The Morya Federation

Living the Rules of White Magic

By Dorothy Roeder

Course 560

While ordinary men see discussions of soul as meaningless and unfounded, others see it as clear and lucid teachings on their path. In the same way there are advanced souls to whom the spirit and its nature is also a rational and understandable subject. They can appreciate and comprehend it through the medium of the soul itself and its powers just as it is possible to arrive at an understanding of the soul through the medium of the mind, correctly employed." (TWM 25) For the masters, the goal to which White Magic leads brings absolute knowledge of the nature of soul and spirit. For those lower on the path of attainment, many mysteries remain although the knowledge and trust in the miracles of their own inner being grows with study and meditation. The aspirant begins to respond more and more to that relentless Will within himself that urges him to explore and to take charge of himself so his power can be directed from the Spirit within rather than from the outer conditions and circumstances of his life.

Every man is made of Spirit, Soul and Body. Spirit is Life and Energy. It is the "undefinable, elusive, essential impulse of Life which is the cause of all manifestation." This breath of Life is a rhythmic inflow of vital energy that becomes the attractive force of consciousness, or soul. It is also atomic substance. These three aspects of a man were differentiated and developed during the process of creation. Now it is Humanity's path to bring them together again, body and soul, then soul and spirit. Soul came into being when Matter was separated from Spirit and is the mediator, the relation, between them. It is the universal attractive force and holds things together, building forms so that the life of God can express itself through them. Soul conceives the ideas planted in matter by spirit, making the forms the ideas inhabit and perfecting those forms so that God might exist in His full Glory on Earth.

For God to exist in a form, the form must be able to understand itself as God, for certainly, God knows Himself as He knows all things. So once soul has evolved a body with a mind capable of abstract thought, it must work on evolving consciousness. This is the work of White Magic that the soul performs on itself, or as we see it, on the part of itself that does not understand what it means to be a full expression of Divinity. The Rules of White Magic describe the steps by which the Solar Angel, that part of self that has "earned its wings and flies as Spirit," leads its little self, the personality to consciousness of its True Self. These rules are given to us by those who have

achieved that greater consciousness of Self. They are an effective method proven by their own experience.

Rule 1

The Solar Angel collects himself, scatters not his force, but, in meditation deep, communicates with his reflection.

The Solar Angel planted the seed of mind in man in Lumurian times and ever since has held the ideal of the God consciousness that man will evolve. It has waited for eons until man was ready to respond to its force. Mind grew slowly, nurtured by what man experienced on Earth, until he could register impression from inside himself as well as without. In undertaking the study of white magic the man must have not only felt the presence of a greater self, but must know it exists in his mind and must be determined to make it real for himself. He must have developed a "fairly true sense of values" and how to apply himself to achieving a goal. And he must be willing to do whatever it takes. Finally he must want to learn whatever is needed to serve as part of an ashram.

Once the man can allow the soul to dominate, it will see that training moves forward. This involves learning to consciously link the personal lower self with the Solar Angel. Then It can help the personality to understand and control his three lower bodies and their forces. The man must learn to handle his own problems, his own life and become so balanced poised in Spirit that his value to the Work is seen. We use magic already, every time we conceive a need for something and find a way to get it. We energize the idea, work out a plan and energize it with our desire and Nature, or rather devas manifest it for us. It takes us some time to learn what to ask for, what not to ask for and when to ask. But this is not the work of the Solar Angel although he may have a hand in directing our thoughts to what might be spiritually useful. The White Magic we are discussing here involves a response by the man to the urge implanted by the S.A. to take up the work of shaping his personality for the spiritual work of Soul. And it also applies to the impression it makes on man's mind of ways he can serve to help manifest the Plan.

A regular schedule of meditation establishes a rhythm that brings the man into harmony with the vibrations of soul. This helps to identify himself as soul rather than form and allows soul to lead him into right action and right control. He learns the purpose and plan of his soul. He can receive impressions from higher levels on his brain. The flow of energy from soul is maintained as he constantly remembers his spiritual identity, maintains his soul focus and meditates on the plan of evolution. The soul maintains its meditative vision of the form as the ideal, the goal and is a constant guide, always available to one who listens and acts on what he learns. Communication requires two participants, an exchange of ideas. Soul is focused on the man, his progress and the goal. Man responds and communicates by his spiritual aspirations, intention and consequent actions inspired by soul. Soul responds with presentation of the next step. Man must do the work but is aided by soul.

