

PRELIMINARY CONSIDERATIONS ABOUT THE SOUL AND ITS ROLE IN HEALING

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INTRODUCTION

The spiritual path is a very dynamic and ever changing process. We can also say it is a very long one but eventually we reach a point in our journey when we become aware of our mental vehicle, its ability to create as well as to destroy matter, to understand the past, present and thus forecast the future with some precision. New faculties are revealed and become important assets to the awakened consciousness as one begins to consider the Soul and its abilities. The eternal now begins to unveil itself and thus new potentials and opportunities for the soul to work and contribute towards his progress. One of them has to do with one's capacity to heal oneself and others. Our purpose in this study is to investigate some preliminary processes involved in order to reach or optimize our healing abilities, trying to understand the relationship between soul and disease and how the soul can heal, opening new perspectives that will eventually also benefit the planet itself and the Solar Logos. We also hope to motivate further investigation and practice of the underlying aspects involved with healing as presented by the Tibetan Master Djwhal Khul.

DEFINITIONS OF SOUL

D.K. uses the term in various ways and the following terms are related to the word Soul: sentiency, sensitivity, consciousness, Christ consciousness, Christ principle, Love, Son, individuality, Ego, Higher Self, Solar Angel, the thinker, the Jewel, the Triad, the Agnishvattas, the son of mind and the real man, among others.

Therefore, we have several definitions as well, and the main ones are:

- "The soul is a Lord of Love and Wisdom."
- "The soul is the son of God, the product of the union of spirit and matter."
- "The soul is an embodiment of conscious mind, the expression...of divine intelligent awareness."
- "The soul is a unit of energy, vibrating in unison with one of the seven ray lives, and colored by a particular ray light."
- "The soul, macrocosmic and microcosmic, universal and human, is that entity which is brought into being when the spirit aspect and the matter aspect are related to each other." (EPI, pg. 42) (MF – 450.8)

We may consider the fact that every form has a kind of soul and also that there is a common ground among men, present in the human form, which can be considered as One Soul, thus

uniting all of humanity; it also operates as a mediator between dimensions of realities and states of consciousness.

RELATIONSHIP OF THE ASCENDANT SIGN WITH THE SOUL

When we start studying Esoteric Healing, as taught by the Tibetan, we learn that this science consists of **“the art of releasing the soul, so that its life may flow through unimpeded or it is the Art of transmitting spiritual energy.”** (EH - pg2) D.K. compares healing similar to the work done by the scientist, while attempting to release or direct the energy of an atom; in the case of the esotericist, he tries to release the energy or potential contained in the soul.

One of the ways to know about our soul and its mission during the present incarnation is through the identification of the ascendant sign which, according to esoteric astrologers, allows the analysis of the tools we have inherited in order to develop and/or perfect our soul potentials. We may ask ourselves: what then is the relationship of the soul with diseases, since I must understand how in the future I can be able to heal myself and also become an effective instrument for healing? We must seek orientation from realized spiritual masters.

It is our great fortune to be able to access the teachings of D.K. as presented in His book entitled “Esoteric Healing”. While reading it, we can observe the minimum details and intricacies involving the subtle aspects of our soul in order to realize which are producing diseases and how we can heal ourselves, providing the necessary information for us to meditate and to implement. Ten Laws and Rules are presented in this book . From the very beginning, with **Law I**, we become aware of the profound relationship between soul and disease, thus stated:

“All disease is the result of inhibited soul life. This is true of all forms in all kingdoms. The art of the healer consists in releasing the soul so that its life can flow through the aggregate of organisms which constitute any particular form.” (EH – pg.532)

We then start to meditate on the aspects or thought-forms which may be inhibiting our soul from its full manifestation, which could be due to our cultural conditionings, crystallized thoughts, genetic tendencies or even from karmic predispositions. It has been the custom in the Western countries to search for psychologists or doctors in order to heal ourselves, but if we actually study and try to put into practice the healing esoteric teachings, we will be able to understand the causes behind our unhappiness or suffering, assume responsibilities for the imbalance produced and eventually become able to help other beings as well.

The study of **Law V** makes us realize the importance of checking the spiritual level of the patient who will be receiving the healing energies, since he is subject to internal forces and to external energies as well and these may affect the result of the healing procedures, creating a conflict. The internal forces within the physical body are impermanent and dependent on matter, more limited and imprisoned in the form, which could be the body, a plane, an organ, or a center. They are very potent and end up affecting the personality of the person, increasing the desires and making him more dependent and vulnerable to various diseases. On the other hand, we must consider the free energies which are abundant and around us all the time, impacting our physical bodies. These energies are in reality more subtle and more potent than the forces gathered within the body; however the forces are anchored in and have been crystallized, taking hold or control of the personality. If, on the other hand, we consider free healing energies emanated from the heart or soul, we will realize that they are infinitely more potent than the material forces centered in the solar plexus of the person.

