like pattern shows that she has multiple interests. She manifested that in the many workshops and trainings she took in various psycho-spiritual approaches.

b) Elements

There is no major lack of balance in the elements.

The fire and water dominate because of the presence of the most important planets in those elements. In addition, there is a stellium in Leo, a Fire sign, and a Grand Trine in water signs.

- She has her Ascendant (Leo) and her Moon in fire signs (Aries) and a stellium of four entities in Leo. All that makes her enthusiastic, passionate and willful.
- She has her esoteric ruler, Neptune, in Scorpio, in the 4th house that is traditionally associated with Cancer, while her Sun is in the sign of Cancer making her sensitive, perceptive and intuitive. A grand trine in water signs (Sun, Neptune, and Chiron) gives her psychic abilities she experiences in often foreseeing events through flashes or dreams before they actually take place.

The two other elements (Earth and Air) are meaningfully represented for she also has an Earth Grand Trine (Mid-heaven in Taurus, Pluto in Virgo, Earth in Capricorn). Worth to mention is that Mars, the exoteric ruler of her Aries moon, is in Taurus, an earth sign. All that makes her able to ground the subtle impressions she may catch through her sensitive character and she can attain her objectives. That was manifest when she was an entrepreneur as the owner of her own company of road signalization. In her actual job, she also manifests it via the logistic skills that she applies in order to plan and organize touristic circuits. In other words, she can get things done.

The air may look a little weaker. However, having Mercury in Gemini, the exoteric ruler of that sign and the esoteric ruler of her Moon in Aries, brings some strength to the air element as well as Saturn which is the planet of the disciple's opportunities conjunct her South Node in Aquarius. This node indicates what has been integrated in previous lives. On the other hand, Saturn retrograde in an air sign may lessen her opportunity to discipline and structure her intellect. In addition, she may feel misunderstood, alone and not supported. While we discussed our study material, she used to present disperse ideas and show herself having some difficulty to communicate clearly her thoughts. She says that she could better structure her thoughts, but she lacks the discipline to do so. To her, her difficulty to get across her point of view is also related to a fear of being misunderstood and judged.

d) Hemisphere

The Southern hemisphere is a little stronger (8 planets) than the Northern hemisphere (6 planets). However, her Esoteric ruler (Neptune is in the Northern hemisphere and in the 4th house, the house of Cancer (her Sun is in Cancer). In addition to that, it is the handle of a double T-square made between the nodes axis and the opposition of Saturn and Venus. Neptune is also a point of her water Grand Trine. Because of the strength of Neptune, we may say that her public and inner lives are well balanced.

e) Quadrants

As mentioned under 3.2. -The presentation of the subject- she had a difficult early childhood. Those difficulties are represented in her chart by a weak 1st quadrant indicating that she was not brought up in an environment fostering her self-development. This is reinforced by Scorpio on her Nadir conjunct Neptune, the esoteric ruler of the 4th house and her chart esoteric ruler.

On the other hand, her 4th quadrant is strong. It means someone who could show self-forgetfulness, self-abnegation and is oriented toward public service. This is reflected by the type of education she had in in her early life. The orphanage she was sent to was held by catholic nuns who are well known for self-abnegation.

f) Modes

The fixed cross is much stronger than the two others. It indicates a determined and stubborn person who could be somewhat inflexible. It also indicates that the soul development is done through crises and tests. She mentioned that she's often been passing through inner crises which have brought her to ponder on her life in order to give it a new meaning as well as a new direction.

g) Leo Ascendant

Leo Ascendant has the esoteric goal of personal and spiritual integration. First, to integrate the personality so that a fully self-conscious, self-empowered leader of people may emerge. Then to bring that integrated ego under the control of the soul, so that the positive traits of Leo such as creative power, leadership, generosity, courage and optimism could be released for the good of the whole. These integrations are brought through crises.

Leo Ascendant also indicates a major development in consciousness because the ruler of Leo, the Sun, is closely associated with the Heart of the Sun which is the 2nd divine Aspect. This indicates that the consciousness must be raised from the ego to the soul and be stabilized in that higher center, the Soul. That is the way to go from the exoteric keynote "Let other forms exist; I rule" to the spiritual keynote "*I am That and That am I*" which expresses the Soul purpose of Leo.

To do so, negative Leo traits must be transmuted into the Love of the Divine and the consciousness must identify itself with the Higher Self so that the Light of the Soul will infuse the astral nature.

Negative Leo traits to be transformed are mainly selfishness, self-centeredness, arrogance, pride, pretentiousness, autocracy and a desire to rule others and make them servants (self-will). Replaced with their higher and finer qualities, they will no longer impede the flow of love. In that respect, H.B. has done a good deal of work. Her answers to the questionnaire on the Traits to be Transformed in the past, were those related to the negative traits of Leo, and she clearly identified those to be transformed actually as being related to the 2nd and 6th rays which could respectively be the rays of her soul (2nd) and her astral body (6th).

The esoteric ruler of her Leo Ascendant is the Sun veiling Neptune. Besides being her Ascendant, the importance of Leo is reinforced by a Leo stellium composed of four planets or points -North Node, Venus, Ascendant, Uranus. The first three points of that stellium are conjunct and the first two are part of a fixed Grand Cross.

The Sun is both the exoteric and esoteric ruler of her Ascendant. On the esoteric level, the Sun veils Neptune which is the esoteric ruler of her chart as well as of her Sun in Cancer. Neptune is also the exoteric ruler of Pisces where Jupiter is which is another exoteric ruler of Pisces. In addition, Neptune trines Jupiter. Neptune is forming a T-square at exactly 10 degrees. Thus, it is a very potent planet. Neptune, as the most important planet of her chart, requires special attention.

Analysis of the esoteric ruler of the chart - Neptune

Neptune forms a T-Square with Venus/Ascendant and Saturn. Neptune squares Venus in Leo at 10 degrees conjunct Ascendant, Neptune squares Saturn in Aquarius at 10 degrees opposite Venus at 10 degrees. This exact T-square is a difficult combination.

Part of the difficulty comes with the nature of the planets as such. Neptune squares Saturn -Saturn restricts and Neptune wants to flow, to dilute. Neptune squares Venus -Neptune creates fantasy, illusion, lack of clarity and Venus is relationship, loves, values and money. When these two planets are in relationship, the person can easily get duped. She can be vulnerable to people taking advantage of her. She can become a victim to her lack of clarity about relationship with others and feeling sorry for people. She mentioned her mother and her older sister, among others, have been manipulating her through guilt.

Another part of the difficulty comes with the watery energy present in her chart. There is a watery Grand Trine between Neptune in Scorpio, Jupiter conjunct Chiron in Pisces and her Sun in Cancer. Jupiter is the ruler of Pisces as well as Neptune. It is like swimming in an ocean of water without boundaries. She would need to make an adjustment, a correction with all that astral energy. It is difficult

to get into the psyche of someone with that T-Square combination because she has an open door to the astral plane and she has a Grand Trine in water. In a way, Neptune potential could be a detriment to her because of that open door to the astral world which is not a disciplined area and where the psyche has a lot of negativity. It may bring fear and a weak inner security. She brings that insecurity and astralism from the past. In addition, Venus (the mind) is in House 12th is the house of Pisces. It is sort of hidden, thus not easily accessed. Neptune squaring her Ascendant indicates how astralism conflicts with her soul purpose.

The needs of transformation is stressed by Pluto, the planet of transformation, oppose Jupiter/Chiron in house 8th, the house of transformation. Part of her purpose is to develop the mind to control and shut down her astral plane which is too wide open.

On a more positive side, Sun and Neptune are trine, showing an auspicious interaction between both of them as esoteric rulers of her Ascendant and as part of a Water Grand Trine that includes Jupiter and Chiron in Pisces - 2 more Ray 2 planets. That may support a hypothesis about her Soul being on the 2nd Ray.