Rule 2

When the shadow hath responded, in meditation deep the work proceedeth. The lower light is thrown upward; the greater light illuminates the three, and the work of the four proceedeth.

Once a man has comprehended the opportunity offered by soul contact, the work can begin. The S.A. continues Its deep meditation, the man learns to communicate through meditation, constantly lifting his thoughts to those of soul. The "greater light" is that of the Monad, but it cannot illuminate the shadow and bring it to life as a son of God until the light within the form can shine forth and merge with the light of Soul. The "lower light" is the kundalini fire, now held in check, that energizes the emotional and mental bodies. The etheric body is vitalized and controlled by thought. Meditation and study will help establish a habit of right thinking. Mental application and concentrated attention will lead to safe control of the body's etheric energy. When the personality is coordinated and ready to surrender to soul more of this energy is released in the transfiguration initiation.

There are a number of hindrances in the occidental world that discourage the development and application of spiritual truths. Learning to adjust one's life to law comes by contrasting preceding cycles. But life in the West is chaotic, always changing, making it difficult to establish such perspective and the equilibrium necessary for magical work. Bodies have not developed in the presence of high spiritual vibrations so that they can adapt and use them. Meditation helps but the mind must learn to focus on what is important.

The concrete mind is so highly developed and intensely used for material specifics that is has difficulty opening up to love and directing itself upward. Love and spiritual values are not things that are seen as useful in the mundane world. Mind functions by putting things in boxes, separating facts and creating names. This separative activity must be countered by love which breaks down barriers and creates unities. "Mind disrupts and destroys whilst love produces coherence and heals." But the concrete mind can learn to discriminate between the real and the unreal. Then it reveals "the lesson of joyful action, and the path of bliss opens. . ." (TWM 81)

Development of the concrete mind has created a belief that only what can be proved by known scientific methods is real. This leads to a rejection of the ideas of God and Spirit, so religion is not able to serve as a means of expanding consciousness. It is relegated to a set of beliefs that are not to be questioned. When men have no God, recognize no Spirit within, they see no reason to prepare for the future, no way to create a better life; what you are born into is where you stay. In recognizing Spirit, men are able to see beyond the acquisition of material things to the gaining of wisdom through study of esoteric truths.

A final hindrance are the physical bodies of Western man, created by eating meat, unhealthy food, and living in unhealthy environments. Civilization seems to involve an increasing number of environmental problems and problems in food production that prevent health and cause much disease and premature death where science should know better. Still bodies can survive this if the diet emphasizes fresh fruit and vegetables, nuts and seeds and clean water. A healthy body is necessary to serve as a vehicle for a highly evolved Ego. The S.A. is not going to tell us what to eat, how to think, what is important, what to believe. It can only lead us to discover all this for ourselves.

Rule 3

The Energy circulates. The point of light, the product of the labours of the four, waxeth and groweth. The myriads gather round its glowing warmth until its light recedes. Its fire grows dim. Then shall the second sound go forth.

As the meditations of the aspirant and the soul come together, a point of light forms on the plane of mind. It is the germ of the vision of a Son of God, a realization of the Plan and of Unity. Humanity is beginning to realize that creating a better life of Earth is a group activity. In meditation some form of the plan is seen in which the aspirant can cooperate. Only those who are free of personal ambition can truly cooperate in manifesting the Plan visualized by the Hierarchy. This period of meditation and reflection create a rhythmic response to soul impression. There is a clear flow of force between soul and the man, a vibratory response between brain and soul. This is the sutratma which links spirit, matter and soul. It is a channel for the self conscious energy of mind and, as the antahkarana, can be expanded by conscious intent to provide a vehicle for soul to participate in physical existence. As the three lower bodies merge into a personality to create a unified point of light, the point of light grows. The practice of Harmlessness channels the growing light into creating beauty, ideal living conditions, eliminating pain, suffering and evil and the application of the light into wisdom and understanding.

Rule 4

Sound, light, vibration, and the form blend and merge, and thus the work is one. It proceedeth under the law, and naught can hinder now the work from going forward. The man breathes deeply. He concentrates his forces, and drives the thought-form from him.