We reach the conclusion that it is important to have a clear vision of the person who we will be sending the healing energies: is he an average person, under constant risk of manipulation by the negative fields of *samsara*, and controlled by the personality, or is he someone dedicated to the spiritual life or practicing service? We have to analyze his character and mode of living. Again, if he is already an aspirant, he will be sensitive to esoteric healing, but if his body is dominated by the personality, he probably won't answer to the messages of his soul and will not respond to the efforts of the healer, continuing to be unconscious of the impact of the potent healing energies coming from the outside. (EH – pg. 582-584)

THE GROUP WORK OR SOUL HEALERS

Our investigation and analysis need not be conducted only on individual basis. If a person is healthy and has already achieved a good understanding of how to balance his vehicles, he may also become interested in helping others. There are risks involved throughout our entire life, subject to incidents, accidents, contaminations, pollutions, food poisoning and other unexpected situations, due to personal or to collective karma. Thus we would like to recommend that we also study in groups with the same motivation and decide to pursue a scientific approach like the techniques taught by the Tibetan Master. He has also given us the opportunity to participate in a specific group of workers now being trained to become specialists in esoteric healing, specially seeking to help humanity. They constitute the 3rd Seed Group of Magnetic Healers of the New Group of World Servers – NGWS. Although they are still undergoing experimentation, D.K. indicates how their action and work should be in the physical plane, bringing about the energies of life which emanate from the soul working on the mental level only, and transferring them to the physical plane through a concise and specific magnetic work:

“The healers of the world upon the physical plane have to work upon that plane and their task is that of bringing through the energies of life, emanating from the soul plane, via the mind, but excluding the emotional. These energies have to be brought through into physical consciousness and, from the physical level, do their necessary and magnetic work.”
(EXH – pg.44)

This group of esoteric healers is so important because they do know how the forces and energies operate and the basic causes of the exoteric diseases. The knowledge of the mechanisms involving man's mind, however, needs to be improved, since disease may be expressed due to undesirable subjective conditions or it may be a part of the process known as 'withdrawal of the soul' from the form. One lifetime is actually very short for us to understand the entire process of health and the overwhelming amount and variety of diseases in the world nowadays is the evidence to prove that our present spiritual limitations are actually the basic factors leading to their manifestation. (EH – pg. 41)

We may wonder what can be achieved by the healing groups in the short and long run? In the short run, we will be learning step by step as we go, following the instructions provided by the Tibetan and sharing the results with other participants. If, however, we need to think of the long term results, it is essential for us to consider what is the major task of such groups as the Hierarchy sees them: to prepare human beings for the restorative aspect of death, helping to eliminate its fear and making us consider life as very precious and meaningful due to its continuation and gradual evolution of the soul. D.K. comments:

“Healing groups must prepare to deal with this basic condition of all living, and a major part of their work will be the elucidating of the principle of death. The soul, we are told, must return to the one who gave it. To date that has been an enforced and dreaded restitution, one which engenders fear and which leads men and women everywhere to clamor for the

healing of the physical body, overemphasizing its importance and making them regard the prolongation of earthy existence as the most important factor in their lives. During the next cycle, these wrong attitudes must come to an end; death will become a normal and understood process though evoking less pain and fear.”

(TWM – pg. 389-390)

There is also the New Group of World Servers, with nine sub-groups, one of which is engaged in magnetic healing. There is great hope for them in the future by the Hierarchy, expecting them to be capable, if successful, during the next couple of centuries to:

1. *Anchor on earth certain types of the higher forces which the race needs which are not yet active.*
2. *Develop the six supernormal powers.*
3. *Train the group members in that synthetic relation which characterizes the Hierarchy and so prepare them for initiation.”* (DINA I – pg. 54)

It is interesting to know which are these **six supernormal powers** mentioned by Master D.K.:

1. *“Intuitional response to ideas.*
2. *Sensitiveness to the impression which some member of the Hierarchy may seek to make upon the mind of the disciple. It is for this reason that I am training you to utilize the Full Moon contact.*
3. *Quick response to real need...I refer not here to a solar plexus reaction but to heart knowledge. Ponder on this distinction.*
4. *Right observation of reality upon the soul plane. This leads to right mental perception, to freedom from illusion and glamour and to the illumination of the brain.*
5. *Correct manipulation of force, involving, therefore, an understanding of the types and qualities of force and their right creative weaving into service upon the outer plane.*
6. *A true comprehension of the time element, with its cyclic ebb and flow and the right seasons for action – a most difficult psychic power to master, my brothers, but one which can be mastered through the use of patient waiting and the elimination of hurry....*
7. *Next comes the quality of mental polarization. What exactly is this power or quality (For you (at this time) it must express itself in two ways:*
 1. *Through the life of meditation*
 2. *Through the control of the astral body.”* (DINA I, pgs. 49-50)

From our appreciation of the above possibilities, we can envision great benefits for us as individuals, for humanity and for the planet; their engagement in service also motivates us to contribute towards the benefit of the whole.