Under the Neptune force, emotional desires could be transmuted into loving aspiration and compassion and the entire emotional nature could be refined and made sensitive to the needs of others. That Neptunian sensitivity and compassion must be cultivated and expressed through her Sun house (11th).

The 11th house is the house of Aquarius, the house of group awareness, of spiritual brotherhood and group work or activities to manifest the Plan. It is also the house of Spiritual vision and creative visualization. Being a group person, H.B. likes to associate with groups, to join others to realize projects. That was one of her motivation for volunteering in my project. Besides personal/spiritual motivation, she mostly wanted to be part of a project that she saw as a pioneer step towards the development of a new psychology.

It is interesting to note that the opposite house of her Sun, the 5th house, is the house of Leo. Here again, her spiritual path is stressed. Indeed, the higher ideal of Aquarius is to develop group consciousness by lifting the selfish perspective to a collective one.

The qualities of Leo Ascendant to develop are those of Ray 1 and 5.
Ray 1 Persistent, courageous, responsible, self-reliant, steadfast.
Ray 5 Analytical, pragmatic, accurate, persevering.

When we discussed her chart with her, we pointed out the importance of developing the qualities of the 5th ray, to structure her thoughts and to be more disciplined. From that time on, she has been much more applied in her study and has been making a considerable effort to structure her thoughts and express them more clearly.

Leo Ascendant - a soul purpose of integration

H.B.'s life is a life of integration of the self. With Leo Ascendant there is a need to know herself as an individual, to become individualized and to stand on her own sense of who she is. Know yourself is Leo's purpose. Her Earth in Leo house (5th) will help her to stand on her sense of self. The Aquarian energy -south node and Saturn corresponding to what she brought from the past- will help her find her own individuality. That's her karma (karmic planets) and her service (Aquarius and House 6).

There is an Earth Grand Trine with Pluto, Mid-heaven and the Earth which gives a six-pointed star. One points down, the other one points up. That shows the integration of the earth and water which are the lower vehicles for the work of the personality. That also shows that she can fully capture the essence of Neptune through all the challenges that she meets. She has the potential to work within that earth and water six-pointed star to integrate the personality. The physical with the emotional for the work of the personality. That makes it easier for the personality to work for the soul.

Saturn, a planet of the mind (3rd ray) is in Aquarius. Saturn opposes Venus -both Aquarius and Venus convey Ray 5. Venus in Leo and in fire (mind) and the stellium. All that tends to show the importance of developing her mind. In fact, she has a good mind. She just has to use it by overcoming the tendency of her Moon in Aries to be impulsive and to rush whence her lack of discipline as well as to dominate her watery nature.

Beside personal integration, Leo Ascendant has also the esoteric goal of spiritual integration which means to bring the integrated ego under the control of the soul, so that the positive traits of Leo such as creative power, leadership, generosity, courage and optimism could be released for the good of the whole.

The presence of a fixed Grand Cross stresses out that she will meet all the needed challenges to move on and that she has the potential to meet those challenges. In that respect, she mentioned that at 47½, she had been hospitalized for nine days. At that time, she had her gall bladder urgently removed. She was in a very bad shape and could have died. She said that experience changed her life. It opened her Heart. Interesting to note that around that time, she started her esoteric studies.

That health problem is connected to the solar plexus. A point worth to note is that her Sun is in Cancer, a water / emotional sign. Its exoteric ruler is the Moon and its esoteric ruler is Neptune which is the higher ruler of the solar plexus. It seems that her hospitalization may have helped her transmute some of her Moon sign as well as Sun sign negativities. In other words, it worked at raising the solar

plexus to the heart center.

i) Cancer Sun

Let's now consider her Sun in Cancer. On the negative side, Sun in Cancer indicates an emotional, moody, suspicious and susceptible personality which has an unstable temper. These emotional negative tendencies, impeding the flow of love, must be transmuted and consciousness must be trained to imbue itself with positive thoughts filled with Love. This supports all that has been said about the need to harness her astral life.

Upon the Path, the Cancer negative patterns will have to be superseded by its higher keynote "I build a lighted house and therein dwell". This refers to the lighted consciousness free from emotional control. Cancer must also link her Heart with her mind. Cancer has also the tendency to live in the past. Since her past has been rather painful, there is a special need and impetus to set free from it. All that is achieved through Cancer esoteric ruler, Neptune, the soul's agent expressing compassion, unconditional love, intuition, mysticism and self-sacrifice. Neptune also confers the necessary imagination to support that transference from the astrality to the Heart and mental energies. It is also achieved through the development of the powers of the intellect via study, training and refinement of her nature. All that, in order to eventually develop her higher intuition.

In her chart, it works as follows. Her soul ruler, Neptune in Scorpio, conjunct her IC (her family roots) and oppose her MC (her spiritual goals) both square her Asc/Leo stellium which oppose Saturn/South Node in 6th house.

That indicates that she will meet her karmic issues and challenges via the 6th house (health and service) in the sign of Aquarius, the sign of service opportunities and group consciousness. H.B. said that as soon as she could, she left home (at 18) and has been working ever since at freeing herself from her family insane legacy and her patterns developed in past lives.

On the positive side, Cancer qualities are sensitivity, intuition, tenacity, loyalty, sympathy, imagination. Her solar goal is to become a light-bearer of truth and wisdom and using organizational and managerial skills for the greater good. This is the spirit she works with in her groups of tourists. She stresses the importance of thinking in terms of the well-being of the group so that everyone could get the most out of his experience.

Her solar goal is also to produce a consciousness which shines forth a clear and lighted intelligence and expresses the higher intuition. She should not stay at the level of lower psychic power which is, in her case, very active since she has the Grand Trine in water signs (Sun, Neptune, and Chiron/Jupiter) giving her psychic abilities.

The exoteric ruler of her Sun in Cancer is the Moon. That leads us to the consideration of her Moon in Aries.

j) Aries Moon

Her Moon is in Aries. Her past patterns evolve around the lower keynote "Let form again be sought". Those patterns manifest as a burning hunger for life and an urgent need to get what is wanted as fast as possible. The ego is hot-headed and selfish. It acts with blind and unthinking aggression and throws tantrums, when anything or anyone blocks its way. There is a personality desire to rule, to control and to dominate as is the tone of the personal keynote of her Ascendant, "Let other forms exist, I rule". Moon in Aries brings ambition, aggressiveness and impulsivity too.

The Aries exoteric ruler, Mars, is in Taurus square her the Ascendant. It may show that her self-will and ambition clash with the will of her soul to control the ego forces and be a hearted and loving leader.

The mind must be developed and used to curb her aggressive emotional impulses. Desire for personal power and control must be transformed into an aspiration to serve the greater good. The personal will must be put under the control of the soul.

Positively expressed, Moon in Aries confers leadership and executive power, organizational skill, and the ability to rapidly and intuitively achieve her goals. In her professional life, she is already demonstrating that. Moon in Aries also gives the ability to initiate new ventures, break new ground and build new forms. In that respect, she is recognized as an innovative person bringing new and original ideas anywhere she finds herself.

Since her Moon is in house 9 (the house of abstract mind, the antahkarana and the spiritual path), her Moon's goal is to broaden the mind through higher education or search for higher knowledge so that her consciousness may eventually begin to function upon the Buddhic Plane and the intuitive faculty may eventually begin to function too. Mercury, the esoteric ruler of Aries, sextile her Venus (Mind Ray 5) conjunct her North Node (potential to integrate Leo qualities) and it sextile her Ascendant (Leo's Soul purpose) is the perfect one to take it in charge. For the last four/five years, she has stated to invest in the development of her mind (concrete and abstract) via steady spiritual studies and meditation.