These first six rules pertain to the magical work done on the mental plane. They explain how the mind will be used and what it must be able to do. Sound is used aloud in meditation and begins the work. But the magician must learn to hear the inner voice and note of the soul. He must develop the inner, etheric ear for inaudible hearing and learn to use the personality note with the soul note with the focuses mind. One method of learning to hear these inner notes might be to sound the OM and then listen to its silent reverberation within the mind. The development of intuition and of discrimination is essential so that false voices cannot send one on a false path. He must also be able to distinguish the voice of soul from the voice of his own vanity, selfishness, pride and ambition. Every one of our words or thoughts creates a sound. Do our thoughts and words harmonize with the Plan?

The work requires time for the meditation and contemplation that quiet the mind so it can hear the inner sounds. This brings realization of the ideal and a sensing of the plan. A vision of ways in which it can be brought about is seen. A calm, balanced mind, free of emotional entanglement, humble, joyous, poised and a healthy physical body that can support a healthy mental function are the elements needed in a personality that is receptive to the impressions of the Masters and ready to serve. A mental focus on spiritual things by a growing number of individuals will help to turn the tide of materialism on Earth. They must be willing to work without personal ambition or judging any part of the plan as better or more important. They must work without expectation of success or recognition, in loving cooperation with others of any rank or ability. Self-sacrifice is always required. They must always listen for further impressions from the Master.

The effect of sound is light. If the magician has trained his mind to think thoughts worthy of divine inspiration they will attract light. The quality and intensity of his light makes the disciple as asset to the work of the Plan and paves the way for useful service. His ideals are strengthened by his light, vibration appears and his message is heard of Truth and Reality. The soul is the

Light and Spirit the sound. When these are fully understood the man stands free of the three worlds. Until then the spiritual focus and training lead him, without fail, on his Path.

"The man breathes deeply." This is concerned with the science of pranayama and consists of three stages. The man first breathes in, drawing in soul energy and moving toward soul consciousness. He "concentrates his forces" through holding the breath at that silent, soul level learns to see, hear and know in that realm, approaching or entering contemplation. This is the point where "opportunity" comes. As he "drives the thought form from him" the idea goes forth to do its work.

The spiritual life is regulated by such a rhythm. A man receives the impressions from his soul and is galvanized into action, focusing his intention to perfect himself and build his antahkarana. He strives to follow the rules laid down to guide aspirants. His schedule includes regular meditations where he centers himself in soul presence and receives inspiration and strength. His service serves as the result of the first two parts of his rhythmic living. There are also larger cycles in his life of gathering his energies and studying, quiet interludes of waiting and listening, as well as periods of intense work. And, I expect, there are lives spent in study, lives spent in meditation and lives spent in active participation in life on the physical plane. At all times his will to play his part in the plan, his will to perfect his vehicle leads him forward. It is all about learning the right use of energy. (TWM 152)

Rule 5

Three things engage the Solar Angel before the sheath created passes downward; the condition of the waters, the safety of the one who thus creates, and steady contemplation.

Thus are the heart, the throat, and eye, allied for triple service.

The parts of the breathing cycle practiced in Rule 4 must be condensed into one simultaneous action. This is crucial to successful manifestation of the thought-form. "The condition of the waters" also influences the process for success or failure. Selfishness of the disciple, fear, hatred, physical desire and suspicion draw it into a vortex of astral chaos where it is lost. Emotional depression or upset over lack of alignment and balance in his group will also abort the process. The disciple must also learn to recognize and deal with emotional connection with the planetary emotional body.

Thoughts must be allowed to move toward manifestation. One-pointedness and obsessions that never produce anything fester in the mind and poison the man. Too many thoughts can also whirl around, creating a thick fog that blocks the soul and love cannot flow. Then the man becomes lost in the miasma he created. Focus, intention and action are needed to release the thought form and prepare the mind for the next step. The mind must be taught to reason, to think, to design and to build in mental matter. One must also learn to let go of the process once complete. Then all that is needed is focus on the goal.