HEALING OF THE PLANET

Depending on the stage of the spiritual path we are going through, we can go even beyond our initial expectations and having acquired significant experience working in a magnetic healing group; we can engage ourselves in the healing of the planet Earth itself. This would constitute an unparalleled challenge for us to face and a motivating force in order to continue with endurance and optimism.

We have studied that our planet is not a sacred planet; however, its physical structure possesses seven centers or chakras similar to us, human beings. Master D.K. explains that:

“...as evolution proceeds, the recipients of the seven ray qualities from the seven sacred planets, thus providing (within the solar ring-pass-not) a vast interlocking system of energies. Three of these centers, representing the three major rays, are well know to you:

- 1. Shamballa.....The ray of power or purpose.
The first aspect.
The energy of will.*
- 2. The Hierarchy.....The ray of love-wisdom.
The second aspect.
The energy of love.*
- 3. Humanity.....The ray of active intelligence
The third aspect.
The energy of mind or thought. (EH – pg. 619)*

Dr. Alan N. Hopking in his book entitled “The Emergence of the Planetary Heart” explains that the **“heart center of the planet”** is now emerging into the human consciousness through externalization of the Hierarchy and dedicated service to Christ. If we can link and expand our healing efforts to work with the 3rd group of magnetic healers, soon this possibility will become a reality. Such activity is in harmony with the purpose of the Logos which is to reach perfection. The lack of harmony not only produces diseases in all the four kingdoms of nature, such as disease, pain, congestion, corruption, and Death, since they are part of the governing conditions in all forms of the microcosm but also in the planet. Such risks involve the Planetary and Solar Logos, due to the level of imperfection still existing.

This can be done through various techniques; presently, the most common is the recitation of the Great Invocation, which benefits all sentient beings as well as the planet itself. Another important aspect is the alignment, understanding the flow of energies as follows:

The Heart of the Hierarchy - the Christ
The Heart of the Planet - the Hierarchy
The Heart of Humanity - the New Group of World Servers
The Heart of the individual

He also explains that our present conflict is related to Hope:

“Mankind’s demand is almost too incredible to contemplate. His ideals are massively elaborate and extremely difficult to fulfill. Yet they are visualized with such simplicity. In fact they are impossible to bring about in our present circumstances. Confronted with global intransigence, from our lips come the words “if only...”, but the laws of cause and effect can neither be reversed nor rearranged. Only by personal/individual self-effort banding together in groups and working with love, responsibility and spiritual service will the contrary to progress –hatred and selfishness – be banished to reveal the inherent goodness, beauty and truth of this little planet.” (EPH – pg. 24)

CONCLUSION

We have pondered on the healing process which starts with the soul and how it can expand to become a group effort and eventually help to cure the planet, with all beings reaching higher

levels of perfection, even the Planetary and the Solar Logos. We have understood the relationship of the soul with diseases, since it is the inhibition of the individual soul's energy that causes diseases; and also the necessity to study and practice according to the Laws and Rules presented by D.K. concerning the Esoteric Healing, understanding the greatest principle of all: **“There is naught but energy, for God is Life”**. Thus, it has become clear to us that we are part of a greater Whole which is Life as expressed by Its Creator.

We have also realized how health depends on the balance between matter and spirit, personality and soul, inside realities and outside phenomena, the interdependence of living beings and humans, as well as the possibility of strengthening our territory of action while working with healing groups. We have appreciated the various hints and instructions given by the Master while acknowledging that this ancient subject of healing is subject to many investigations and experiments; only now Man has reached the point in his spiritual evolution where he can learn and realize the aspects and powers of his subjective and etheric interconnected fields. The processes of life are to be observed and nurtured with love and compassion; the teachings now available represent not only a great motivating force but a path to purification and to enlightenment.

The Tibetan explains what it means to enter the realm of healing:

“When one enters the realm of healing, one enters a world of much esoteric knowledge, and of an infinity of conclusions, and one is faced with the formulations of many minds, who, through the ages, have sought to heal and to help. The why and the wherefore of disease have been the subject of endless investigations and speculations, and much definite deduction has been made as to the cures of such complaints; there has been also much formulation of methods, of techniques, of formulae, of prescription, of varied manipulations and of theories. All these serve to fill the mind with many ideas – some correct, some erroneous – and this makes it most difficult for new ideas to enter and for the student to assimilate the hitherto unknown.” (EH, pg.1)

“All initiates of the Ageless Wisdom are necessarily healers, though all may not heal the physical body. The reason for this is that all souls that have achieved any measure of true liberation are transmitters of spiritual energy. This automatically affects some aspect of the mechanism which is used by the souls they contact.” (EH, pg.2)

Let's engage ourselves in the group efforts which aim to heal individuals or humanity, sharing our knowledge and direct experiences; let's be aware of the great risks we are facing during this time of transition, observing that there is no time to be lost. Let's ponder on the following quote which summarizes the need for sharing, for peace and for continuation of our species:

“WITHOUT SHARING, THERE IS NO JUSTICE,
WITHOUT JUSTICE, THERE IS NO PEACE,
WITHOUT PEACE, THERE IS NO FUTURE.”

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