To sum up, her astrological chart analysis shows that:

- 1) Her soul purpose is to integrate her personality as self-conscious entity able to express creativity and leadership in her environment.
 - This will require she transmutes her emotional life by uplifting her astral consciousness from the lower solar plexus center to the higher solar plexus center where lies Neptune, the compassionate. That will necessitate the development of an alignment between the astral and

the mental plane so that she could overcome her lower psychic sensitivity.

- There must also be an alignment between her higher solar plexus center and the heart center where her personality could be flooded by love for humanity.
- To complete her personality integration, a mental perspective must be developed via study, training and meditation.

2) These alignments and trainings should support the integration of the personality which must eventually be put under the control of the soul so that heart and the mind -both lower and higher- function in unison. Thus, her leadership could be expressed as service for the good of the whole. In that case, occult meditation would be the best tool to bridge the personality and the soul.

5.3 THE RAY FORMULA

According to her answers to the ray identification questionnaires, her ray formula would be:

- Soul - Ray 2 (not sure)
- Personality - Ray 3
- Mental - Ray 1
- Emotional - Ray 2
- Physical - Ray 7

Our ray formula would rather be:

- Soul - R 2 (quite possible)
- Personality - R 3
- Mental - R 4
- Astral - R 6
- Physical - R 3

We would question her having a 7th Ray physical body, because of her working conditions. Her schedule is irregular and highly intense. Since the 7th Ray's need for rhythm is not respected, it would be so upsetting to put up with that type of working conditions that she would have difficulty to function in her job. A 3rd ray physical body would be more able to put up with such conditions.

She definitively has a 6th Ray emotional body because she is enthusiastic, passionate, spirited and willful. That is reflected by the number of planets in fire signs.

We see her having a 4th Ray mental body because her thinking is colorful, full of metaphors and images. She carries out her ideas that she does in a rather dramatic way. She may have identified a 1st Ray mind because of the importance

of the fire element in her astrological chart. The fire element is related to will power. On the other hand, she identified that she has worked out the 1st Ray energies as the traits to transform in the past. The analysis of her Moon sign (Aries) explains how these traits come from past patterns to be overcome. That does not suggest they are characteristics of her present mind ray.

She may have a 3rd Ray personality. She said that she likes to be on the go. She tends to plan and not always apply her plans. She may also disperse herself as she tends to do while we discuss our study material in our classes on Cedercrans' teaching. She presents scattered ideas and shows herself having trouble to communicate clearly her thoughts. In *Glamour World Problem* (p.222), it is written that third ray has difficulty to clearly convey their meaning. Her Saturn (3rd Ray planet) is in an air sign. Since it is retrograde, it may lessen her opportunity to discipline and structure her intellect.

On the more positive side of 3rd Ray, she is a good organizer, coordinator and has a good business sense. At 28, she had been an entrepreneur, for a couple of years. She approaches situations with a systemic perspective, she masters the art of being in relationship and she shows a somewhat maverick temperament. In her actual job, she uses her logistic skills in order to plan and organize touristic circuits. She can get things done.

She has several 7th Ray qualities too. That makes sense if one considers her Sun sign (Cancer) transmits both 3rd and 7th Rays. To make sure, we double checked her personality ray by sending her another list of personality traits for Ray 3 and Ray 7, taken from Robbins *The tapestry of the Gods Vol.1*. She clearly recognized herself in the 3rd Ray description.

Her Soul ray could be 2nd Ray as she found lately that healing might be her field of service. In addition, she is very sensitive, intuitive and attracted by everything which comes on her way, three 2nd Ray qualities. In the questionnaire Traits to Transform Now, those related to the 2nd ray were predominantly identified. That could indicate a personality misappropriation of the 2nd ray soul energy. As we saw in her astrological chart, there are some indications pointing out to a 2nd Ray Soul, too.

5.3.1 THE RAY CHART ANALYSIS

If our hypothetical ray formula is correct, we have 2nd ray soul in process of appropriating a 3rd personality. During the integration process of the personality by the soul, we could expect the energies of these two rays to conflict. The personality would either misappropriate and misuse the energies of the soul, or it would resist the effort of the soul to submit the personality to its will. The analysis of her astrological chart has already pointed out how her desires and astralism may conflict with the purpose of her soul -Mars and Neptune square Ascendant. It has showed too how the right use of her mind is the key to resolve these conflicting energies –Mercury sextiles Ascendant.

According to Robbins (1988, Vol. 2), the deeply subjective attitude characterized by wisdom and loving understanding of Ray 2 will clash with a more objective, materialistic attitude based upon a determination to face life chiefly through the intellect acuity, resourcefulness and adaptability of Ray 3. The 2nd ray soul will have to quieten the 3rd ray personality which could be hyper-active, over-talkative and frequently very busy.

To achieve a harmonious blend of these energies, Robbins proposes two integration formula keynotes. A primary integration formula keynote is centralization, keyed to the 2nd ray Soul. That would counter the 2nd ray tendency to over-expand and to experience attachment to peripheral attractions. A secondary integration formula keynote is stillness, keyed to the 3rd ray personality. That would counter the tendency to be overly busy and to waste her energy through thought and physical over-activity.

The application of these formula keynotes would lead the person through different stages of evolution. The individual would pass from, over-expansion and attachment to so many things found in the periphery of her life coupled with an eagerness to actively pursue these things, to a more centered position which would endow her to be more in touch with the love and wisdom of her soul and express them with proper detachment through a still personality which acquired clarity and the ability to find right action.

To this point, it is not possible to determine how that suits the dynamics of H.B.'s inner life. However, the overextension and over-activity may be seen in her quest for knowledge through the diverse trainings and studies she undertook throughout her life. The striving to be more centered may be observed in her interest in the practice of meditation.

5.4 DISCUSSION AND INTERPRETATION

For this part of our study, we consider the most important information found in her astrological chart in relation to our ray chart formula. This synthesis will bring about the problems H.B. will have to deal with in order to go further on her spiritual journey.

5.4.1 Synthesis of H.B.'s astrological chart and ray formula as indicators of her problems found on the path.

The hypothesis of a 2nd ray soul is supported by her Sun being in harmonious relationship with many 2nd ray elements in her astrological. For instance, the ruler of her chart, Neptune (6th ray planet becoming a 2nd ray planet on a higher level) and Jupiter (2nd ray planet) conjuncts Chiron in Pisces (sign conveying the 2nd ray). Whereas, the hypothesis of a 3rd ray Sun is supported by her solar sign Cancer, a sign conveying the 3rd and 7th ray. The answers to her assessment point out more towards a 3rd ray personality. Her astrological chart analysis also shows her personality (Sun in Cancer) sensitivity and a tendency to hold back

her emotions as a protection. That may suggest a misappropriation of her 2nd ray soul energy by her personality.

Jupiter is a 2nd ray planet whose main function is expansion. It trines her Sun, the representative of the personality. The impact of Jupiter on her 3rd ray personality would stimulate the 3rd ray tendencies towards over-activity and overextension. This trine is part of a Water Grand Trine with Neptune. A Grand Trine implies benefits gained in the past and the person may take them for granted and not use them. In H.B.'s case, it could make her 3rd personality feel satisfied with what she is, to say, an over-active personality who may be too much on the run, too busy at making plans which are not necessarily actualized and too much spreading out herself. This specifies how her 3rd ray personality would resist to her 2nd ray soul's call. In fact, a 3rd ray personality must be still in order to receive and respond to the quiet and soft 2nd ray soul impulse.

In addition to that, Neptune is the esoteric ruler of both her personality and her soul. It is a 6th ray planet which could convey a delusive and deceptive energy. In H.B.'s astrological chart, it reveals a highly developed 6th ray lower astral sensitivity manifesting through lower psychism which is detrimental to her soul purpose. Indeed, Neptune conflicts (squares) with her Ascendant, representing her 2nd ray soul's purpose, and her Venus, a 5th ray planet representing her mind. This indicates that the astral energy of her emotional body (6th ray) conflicts with both her mind and her soul's purpose (2th ray).