The development of the mechanism of the heart, the throat, and eye is a result of becoming aware of the soul, cultivating soul consciousness and learning to live and work as a soul. To do this a man trains his mind, studies the laws of manifestation and learns to "include all that which we call 'higher'". It will require the development of intuition to consciously control this mechanism and know its purpose. This is preparatory to becoming an accepted disciple in an ashram. (TWM 166-7) This bring increases in mental activity, responsiveness to ideas, and psychic sensitivity. These require great control and discrimination for their proper use. They are for use

in service to the Plan, not for any personal gain. He learns to distinguish between the vibrations of his soul, his group of disciples and his Master. He also learns to work on his own without expecting much guidance or contact from the Master who speaks only when necessary.

The chakras are developed by three things.

- 1. Surrender of control of the personality to soul.
- 2. Development of love-wisdom through group interests, the cultivation of inclusiveness and by decreasing interest in personality concerns and in things separative and selfish.
- 3. Concentration of service. This involves the creation of the forms needed to further work on any aspect of the Plan with which one is involved.

These require much work on character building, establishing right motives, service, and meditation. Study of the science of the centers, the technique of will, breathing exercises and learning to employ time. The arousing of the Kundalini fire comes by dispelling illusion with the help of the serpent of wisdom.

Rule 6

The devas of the lower four feel the force when the eye opens; they are driven forth and lose their master.

The contemplation practiced in Rule 5 results in the opening of the 3rd eye, the eye of vision. This is the eye of the soul and it uses the etheric "eye" in the man. Before the soul looked out over its own kingdom of souls, of egoic impulses, of hierarchical work and of pure thought. Now the "eye" of the man is also opened into that realm as his is joined to that of soul. All the physical matter is driven from the body, the force of soul flows through this third eye and the world of radiance opens. He can now see and contact the soul within all forms. The Power of Spirit flows through him. He communicates through love-wisdom with all beings. Through him soul can create the forms needed for its part in the Divine Plan. The soul in contemplation acts through the third eye to control the etheric centers and sweep them into the appropriate activities as needed. Guided by Divine Will the man can direct the forces of White Magic.

The magician can now receive the impressions sent from the hierarchy, gather the people and the materials he needs and carry on with the work of serving in the Plan.

Rule 7

The dual forces on the plane whereon the vital power must be sought are seen; the two paths face the Solar Angel; the poles vibrate. A choice confronts the one who meditates.

Having integrated his mind with his other bodies, including soul, and having learned to allow the Solar Angel to use his mind for Its purpose, he must now master the astral plane. This is an extension of the control of the astral body achieved under the first six rules. Now the mind must be able to provide the ability to discriminate and to control the astral body. The man must learn to dissociate his own aura from his surroundings and differentiate between his feelings and those of his nation, race and humanity in general and as a whole. He must learn "to distinguish truth from glamour, the permanent from the impermanent and the certainty from the unreal." (TWM 222-

3) The man who has set his foot on the path and experienced some contact with his soul will respond in an emotional crisis by controlling it with wisdom and purity of intent. Choices need consistently to be made between soul and material things, between pleasure and pain, good and evil, poverty and riches. Liberation from the struggle and suffering comes from balancing the forces and finding the narrow path between them that leads to wisdom.

On the astral plane a man learns to react to forms with wisdom and intelligence. He learns about emotions and feelings, desire and aspirations. He develops spiritual awareness. On the mental plane man learns to use intellect to understand forms, their origin, control and creation. He eventually learns to use his mind as soul, from its level of awareness. It is the key to emotional control so that love can be use as creative force. "The vital power" is gained by the use of discrimination and dispassion to choose the path of material or spiritual gain. This vital power activates the third eye and then the magician has the clear vision needed to make the right choice. He now understands how to balance the forces of "the vibrating poles" that seek to turn his path to their side. From a balanced point between them he can choose the easy or steep path if an aspirant, the method of service if a disciples and, for the Master, spiritual advancement or staying with his group and working out the plan.

Every decision is the foundation for the next choice. At first life is just a constant battle, but the conquering of illusion through his own determination and will lead him to the victory of a clearer vision. Finally this vision is seen as "the divine form which veils the Son of God Who is Himself. So rather than being progressively more advanced these rules seem to be happening all at the same time, in that whatever needs work in any of them at a particular time is where focus is required. The 7th rule includes all of what was taught in the previous 6 rules and expands on them, taking them to deeper levels.

