Where we are coming from; where we are going to – people all over the world have asked such kind of questions during their conscious existence. Through the myths and legends and through the ancient writers writings – different authors speak about “the great continent beyond the Atlantis” (Aelian); “the islands in the sea beyond the Pillars of Hercules” (Proclus); “seven islands in the Atlantic, …, their inhabitants preserve the memory of a much greater island, Atlantis” (Marcelsus); "a large island in the Atlantic Ocean beyond the Pillars of Hercules several days' sail from the coast of Africa." (Diodorus Siculus); “an island before that mouth which is called by you the Pillars of Hercules” (Plato) - the nations have brought the idea of pre-existed continents like Mu and Atlantis to the modern time. We may even find the maps of these hypothetical continents, like

*Athanasius Kircher’s, the German Jesuit priest’s map, published in 1665, a reproduction of an ancient Egyptian map of Atlantis:*
Ernst Haeckel’s map of Lemuria, 19th c. Its probable site in the Indian Ocean, joining Madagascar, Africa, India, and the Malay Peninsula— the homelands of the lemur:

Can we verify this History? Can we find evidences of these continents?

The idea of Mu (Lemuria) has appeared in the works of Augustus Le Plongeon (1825-1908), who claimed, that several ancient civilizations, such as those of Egypt and Mesoamerica, were created by refugees from Mu - which he located in the Atlantic Ocean.

Helena Blavatsky, in her encyclopedic work “The Secret Doctrine”, discusses the esoteric history of humanity - the Races and “the Continents on which the four great Races, which preceded our Adamic Race, were born, lived, and died“.[2:6]

The Root Race Names of Continents
The First Root Race - The Imperishable Sacred Land
The Second Root Race - The Hyperborean Continent
The Third Root Race, Lemurian - Lemuria
The Fourth Root Race, Atlantean - Atlantis
The Fifth Root Race, Aryan - Our World

“The Secret Doctrine”, the sources of which is assumed general clairvoyance, comprehensive research and the Stanzs of Dzyan, which is said to be the oldest book in the world, gives the approximate descriptions of the continents as:

**Lemuria** – “… is an ancient continent now sunk beneath the waters of the Indian Ocean, which, lying to the South of the Asia of to-day, stretched on the one hand eastwards to upper India and Sunda Island, on the other westward as far as Madagascar and Africa.” [2:327]

**Atlantis** – “was the name given to those portions of the submerged Fourth-Race continent which were "beyond the pillars of Hercules," and which happened to keep above water after the general cataclysm. The last remnant of these — Plato's Atlantis, or the "Poseidon" (another substitute or rather a translation of the real name) — was the last of it some 11,000 years ago…” [2:323]

The Lemurian Racial development is dated from the later period of the Jurassic age, and included the crisis of human individualization from animal man, which took place about 18 million years ago, and peaked during the third sub race of that Root Race, and ended about two million years ago, although there remain some remnants of this early race still in incarnation today…

The Atlantean Racial development period is dated about 4.5 million years ago, and saw the entering into incarnation of egos, who began their development and underwent
individualization in the previous system, and was brought to an end by the spiritual government of that time through the crisis and conflict of the forces of materialism in contrast to those of Light. The destruction of Atlantis was accomplished through four of the great catastrophes since about 800,000 years ago; about 80,000 years ago was a very great catastrophe, when remained only the island known to us through Plato as Poseidonis; its final disappearance occurring about 10,000 years ago. William Scott-Elliott in his *The Story of Atlantis and the Lost Lemuria* [5] claimed the cataclysmic events beginning from 800,000 years ago until the last catastrophe, which occurred precisely in 9564 BC.

The most remarkable maps of these ancient continents are of Scott-Elliott’s ones, two for Lemurian periods and four for Atlantean periods at different stages of their maturity. Scott-Elliott’s maps suggest that the earth has risen and fallen and that the continent of Lemuria covered most of the southern hemisphere at its greatest extent. Scott-Elliott on his *The Story of Atlantis and the Lost Lemuria* [5, 71-75] gives a great deal of geological and biological evidence to suggest that the area between modern day Africa and India was once connected by a land bridge or continent.

Can science shed any light on the possible reality of Lemuria? Do we have any evidence that the floor of the Pacific could once have been elevated over a continental-sized area?

„If the South Pacific Superswell were once above sea level, forming the continent of Lemuria, it would have been buoyed up by a broad bulge in the mantle, much like that
recently inferred to be buoying up the lofty peaks and plateaus of the American West. A renewal of mantle upwelling beneath the SPS could result in the seafloor there rising above the waves once again“ Marcia McNutt in her Superswells theory [6].

Many believe that Easter Island was a part of Lemuria. Its hundreds of colossal stone statues and point to an advanced culture, yet it appeared on the world's most remote spot. The legends of Easter Island speak of 'Hiva' which sank beneath the waves as people fled.

“There is no limit really to the resources of astral clairvoyance in investigations concerning the past history of the earth, “ said A.P.Sinnett in his “Story of Atlantis” [3], “whether we are concerned with the events that have befallen the human race in prehistoric epochs, or with the growth of the planet itself through geological periods which antedated the advent of man, or with more recent events, current narrations of which have been distorted by careless or perverse historians. The memory of Nature is infallibly accurate and inexhaustibly minute.” [3:3]

A.P.Sinnet writes about the testimony witnessing the existence of an ancient continent occupying the site of the lost Atlantis:
- some examples of the sphere of deep-sea surroundings – the whole bottom of the Atlantic Sea is mapped out; there is seen a ridge of great elevation in the area of the mid-Atlantic. And one more example - the Canyon under 3000 feet of ocean, a witness of the ancient catastrophes:

A.P.Sinnett writes about the linguistic researches in connection with Maya tongue – "One-third of this tongue (the Maya) is pure Greek. Who brought the dialect of Homer to America? or who took to Greece that of the Mayas? Greek is the offspring of the Sanscrit. Is Maya? or are they coeval?" [3:8] And it is not the only case. Scott-Elliott notes that most of today’s Chinese mainly descended from the fourth subrace (Turanian), of the fourth rootrace (Atlantean). [5, 95]

The ethnologists have debated about the Atlantean inhabitants who is said to have been red, yellow, white and black races. A.P.Sinnett writes that by the researches of Le Plongeon, De Quatrefages, Bancroft and others that black populations of negroid type existed even up to recent times in America. "Many of the monuments of Central America are decorated with negro faces, and some of the idols found there are clearly intended to represent negroes, with small skulls, short woolly hair and thick lips.” [3:9]
Anglo-American explorer, James Churchward had studied many ancient texts and wrote five books about Mu. He discovered the existence of a long lost continent with an advanced civilization that had sunk below the Pacific Ocean after a cataclysmic earthquake. The Hawaiian Islands and the Pacific Islands are the remaining mountain peaks of the lost continent.

Churchward's map showing how he thought Mu refugees spread out after the cataclysm through South America, along the shores of Atlantis and into Africa.

Above are only few examples of scientific historical research, some of them more reliable, the others maybe a little doubtful. Everyone may search for and find more and more facts. And then to decide – whether to believe this or not.

Literature
3. A. P. Sinnett, The Story of Atlantis
5. Scott Elliott *The Story of Atlantis and the Lost Lemuria*
6. Reviews of Geophysics: v. 36, no. 2, pp. 211-244. [Dr. McNutt, a noted geophysicist, is currently (4/01/02) president of the American Geophysical Union (AGU), a scientific society with 15,000-members worldwide].