There are other indicators showing how the astral body hinders her spiritual development. For instance, her emotional past patterns (Moon) conflict with her mind (Venus) and Mars (6th ray planet representing her desires) conflicts with her Ascendant (2nd ray). There is also a balance to be found between her karmic conditions and her soul's purpose (South node conjuncts Saturn opposing her Ascendant). Neptune squares her South Node and Saturn (3rd ray planet structuring and disciplining the mind) indicating again that her astralism comes from the past and it conflicts with a structured and disciplined mind. Moreover, there is a need to find a balance between Neptune (6th ray astralism) and how she takes her social responsibilities in order to express her 2nd ray soul's purpose (Neptune opposes Mid-heaven). Part of this Grand Trine is Chiron showing the need to adjust the 3rd personality tendencies by stilling it and to correct the 6th ray astralism via the right use of the mind.

As stated above, a Grand Trine may bring contentment. In the case of her astrality, satisfaction with psychic powers and emotional responses would interfere with the actualization of her 2nd ray soul's purpose related to the will to love, a love which transcends the astral and requires a mental polarization or, at least, a mental focus.

The above discussion we could presume there is a cleavage between her astral body and her mental body. In that respect, the development of a disciplined mind

and the right use of it, as indicated by the rays conveyed by her Ascendant (5th ray or mind; 1st ray via steadfastness to discipline herself and her mind), would be beneficial to her. Fortunately, she has some assets to fill that gap. Mercury, a 4th ray planet related to the mind and who is a link maker, is in harmonious relation with Venus (mind) and Saturn (3rd ray) who structures and disciplines as well as brings karmic opportunities to move on. That indicates that she has the potential to bridge the cleavage between her emotional and mental body, if she decide so.

To address that problem of cleavage and to foster her progress on the path, some techniques are proposed in the following section.

5.5 PROPOSED TECHNIQUES TO ASSIST THE JOURNEY ON THE PATH

Five techniques are recommended to assist H.B. in her journey on the Path, plus an invitation to enroll in a program of higher studies.

5.5.1 Technique of Dis-identification

This is a basic psychosynthesis exercise consisting of systematically moving the awareness and identification away from various parts of oneself in order to take the position of the observer. This dis-identification process helps experiencing centeredness and inner stability. Eventually, the person recognizes herself as being a center of pure and immovable consciousness. This dis-identification and identification enables to better integrate oneself and direct one's life. H.B. could benefit from this experience to better know her real nature and shut down the door of her astrality. (See appendix G)

5.5.2 Technique of Evocative Words

There are numerous techniques that permit us to act on our psyche in order to modify and even transform it. The psychosynthesis Technique of Evocative Words introduced by Assagioli (1976) is one of them. It is simple, easy to apply and, at the same time, very effective. Assagioli (1976) postulated that according to psychological laws, all words possess the power of stimulating and evoking the activity associated with them. It mainly consists of exposing oneself to a word evocating a quality one wants to develop and incorporate in her life. H.B. could use this technique to cultivate different personal and transpersonal qualities such as inner security, stillness, discipline, centeredness, Heart qualities and anything else she may feel beneficial to expand in her life. (See appendix H).

5.5.3 Transmutation Technique

This technique presented by Cedercrans (1993) is a 7th Ray process of purification via illumination which sets the daily rhythm of bringing the light of the soul into the personality. The latter aligns with the soul, invokes its light, then shapes that light with mental energy (thought), astral force (emotional feelings), and physical-etheric activity. Thus, this technique accustoms the instrument

(mental, emotional, physical-etheric, and physical-dense) to respond creatively to soul impressions. (See appendix I).

5.5.4 Technique of the Light

The above technique is somehow similar to the technique of the light given by D.K. (Bailey, 1988) in order to dissipate personal and world glamours. As long as the individual is concerned, the application of this technique effectively clears astral obstructions to soul contact. If preferred, H.B. could do the technique of the light –personal version- instead the transmutation technique (See appendix J).

5.5.5 Technique to develop the Heart - The twelve virtues of the Heart

Since H.B. has Leo Ascendant, the Heart is very important. As we know, the Heart must be developed along with the mind. Otherwise, it is easy to increase glamours produced by a heart without mind -a hearted person with too little discrimination- or a mind without heart -a heartless intellectual. A right balance between the heart and the head is needed. As a matter of fact, it is technically impossible to develop the Heart without a developed mind. The following exercise will address this matter.

In his books *The Flame of the Heart* and *New Dimensions in Healing*, Saraydarian (1991 & 1992) proposed various exercises in order to develop the Heart. One retained our attention. It mainly consists of meditating on the twelve qualities or virtues of the Heart. According to Saraydarian (1992), Master D.K. identified a virtue for each of the twelve petals of the Heart center. As a matter of fact, He identified eleven of them and left the twelfth to be intuited by disciples. Saraydarian (1992) suggested gratitude as being the twelfth one. The virtues are: 1) Group love; 2) Humility; 3) Service; 4) Patience; 5) Liveliness; 6) Tolerance; 7) Identification with others; 8) Compassion; 9) Sympathy; 10) Wisdom; 11) Sacrifice; 12) Gratitude. It is recommended to meditate on each one at a time. As a preparatory step, the meditator is invited to get acquainted with the selected virtue via reading, then to go through the steps of a raja yoga meditation to ascertain its meaning from within and to embody it as much as possible.

5.5.6 How to develop the mind

There could be countless techniques to do. A better way to approach her spiritual development would be to engage herself in an esoteric school delivering a thoroughly thought training program comprising the following three pillars: study, meditation and service. There are several such schools for English speaking people. To name but a few ones, Morya Federation, Arcane School, School for Esoteric Studies could be recommended and suit her needs. If the English language is a problem, the Arcane School has a French branch (École Arcane) which gives a complete training in discipleship in French.

Higher studies at university or any other schools of higher knowledge would also be good to develop and discipline her mind. Even though, the content would not

concern spirituality as such, it will be spiritual in its effects as it would contribute to raise her consciousness on that plane, thus contributing to shut down the door of her astrality. This being said, the importance of meditation and service should not be overlooked for they are fundamental to the spiritual development.

CHAPTER 6 - AREAS OF FURTHER STUDIES

Since the science of the rays is a fundamental field of investigation in the science of esoteric psychology, in order to go further in the application of this psychological approach, psychologists must learn to draw an exact ray chart, and then know how to apply this knowledge so it is useful for the client. That will ensure they can properly guide an aspirant / disciple client in her / his request for aid on his progression on the path. For that purpose, esoteric psychologists could use the Personal Inventory Profile III (P.I.P. III) developed by Robbins (2015) and Transpersonal Astro-Rayological Analysis (TARA) developed by Robbins as well. They are valuable tools to do a more thorough and deeper ray assessment. TARA could even lead further than the identification of the five ray formula. It also concerns the major and minor monadic rays. However, these may not be of an immediate relevancy for many aspirants/disciples.

CONCLUSION

This study shows how the science of esoteric psychology with its three fields of investigation could be applied. Even with limited knowledge, it is possible to identify the purpose of the soul of a consultee and get a fairly good understanding of how her inner dynamic contributes and hinders her journey on the spiritual path. Assurance in the accuracy of this knowledge comes from the cross checking information being done with data coming from different sources, hence the richness of this new science of psychology. Of course, its major contribution remains the recognition of the spiritual nature of man. This opens to new avenues in the kind of guidance one may receive on the spiritual path from an esoteric psychologist, guidance that a conventional psychologist cannot provide.