Rule 8

The Agnisuryans respond to the sound. The waters ebb and flow. Let the magician guard himself from drowning at the point where land and water meet. The midway spot, which is neither dry nor wet, must provide the standing place whereon his feet are set. When water, land and air meet, there is the place for magic to be wrought.

This rule describes a median, a turning point for the aspirant. He can remain where he is or take up the work of becoming a white magician able to cooperate actively with the Hierarchy. In mastering the forces opposing him, his astral body can be used by the soul to mould desire into line with divine purpose. The forces blocking his path are primarily those of selfish desire, fear, the use of intellectual achievement for selfish ends and misuse of sex. Each ray brings its own particular set of faults to be banished from the personality.

Again, we face the need to understand the inevitable cycles of existence. Life evolves on a spiral thread that winds around our center, over and over, moving forward a notch with each circle. This brings us face to face with old unsolved problems and gives us a chance to improve on the opportunity offered to understand ourselves and our place in the universe. It brings cycles with loss of vital energy and consequent sickness, cycles of high aspiration and deep depression, cycles in intense mental activity and mental inertia. Release from these endless cycles comes when the disciple realizes that they are impermanent and he can rise above them, drawing on soul energy to dispel the negative energies, feelings or thoughts. This was equilibrium is achieved and he stands solidly on his Center. It exists between mysticism and occultism, between the pineal and the pituitary glands as "the light in the head." The consciousness of the three

lower aspects must meet, united on the plane of soul consciousness, the buddhic plane, and focus in whatever direction, to whatever chakra, is needed for the work at hand.

When the Christ principle dominates in the consciousness thoughts are aligned with soul and no stray selfish thought can turn the force of soul energy to negative results like harm to the magician himself. His personality is a clear vehicle for Divine Will. Spirit can express through the right eye, soul through the throat as the Word, and intelligence through the hands used in helpfulness. The purification and integration of the personality has been carried to another level.

Rule 9

Condensation next ensues. The fire and waters meet, the form swells and grows. Let the magician set his form upon the proper path.

As the force of soul flows through the magician the thought form being created begins to take shape. If there is any trace of impurity in the thoughts of the magician the form tends toward evil or destruction. Impulses originating from personality desire, from the Dweller within or any emotional desire will turn what soul is trying to accomplish through him to disaster. Establishing right habits is essential. They will protect him from errant, wrong thinking. He must strive always to hold his mind "steady in the light." Soul creates the thought form but needs a perfect vessel to hold it in the "shape" it intends. A dirty vessel cannot produce a beautiful form. The perfect vessel allows the thought form to grow and fill with Spirit.

True occult work involves contact with the Plan, right desire to cooperate with it and focusing the thought form on the mental plane, containing it there. Any emotional desire for the appearance or manifestation of the thought form brings the magician the danger of becoming submerged in it and becoming obsessed with it. The form then controls and can be diverted to the left hand path.

Rule 10

As the waters bathe the form created, they are absorbed and used. The form increases in its strength; let the magician thus continue until the work suffices. Let the outer builders cease their labors then, and let the inner workers enter on their cycle.

If the form has been created within a pure mind, it will absorb the highest of all the forces which surround the magician, which comprise his body, and which he chooses to align with. These include galactic and solar forces as well as those of the planet and of the mass consciousness of humanity. A balance of mind and emotions and an adequate physical vitality must be maintained. All the work done under the pervious rules must be maintained with constant self observation and continued purification. Intense desire for success sends the form forth too early. The magician must not identify with the form but remain aloof from the process. The knowledge that Spirit and Matter are in essence the same thing assures his success. The substance of his life is in essence the substance of his thoughts. And so Love and Light of Spirit pour into the form the until it is completed.. The magician releases the thought form, his part is done. Any form of clinging to it will halt its progress.

Four centers are of particular importance to the magical process. The purified personality expresses itself through the ajna center. This center reflects the coordination of personality and soul. The monad connects through the base chakra where complete control and coordination are

achieved by the rising kundalini fire. Divine Will works through this center. The attractive force of soul works through the sacral center, having replaced sexual attraction, to manifest form. This chakra must be controlled by the throat and itself remain silent. Through the solar plexus, the soul gathers the lower forces and directs them toward its purposes. The energy of this center is controlled through the heart. "To will, to know, to dare, to be silent are soul activities directed through the surrendered personality.