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APPENDICES

APPENDIX A ASSESSMENT QUESTIONNAIRE

ASSESSMENT QUESTIONNAIRE

Selected questions extracted – sometimes adjusted- from Meditation Quest and Quest Universal questionnaires plus the first two questions in found in *Esoteric Psychology* vol. II pp. 445-446

GENERAL INFORMATION

- 1. Identification Initials** Male (), Female ()
- 2. Birth Data: Complete to the Best of your Knowledge**
 - a. Date of Birth
 - b. Time of Birth from a birth certificate
 - c. Place of Birth
- 3. Family of Origin**
 - a. Major national and ethnic lineages of your mother.
 - b. Major national and ethnic lineages of your father.
- 4. Marital Status, Children, Living situation**
 - a. Are you single, or in a long-term, committed personal relationship?
 - b. Do you have children?
- 5. Education**
 - a. At what age did you leave formal (state or private) schooling? Did you graduate?
 - b. Have you attended advanced college, university, or post-graduate study? If so, list all degrees held.
 - c. List other major workshops, classes, or training programs in which you have participated for professional or personal development.
- 6. Employment and Employment History**
 - a. What is your present occupation or primary means of earning income or sustaining your material support?
 - b. What do you enjoy the most about your current occupation? And the least?
 - c. Do you feel that your present occupation is the “work of your soul”, the “work of your personality” or some combination of the two?
- 7. Avocations, Interests, Language Fluency**
 - a. List your skills, talents, interest and hobbies.
 - b. What languages do you know well? Please list them in order of fluency.

CONSULTATION MOTIVATION

- 1. Motives to participate in this study**

- a) What are your reasons for wanting to be "straightened out"? What are yours reasons to volunteer for this study?
- b) What brought this need to your attention and evoked in you the desire for a specific process of interior adjustment?

THE DYNAMICS OF THE INNER LIFE

1. Spiritual Reading

- a. What reading have you done along esoteric, occult, philosophical, theosophical, spiritual, new age, trans-personal, etc., lines, which most impressed you and, briefly, why?

2. Religion and Pathways to Spiritual Understanding

- a. Did you grow up in a certain religious background?
- b. Do you now consider yourself a member of any religious tradition or spiritual group or pathway? If so, when did you join this tradition? How do you find it fulfilling?
- c. Are you currently observing any practices/ disciplines in this tradition?
- d. Do you believe in the existence of the *Masters of the Wisdom* and a *Spiritual Hierarchy* of such Masters upon our planet?
- e. Do you believe in reincarnation, or at least have an open mind about the doctrine of rebirth?

3. State of Physical Health

- a. List any previous or existing illnesses, physical or mental irregularities. Have any of these required admission to a hospital or significant recovery periods?
- b. What is the general state of your physical health? Do you experience debilitating headaches, insomnia, nausea, etc?
- c. Are you currently taking any doctor-prescribed medications? If so, how long have you been taking them, and for what diagnosis are they prescribed?
- d. Have you ever experienced over-stimulation - or any other problems, due to meditation or other spiritual practices? Please explain.

4. State of Psychological and Mental Health

- a. Please estimate the general state of your psychological and "mental health".
- b. Have you ever had episodes of psychological or mental instability or acute, incapacitating distress, nervous breakdowns, depression, etc.? If so, please discuss.
- c. Have any of these been associated with any medications or drugs use? Have you had any professional treatment for mental or emotional issues?

5. Spiritual Motivation:

- a. Are you attempting to discipline yourself in order to achieve greater beauty of life?
- b. Are you struggling intensively to grow into the spiritual life?
- c. Are you struggling intensively to follow the way of determined orientation to the things of the Spirit, to live by the light of the soul and Spirit? If not, why not?
- d. Are you aspiring to “something higher and finer?” Please explain.
- e. What do you believe to be your motive to volunteer for that study?

6. Writing, Speaking and Creative Productions

- a. What, in your estimation, has been your most significant achievement? Why?
- b. In terms of self-expression, do you believe you are most expressive through the spoken word, in writing, or through some other mode of expression? Please explain.

7. Guidance

- a. Do you believe that you are “guided” to make certain choices and take certain actions? Please explain.
- b. In hindsight, do you believe that following such guidance has contributed to you becoming a stronger, wiser and more intelligently astute soul?
- c. Who do you believe is in charge of the choices you make in this life? Please explain.

8. Meditation

- a. What role has prayer and/or meditation played in your past? If you are now or have meditated in the past, what is your motive for practicing meditation?
- b. If you are now meditating, how frequently, and for what average length of time?
- c. If you have had formal training in meditation, what methods have you practiced?
- d. If you are self-taught in meditation, what techniques or methods have you evolved?
- e. What if any meditational approaches or techniques do you *presently* practice?
- f. Do you meditate regularly?
- g. Do you find meditation easy or hard or somewhere in-between?
- h. How do you think your meditation could be improved or deepened? Please discuss.
- i. Have you had any experiences that you believe are directly a result of meditation?
- j. Why do you believe so and what techniques were used?
- k. Have you ever experienced over-stimulation due to meditation?
- l. What are the general results of your meditation?

9. Personality, Personality Integration, Soul-Infusion, and Spirit

- a. Have you passed through any significant life crises, profound or “peak experiences” that you believe benefitted you spiritually or psychologically?
- b. If familiar to you, what is the relationship between your soul and personality? Do you believe you are focused within your personality, your soul, or somewhere in-between? Please explain.
- c. How would you describe the functioning of your personality and its three vehicles?
 - a. Are the mind, emotions, and physical-etheric vehicles balanced and in harmony, or is one more dominant than the others?
 - b. Do you believe your personality can use all of its vehicles equally? Please explain.

10. Your Relationship to Subtle Energies

- a. Have you heard of or studied the *seven rays*? If so, briefly give your present understanding of what they are.
- b. If you have an opinion of your ‘ray makeup’, which rays express through your soul, personality and three personality vehicles? Why do you think so?
- c. Have you studied astrology or esoteric astrology? If so, briefly give your understanding of.
- d. Have you studied the seven major energy centers/ chakras in the human being? If so, briefly explain your understanding of the functions of the seven major chakras, and how these chakras are expressing in your life?

11. Your Relationship to the Group and Group Life

- a. Please share your understanding of group consciousness and group work. What do they mean to you?
- b. Describe *your* present relationship to group consciousness and group work. How, in your estimation, could this relationship be improved if you think it should be improved?
- c. Please give your understanding of the New Group of World Servers (if you are familiar with the term). Do you feel you are a member of this subjective serving group? Why or why not?

12. Purpose and Destiny

- a. From a psycho-spiritual point of view, how do you understand the deeper purpose of your present incarnation, your true “vocation”, your “calling”, your dharma?
- b. What are you doing to fulfill and express this deeper spiritual purpose? Do you believe you are you making progress? Why or why not?
- c. What if anything, do you think, is preventing you from fulfilling your life purpose—considering that purpose from the spiritual angle?
- d. In brief, what do you believe to be the greatest contribution you (as a personality in process of soul-infusion) can make to your fellow human beings and to the planet?

APPENDIX B TRAITS TO TRANSFORM

TRAITS TO TRANSFORM

Drawn from *Tapestry of the Gods*, appendix IV (pp. 552-553).

Associated with each of the Seven Rays are a number of traits (glamors, illusions and wrong actions) which we should transform as we grow towards our full spiritual potential. Recognizing the traits we most need to transform is an important key to our individual development and, also, to identifying our major Rays.

Each of the twenty-eight traits is numbered below. First choose the four which most pertain to you NOW, then list their numbers on the answer sheet under the section TRAITS TO TRANSFORM: NOW. At the top of the list, place the trait which you now consider to be the greatest obstacle to the realization of your highest potential. Then, choose the four traits which most pertained to you FORMERLY and list their numbers on the answer sheet under the section TRAITS TO TRANSFORM: FORMERLY. There may be a difference, there may not. Do not invent a difference if none exists, but examine your life carefully enough to notice and indicate any change which may have occurred over the years. As in the main body of P.I.P. II, the word "FORMERLY" is an indefinite term, and refers to your past experience in general.

Please choose exactly four traits for each category—NOW and FORMERLY. If you think that this short list does not include the traits which challenge you the most, choose the traits which come closest. You don't have to be entirely subject to a trait to include it among the four; a noticeable leaning towards a particular trait is sufficient.

1. Over-concern for rules and regulations
2. Uncontrolled, misguided enthusiasm
3. Too much skepticism
4. Too many "highs" and "lows"
5. Wasted energy through over-activity, scattered living and restlessness
6. Giving-in too easily

7. Willfulness
8. Desire to dominate and control others
9. Fear because of over-sensitivity
10. Manipulativeness, deviousness and active scheming
11. Over-eagerness for compromise; "peace at any price"
12. Intolerance of ideas which do not fit in with established knowledge
13. Over-eagerness to trust and believe; misplaced devotion
14. Subservience to habit and routine
15. Over-concern for orderliness and detail
16. Over-leaning on others
17. Too much intellectual analysis and dissection
18. Tendency to self-contradiction, inconsistency and unpredictability
19. Intellectual pride
20. Too much study without taking action
21. Selfish ambition for power
22. Excessive egoism, self-centeredness and self-importance: too determined to be "the one at the center"
23. The love of being loved
24. Too much talking and hyperactive thinking that does not lead to tangible achievement
25. Debilitating struggle, trouble and turmoil
26. "Can't see the forest for the trees"
27. Excessive emotional intensity
28. Rigidity and inhibited self-expression

APPENDIX C HIGHEST ASPIRATIONS

HIGHEST ASPIRATIONS

Drawn from *Tapestry of the Gods*, appendix IV (pp. 554-555).

Below are fourteen aspirations, all of them highly desirable. Please arrange them in order, beginning with the statement which best expresses your highest aspiration, and ending with the statement which least expresses your highest aspiration. Since all of these statements are highly desirable, it may not be an easy task to arrange them in order of your preference, and there may be a number of difficult choices—but proceed anyway.

1. I aspire to become a dynamic, powerful and benevolent leader—strong, firm and steadfast in my service to the Highest Law and my defense of the Greatest Good.
2. I aspire to a deep, intuitive, loving-understanding of people, so that I can nurture them, and help them unfold their highest potential.
3. I aspire to a resourceful and versatile mentality so that I can apply it creatively to numerous intellectually challenging enterprises.
4. I aspire to express great artistry in every aspect of my life, thereby inspiring others to greater creativity and a greater love of beauty.
5. I aspire to become vitally involved in discovering the keys and solutions to Nature’s mysteries through advanced scientific research and experimentation.
6. I aspirer to live with ardent faith and passionate commitment, unshakably loyal to my system of values and true to my highest ideals—my “Vision of the Right.”
7. I aspire to bring a beautiful rhythmic order out of the chaos of human living, by “grounding” transformational ideas in practical activity, and “seeing them through” to perfected expression.
8. I aspire to shatter chains, liberating people from all forms of bondage and oppression.

9. I aspire to a wise and intuitive, deep and complete understanding of life so that I can teach and illumine others.
10. I aspire to create a thoroughly comprehensive, totally rational, philosophical theory of truth, through the power of deep thinking and the most careful reasoning.
11. I aspire to be a mediator, a harmonizer, a “bridge of at-one-ment”—a reconciler of human conflicts, and an instrument of peace.
12. I aspire to invent or develop those mechanisms, instruments, or technical improvements which will transform and uplift the quality of human life.
13. I aspire with complete faith and utter devotion to serve “God,” the worthiest cause, or the “highest ideal” I can conceive.
14. I aspire to involve myself deeply in the art and science of creative, organizational transformation, redressing and restructuring the patterns of human interaction, so that a “New World Order” may more rapidly emerge.

APPENDICE D IDENTIFICATION OF THE RAYS

IDENTIFICATION OF THE RAYS

Drawn from *Identify your Ray Chart Webinars* (2014) by Leoni Hodgson

| 3 Etheric-Physical Body | 7 Etheric-Physical Body |
|--|--|
| <i>The physical ray is a subray of + is coloured by, the Personality Ray</i> | |
| Body type: muscular, stocky, larger boned. Very strong + resilient, can be pushed to endure. | _finer boned, smaller, delicate. Can be strong, but not as resilient as 3, needs a break to recuperate. |
| Movement: unless there is a higher 7, lacks grace, plods along. Restless, fidgety, freedom loving; dislikes long periods of inactivity. Lives a busy, uncoordinated daily schedule. | _graceful, glides while walking. Happy to be quiet + still. Highly organised, rhythmic daily schedule, therefore an excellent ritualist. |
| Hands: strong, useful instruments. | _graceful, dance when owner talks |
| Brain: rapid brain activity, voluble, can babble. | _organises thoughts before speaking, more measured. |
| Home: can live in a mess, with noise. Can sleep anywhere, any time. | _loves a beautiful, serene home. Ritualised sleep patterns. |
| Pain: not especially sensitive to pain | _sensitive to, or the thought of pain |

| Ray 2 Emotional Field | Ray 6 Emotional Field |
|--|--|
| Emotional force: very sensitive + fearful. Calmer, quieter than 6, easily overwhelmed by circumstances. Curls in if attacked. | _intense, HOT, boils, fiery; very reactive, retaliating if attacked. Lacks emotional control under stress. |
| Loves: a quiet, non-threatening life, luxury + all the good things in life. Attracts partners in. | _fireworks + passion, craves to be loved + adored by the one who is loved. Ardently pursues. |
| Selfish personal love: binds others through manipulation, by playing the victim. Selfish unselfishness. | _burning desire and passion to possess the loved one. All or nothing. "Revenge is sweet" |
| When it wants something others have: it is more accepting of the way it is, more willing to share, can be a doormat. | _it feels intensely JEALOUS, envious, will try to take the cherished object. Fights fate. |

Higher 2: inclusive + accepting.

6: inclusive + inspirational.

| Checklist for Mind Ray | | |
|--|--|---|
| 1 | 4 | 5 |
| The occult mind. | The intuitive mind | The scientific mind |
| A sensible realistic mind. | Creative, artistic mind. | Interpreting literally what it sees. |
| Firm, stubborn mind. | Indecisive mind | Firm with "the facts" |
| Fast, moves in a straight line. | Oscillates, weighing | Careful/ deliberate mind. |
| Goes straight to the point, jumps to conclusions | Learns by osmosis | Assembles all the facts and weighs them carefully |
| Hard edged, sharp thoughts | Exaggeration and dramatic thoughts. | Highly accurate thoughts, |
| Deals with the larger picture | Fudges details for dramatic effect | Thrives on dealing with detail. |
| Brief, trenchant in speech. Straight to the point. | Colourful ideas and speech, uses humour. | Explains the facts in a verbal monotone. |
| Excellent organising, prioritising mind. | Not well ordered (unless affected by a higher ray) | Very orderly, logical, sequential mind. |
| Assertive, aggressive, sometimes emotional. | Mind easily overwhelmed when emotional. | Hyper-critical, narrow, non-emotional mind. |

Personalities

| 1-7 | 2-4-6 - the "soft" line. | 3-5 |
|--|--|--|
| Basic Character: "Hard power" egos are forces to be reckoned with, proud + dependent. 1 powerful, aggressive, a bully. rigid attitudes, sets rigid rules for self + others. | "feeling-emotional" egos with softer exteriors so are more sensitive or reactive, either curling in defensively or outwards on attack. They 'feel' their way thru life, are more intuitive or instinctual. | "mind egos", try to dominate others + life from the mental plane, are matter manipulators. |
| press authority: by taking the lead 1) thru displays of raw power + ruthlessness, 7) thru superb organising and social skills. | thru emotional combat or manipulation. 2 charmingly manipulate people, 4 argue + dramatise situations, 6 threaten punishment. | out-think others. 3 verbal manipulation, 5 uses "the facts" to prove itself right. |

The Soul Ray is experienced as surge of:

**1-7 Spiritual
Will-Power**

2-4-6 Love and Wisdom

3-5 Spiritual Intelligence

.. that inspires one's heart to ..