Rule 11

Three things the worker with the law must now accomplish. First, ascertain the formula which will confine the lives within the ensphering wall; next, pronounce the words which will tell them what to do and where to carry that which has been made; and finally, utter forth the mystic phrase which will save him from their work.

D.K. tells us that the three things involve Spirit, Soul and Body. The magician must learn to think in terms of Spirit not Personality self. The formula is a statement by Spirit of its purpose. It is conveyed through the highest aspects of mind, intuition, in meditation and contemplation. The form is not created perfectly at first, but is refined and recreated by a hierarchy of creative minds through many cycles until its final judgement. For a man that would be initiation. For the universe, the end of manifestation for a time. The words of power are uttered by soul as it draws substance into the form according to the vibrational identity of soul and personality working together through the heart. Various entities are attracted to the formula under the Law of Attraction by the strength of desire. Finally the magician must pronounce the words that separate himself and his energy from the thought-form. This will be easy if he has truly recognized that it is not himself, but Soul who is the maker of forms. He must know himself and his mind as the tool of Spirit that conceived the idea, his desire as the love of Soul that brings the needed life substance, and the idea as a manifestation of Divine Will. It belongs to Spirit, or, more likely, Shamballa and will live as long as it is serving the progress of the Plan.

This concludes the work on the astral plane. The magician's astral body has become a perfectly quiet, clear pool through which soul can work without any distortion of its vision and energy. His mind directs the thought-form through his centers as directed by Soul and it is completed.

Rule 12

The web pulsates. It contracts and expands. Let the magician seize the midway point and thus release those "prisoners of the planet" whose note is right and justly tuned to that which must be made.

This rule has to do with the cycle of the breath and its interludes. The higher interlude takes place after inhalation when the consciousness is lifted up and held silently receptive to inspiration. The lower interlude occurs upon exhalation when the mind registers the impressions received and them into plans. We have now reached the ruled dealing with the physical plane. In the case of soul's work, its plan is now impressed into the brain of the magician which controls the chakra system that will manifest the etheric thought-form. The details of this process remain secret to all but those proven to be of pure desire and will. They will come to all magicians through loving service.

The "prisoners of the planet" include all forms in that the matter in them is "lifted up" by contact with Spirit. A man redeems the substance of his body and life through perfecting the personality to hold Soul presence. Humanity is the brain of the planetary logos. (TWM 537) Humanity is, in

extension of the brain, Its hands. Those working for the Plan, or just for the betterment of the world serve as a mid-point between the Creator and His world. They are working to raise the consciousness of world substance to a higher level. Their work is to help the world and its inhabitants understand that they have a soul and are divine beings so each one can redeem the substance of his own body. Eventually Humanity will help release the lower kingdoms as well. Under this law the soul now is ready to precipitate its vehicle. The man is ready to precipitate his thought-form.

Rule 13

The magician must recognize the four; note in his work the shade of violet they evidence, and thus construct the shadow. When this is so, the shadow clothes itself, and the four become the seven.

It is beyond the ability of the average magician, not being initiated, to discern the four levels of etheric substance and use them with the necessary wisdom and understanding. He can, however, continue to perfect his four-square being, the balance of body, emotions, mind and soul, with soul in control. He must also balance soul, mind, brain and the outer world of forces and Spirit, and soul and body within the great Whole. Most of all, he continues to become ever more pure, dedicated, loving and serving. He comes to understand the cross in the Heavens whose burdens he shares with the cosmic Christ. In Taurus he seeks the light and finds he is the light. In Leo he knows himself to be the One, who rules by Law. In Scorpio he is freed from illusion and flies free. In Aquarius he serves, giving out the water of life. He transcends the four noble truths, understands the meaning of the four gospels and the four elements and masters them.

The four etheric levels now involved are responsive to the four highest planes of the cosmic physical plane. They are the Spirit that conceived the ideal from which the thought-form was built through the magician and that will now bring it to life according to the qualities built into the form.

The form is precipitated by the potencies built into it through the power of thought. The form exists as long as the mind behind it can maintain the potencies that continue to precipitate it. The magician must continue to strive for higher levels of perseverance that develops strength, silent detachment, that frees him from identification with his creations and non-criticism, another way of practicing harmlessness on oneself and on others. These are the hindrances that obstruct creativity.