Major differences: 1 loud + aggressive, 7 courteous, civil. 1 an isolationist, 7 likes people. 1 doesn't care what other people think, 7 is vain + concerned with appearances.

2 expands emotionally to include all; 4 oscillates indecisively between war + peace, 6 quickly rejects those different to itself.

3 mentally versatile, expansive, 5 tight + narrow; 3 is philosophical, 5 technical, scientific.

1) Become the One and Only.

7) Bring human life into alignment with God's law.. *that inspires one's heart to ..*

| | | |
|---|--|---|
| | | |
| Bring human life into alignment with God's law. | Create + live in beauty, become beauty. 6) Be humanly adored; express one's highest ideals. | 5) To know the truth & reveal life's mysteries |
| <i>.. and instils a deep yearning to help people/ the greater good by/ thru ..</i> | | |
| Leadership, politics, law, organising. | 2) Healing or teaching. 4) Counselling, mediating, peace-making; beautifying people + the world. 6) Serving in religion, health/ care/ service industries. | 3) Brilliant, creative thought, teacher, philosopher, philanthropist, cosmologist. 5) Scientist, researcher, worker in technology. |
| <i>.. and help people move forward / be free by ..</i> | | |
| freeing them from oppression, helping them to bring their lives into divine order. | 2) comforting the suffering; giving them the wisdom they need to move forward. 4) resolving conflict, beautifying their lives. 6) inspiring people to follow their highest ideals/ truth/ God. | 3) stimulating their minds/ mental creativity. 5) discovering new truths/ technology that will lighten man's load. |

God's Divine Illumination inspires Souls to be either:

| 1 - 7 Divinely Powerful | 2 - 4 - 6 Divinely Loving or Omniscient-Wise | 3-5 Divinely Intelligent + Knowledgeable |
|--|--|--|
| <i>To lead, free man's spirit.</i> Politics, law. 1) Free man from oppression 2) Organise/ manifest, to bring man into divine order. | <i>To raise man's soul, his consciousness.</i> Heal, beautify relationships, to comfort man. 2) Healers, teachers. 4) Harmonisers: counsel, mediate, beautify. 6) Devotees, idealists: inspire in religion; serve in care industries. | <i>To uplift the human material state, solve world problems.</i> 3) Philosophy, wide-ranging, brilliant, creative thought. 5) Science, research, technology. |

| | | |
|--|--|---|
| .. and instils a deep yearning to help people/ the greater good by/ thru .. | | |
| Leadership, politics, law, organising. | 2) Healing or teaching. 4) Counselling, mediating, peace-making; beautifying people + the world. 6) Serving in religion, health/ care/ service industries. | 3) Brilliant, creative thought, teacher, philosopher, philanthropist, cosmologist. 5) Scientist, researcher, worker in technology. |

| | | |
|---|--|---|
| .. and help people move forward / be free by .. | | |
| 1) freeing them from oppression, 7) helping them to bring their lives into divine order. | 2) comforting the suffering; giving them the wisdom they need to move forward. 4) resolving conflict, beautifying their lives. 6) inspiring people to follow their highest ideals/ truth/ God. | 3) stimulating their minds/ mental creativity. 5) discovering new truths/ technology that will lighten man's load. |

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**APPENDIX E
LIST OF TRAITS FOR PERSONALITY RAY-3 AND RAY-7**

Adapted from Tapestry of the Gods, Vol.1 (pp. 317-320 & pp. 333-336).

Paragraphe 1

Es-tu une personne qui tend à standardiser, homogénéiser, qui a une efficacité sociale et qui est méthodique? Es-tu une bonne organisatrice, même pour organiser la vie des autres!, une bonne administratrice? Es-tu une personne rigide qui résiste aux changements, intolérante à la différence, routinière et méthodique?

Paragraphe 2

Es-tu adaptative, versatile, pleines de ressources, créative, ingénieuse? As-tu une efficacité adaptative (se retourner sur un 10 cents)? Es-tu manipulatrice (dans un sens positif et/ou négatif)? Es-tu opportuniste (capacité de saisir les opportunités)? Es-tu vague et peu pratique, toujours occupée et avec plein de plans que tu n'actualises pas nécessairement?

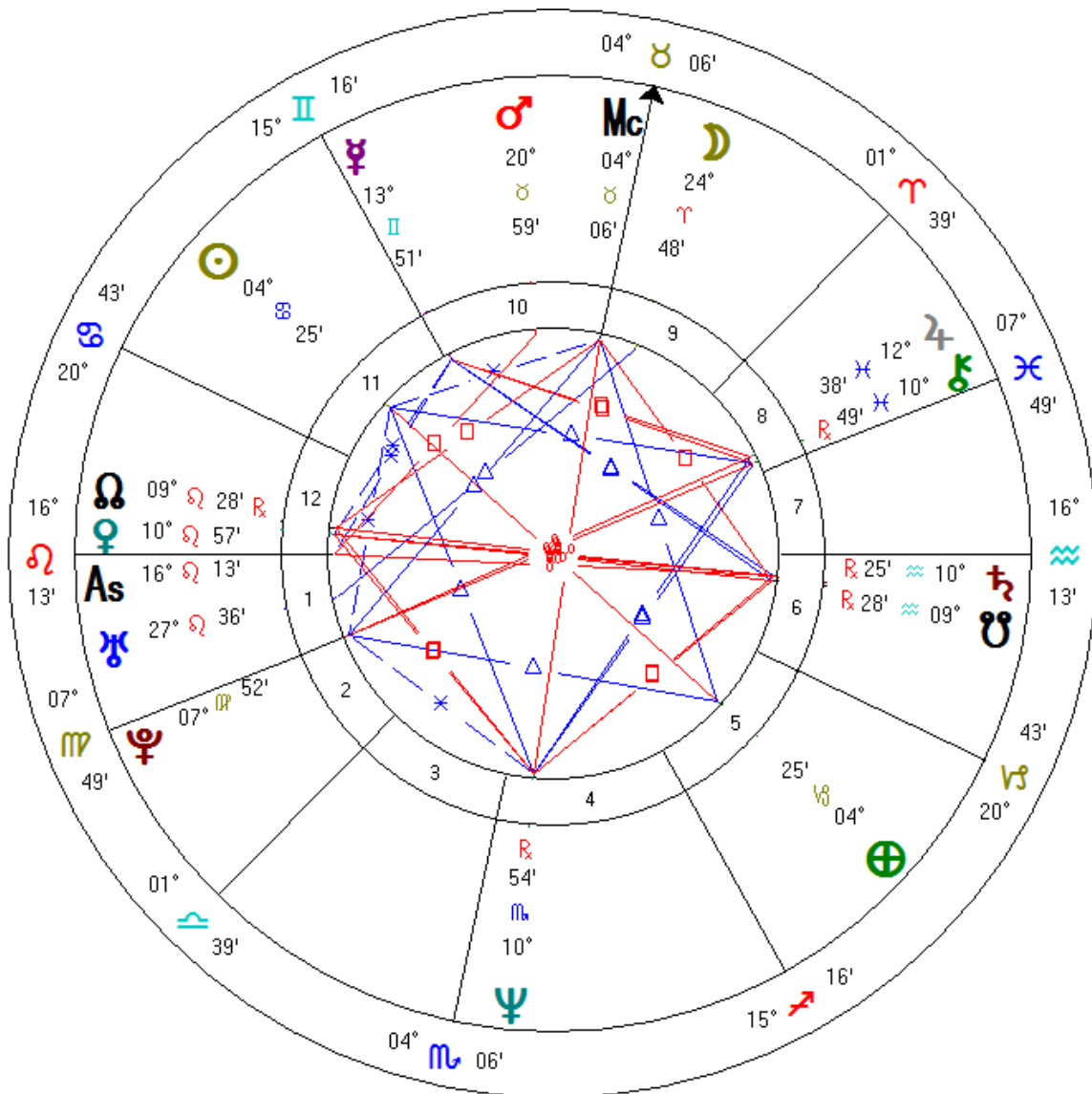
N.B. Posted as it was sent to H.B. in French.