Rule 14

The sound swells out. The hour of danger to the soul courageous draweth near. The waters have not hurt the white creator and naught could drown nor drench him. Danger from fire and flame menaces now, and dimly yet the rising smoke is seen. Let him again, after the cycle of peace, call on the Solar Angel.

This is a crucial point in the magical process. Forces must be carefully balanced, too much causes the thought form to burn up, too little energy or attention and it fizzles. For the aspirant this point indicated learning to work with energy and the forces of Nature, learning the significance and purpose of the vital body and gaining power and control over the vital fires of his own energy system. By developing the use of mind he learns to control prana from the planetary aura through the spleen and health, from the astral world through the lower chakras, from the universal mind through the throat chakra and from the ego itself through the head and

heart centers. His intentions determine how these forces are applied, so he must study himself to see how they influence his thoughts, his actions, his speech. By studying his effect on others he can understand the forces that drive them and understand their type, quality, strength and speed. Are his thoughts, actions and speech intended to impose his will or to help or heal? Do they stem from a desire to be loved or attached to another? Is he trying to control and manipulate others for his own purposes or is he serving and helping others within the divine plan?

The hands are potent wielders of the forces from the centers. They are used to heal, to stimulate a center, to link a man with his ego and in group work. Hands wield the sword of discrimination wielded by the ego from the mental plane that separates the false and impermanent from the real and true. The sword of renunciation is used on things that hold one back from his goal, particularly material things. The sword of the Spirit cuts down obstacles that obstruct group progress, but mastery of the others swords must be gained before it can be used. "Only those hands can turn the key in the door of initiation who have learnt the 'art of the centers', the significance of the hands in service, the wielding of the swords, and the four positions in which the hands are held in group service." (TWM 578-9)

The magician must build with his own mind those qualities and faculties that soul needs in its vehicles. The soul can inspire, impress and thus encourage the progress, but the man must himself tread the path. He must strive, he must serve, he must listen (meditate) and he must study (himself). "Discipleship is a synthesis of hard work, intellectual unfoldment, steady aspiration and spiritual orientation, plus the unusual qualities of positive harmlessness and the opened eye which sees at will into the world of reality? (ibid. 583) Few become adepts. They must find their own way because it is his own life and cannot be lived by or through another. He must obey the inward impulse of soul, resisting that of the lunar lords, learning to distinguish between instinct and intuition, higher and lower mind, desire and spiritual aspiration. He must learn to ignore what other think and the conventional beliefs and opinions, relying on his connection to his own Inner Teacher. He must live a life that is an example to others, one of harmlessness. He lives only to serve, never to justify or prove himself. Soul can see when he is pure enough and ready to use the sacred fires.

Rule 15

The fires approach the shadow, yet burn it not. The fire sheath is completed. Let the magician chant the words that blend the fire and water.

The white magician maintains an attitude of the Observer, detached from any mechanism and contact, a spiritual entity rather than body temporarily used. He must understand his place in the spiritual hierarchy in union with all similar workers. He maintains an "esoteric sense" that allows him to live subjectively, in constant contact with soul and its world. This works out as loving-kindness, wisdom shared, and an identity of oneness with all that lives and breathes. He radiates such peace from his ability to control his emotional sensitivity that he calms all he contacts. The strength of his silent thought brings light and peace to all. He can draw from the world of thought what he needs and find what he needs for his work in cooperation and communication with his fellow-workers on the plane of souls. These are the ones who work with the Hierarchy and Thrones, Principalities and Powers to lead Humanity in manifesting the Plan.

Summary

These rules of magic are a statement of the development of spiritual consciousness that leads to mastery of the physical plane and freedom from it. The spiritual qualities needed run through all the rules, repeated over and over on continually higher levels of the ability to use them. The necessity for purity becomes broader and deeper. Right intentions lead to right thoughts, then right feelings and finally right actions. Meditation practiced regularly builds the connection with soul and expands the mind into higher planes of spiritual awareness. Service and the ability to serve grows as wisdom and understanding grow from a learned habit of detached observation and inner listening. Loving-kindness and harmlessness, practiced without fail, make one's path a joy and inspiration for all.

Bibliography

TWM - A Treatise on White Magic, by Alice Bailey, Lucius Publishing Company, 1974 printing.