**APPENDIX F
ASTROLOGICAL CHART OF THE H.B.**

H.B.

Natal Chart

Jun 26 1962, Tue
8:45 am EDT +4:00
Montreal, Canada
45°N31'G 073°W34'
Geocentric
Tropical
Regiomontanus
True Node



APPENDIX G
TECHNIQUE OF DIS-IDENTIFICATION

Adapted from *Psychosynthèse* by Assagioli, R.

Quiet yourself and sit in a comfortable position. Close your eyes. You are going to disidentify, stepping back from the various parts of yourself in order to get to the center--the personal self--the observer that is beyond any of your individual parts. This self is the integrative factor that coordinates all aspects of the personality. So just step away from the parts starting with the body.

I have a body, but I am more than my body. I am the one who is aware: the self, the center. My body may be rested or tired, active or inactive, but I remain the same, the observer at the center of all my experience. I am aware of my body, but I am more than my body.

I have emotions, but I am more than my emotions. Whether I feel excited or dull, I recognize that I am not changing. I have emotions, but I am more than my emotions.

I have an intellect, but I am more than my intellect. Regardless of my thoughts and regardless of how my beliefs have changed over the years, I remain the one who is aware, the one who chooses--the one who directs my thinking process. I have an intellect, but I am more than that.

I am a center of pure awareness. I am the one who chooses. I am the self.

APPENDIX H TECHNIQUE OF EVOCATIVE WORDS

Adapted from *Psychosynthèse* by Assagioli, R.

Step 1: Choose a quality to evoke and develop.

Step 2: Take a piece of cardboard, write or print the word on it.

Step 3: Place the card where you will notice it; in your wallet, on the fridge, your work desk, beside your bed or on your pin board.

Step 4: Bring mindful awareness to your word and desired quality. To do this, use different visual, auditory and motor images:

- a) Assume a state of relaxation and then observe the word attentively for 1-2 minutes. Notice any ideas or images that emerge and record them in a journal.
- b) Spend time reflecting on the meaning of the word, then record your reflections.
- c) Try to “feel” the quality that the word embodies, letting it permeate your whole being.
- d) As you observe the word, say it aloud.
- e) Write the word many times.
- f) “Act as if” you already possess this quality.

APPENDIX I TRANSMUTATION TECHNIQUE

Drawn from *The Nature of the Soul*, by Lucille Cedercrans (p. 103).

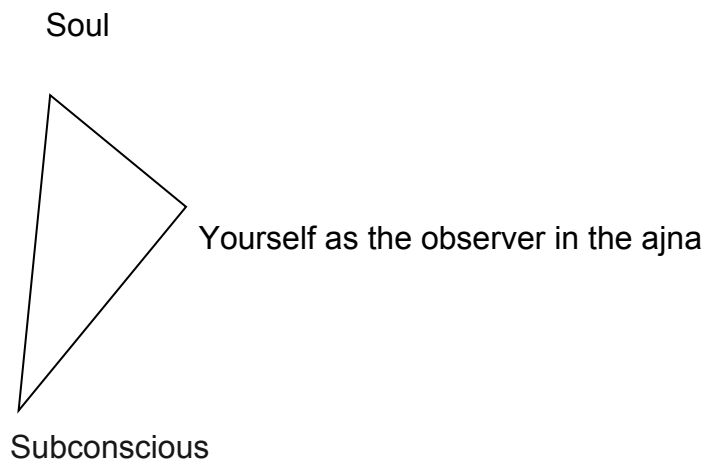
This technique can be utilized each evening before retiring, or as needed.

1. Make the usual three-fold lower alignment and focus the consciousness in the ajna center.

2. Integrate the consciousness in aspiration to the soul. As discussed earlier, the soul or consciousness is three-fold in nature. It consists of 1. The animal soul, which relates man to the animal kingdom. 2. The human soul, which relates man to the human kingdom. 3. The overshadowing Spiritual Soul, which relates man to the spiritual kingdom. The process of integrating this three-fold consciousness into one, incarnate Spiritual Soul can be facilitated by sounding the following seed-thought:

I integrate my three-fold consciousness into one unit in aspiration to the soul.

3. Visualize a triangle of light between the:



Having established your point of focus as an integrated consciousness in the ajna, you complete the above triangular alignment by:

- a. Aspiring to the soul: From your focus in the ajna, draw a line of light upward (in frequency, not really in direction) to the Overshadowing Spiritual Soul.
- b. Recognizing the existence of the subconscious: From your focus in the ajna, draw a line of light down and outward (in frequency) to the subconscious portion of your astral-emotional body. Then draw a line of light from the subconscious upward (in frequency) to the Overshadowing Spiritual Soul.

This completes a triangle of light connecting the Soul, ajna, and subconscious.

4. Repeat slowly and carefully:

“The Light of the Soul is thrown downward into the instrument to reveal, cleanse, and purify that which is karmically ready to be brought to Light in Divine Law and Order. I stand clear, observing only.”

Hold that note for a moment, then stop and simply observe your persona equipment from your point of awareness in the ajna center. This permits your soul, through its light, to reveal a portion of the content of your subconscious. Very shortly you will become aware of an emotion. It may be a form of resentment, anger, jealousy, or fear. Whatever form the emotion has taken, it will be a negative influence in your life and affairs. As you observe this emotion, you will see how it became a part of your subconscious and the part it has played in your life and affairs.

5. Transmute whatever negativity is revealed into its polar opposite via the application of Love.

This is accomplished by realizing and projecting love to:

- a. Yourself, as you were when you received the initial impact that created the unconscious pattern of negativity.
- b. Those involved in making that initial impact.
- c. The original situation.
- d. All persons everywhere who participate in activities similar to the original situation.

6. Meditate for three minutes on the concept: *‘THE TRUTH SHALL MAKE ME FREE.*

Spend a few moments radiating the Light of Truth through the instrument and into the environment.”

APPENDIX J
TECHNIQUE OF THE LIGHT
Drawn from Glamour A World Problem

FORMULA FOR THE DISSIPATION OF GLAMOUR (pp. 235-236)

(For the Individual)

Preparatory Stages.

1. Recognition of the glamour to be dissipated. This involves:
 - a. A willingness to cooperate with the soul.
 - b. Understanding the nature of the particular glamour.
2. The three stages of focussing:
 - a. Focussing the dual light of matter and mind in the mental body.
 - b. Focussing, through meditation, this dual light and the light of the soul.
 - c. Focussing these three lights and so creating the searchlight for the dissipation of glamour.
3. Preparedness through alignment and integration. This is the production of a field of magnetic thought substance.
4. The turning of the attention and of the searchlight of the mind on to the astral plane.

The Formula.

5. The soul breathes out the OM into the waiting personality and the light and power thus generated are retained for use.
6. An intense light is slowly and consciously generated.
7. The spiritual will is invoked whilst the mind is held steady in the light.
8. The glamour to be dissipated and the searchlight of the mind are brought into relationship.
9. The searchlight is then turned on by an act of the will and a strong beam of light is projected into the glamour.

10. The glamour is named and the aspirant says with tension inaudibly:

"The power of the light prevents the appearance of the glamour (naming it).
The power of the light negates the quality of the glamour from affecting me.
The power of the light destroys the life behind the glamour."

11. The OM is sounded by the aspirant, producing an Act of Penetration. This produces impact, penetration and dissipation.

12. The aspirant, having done his work, withdraws himself consciously on to the mental plane and the beam of light fades out.