

# Laws in Esoteric Healing as a Source of Wisdom

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Course 550

## Introduction

Before embarking on the path of esoteric healing we need to familiarize ourselves with some basic truths, imparted through the Laws. There are enumerated ten Laws in esoteric Healing.

What is a Law at all and what is a Law in esoteric healing? Generally a Law may be defined as the expression of the divine Will or as the expression of a higher principle. In esoteric healing Laws are the unalterable conditions imposed upon the healer and he cannot evade them.

A note: There are six Rules in esoteric healing too. These rules constitute the conditions which a healer is advised to follow if he seeks success. The healer himself imposes the rules upon himself through discipline and understanding. These rules are an adaptation of the ancient rules, which have conditioned all occult healers working under hierarchical impressions.

If the healer is aware of these laws and earnestly applies these rules „...*a definite pattern of healing and an emerging technique will take shape in his mind and greatly increases his effective service*“ . (EH, 547)

These ten Laws, not dealing with specific diseases, are about the gradual integration of the Soul/life into Form and its subsequent difficulties in its journey back to his Source. These Laws depict the process of integration of soul energy into personality from the general condition of a lack of alignment between soul and form (ordinary man) to the fusion of soul and form for those who are upon the Path of Discipleship or the Path of Initiation.

It is important to mention here that the basic law is Law One and the other nine laws are variations on a theme or corollaries of law One.

## The First Four Laws – Causes of Disease

What is disease? The answer is given in Law One - „*All disease is the result of inhibited soul life. This is true of all forms in all Kingdoms...*“ (EH, 532) This law conveys to us that disease on a very large scale has been caused by a lack of alignment between soul and its form or by disharmony between the form aspect and the life. Laws of Nature are true not only for man, but for all the four kingdoms in nature and for the logos, either planetary or solar.

This lack of harmony, referring to imperfections and to certain states of consciousness, still waiting mastering, is a cause of those conditions which produce pain, corruption and death. Although – the right attitude towards disease should be that disease is purifying in their effects, for it indicates the blockages in our energy system, and disease should be accepted.

Law One indicates what kind of work awaits the esoteric healer – he can help to remove the blockage to allow the life of the soul to flow.

Law Two explains the causes of disease in greater details, it teaches that disease is a product of three influences - it is a price of karma or inheritance of body with three basic diseases (Syphilis, Tuberculosis and Cancer) and limitations of planetary life. These causes of disease may be personal or as a member of Humanity or as an inhabitant of this planet.

Karma is the Law of Cause and Effect and it claims that everything that is happening in the world today is an effect, which has been initiated somewhere on some level and at some time by the human being himself, both individually and en masse. Karma is very often regarded as only a bad karma, but there is everywhere an abundance of good karma equal to that which is regarded as bad. How does karma work? The soul has incarnated in the three worlds countless times and today a man is the sum total what he has been and is. His etheric body is a focusing point for all the interior energies of body, including pure vital energy and simple planetary prana, but all these are colored by the forces of his astral, mental and soul bodies, indicating the karma of the individual and his point of development. The health of an individual is dependent on the condition of his inner bodies, on their limitations, defects and tendencies, inherited from previous lives.

In the Law Two there is one more statement – *„This must give place some day to that new "Law of Ancient Dominating Good" which lies behind all that God has made. This law must be brought into activity by the spiritual will of man“*. (EH, 543)

Through this statement we are taught that karma is not an inevitable, but it can be offset for it is only the consequence of wrong perception, which can be changed. Disease will disappear on Earth when this new law will come into operation and this will be when a certain percentage of humanity will have reached triadal consciousness.

Law Three again concretizes causes of disease – *„Disease is an effect of the basic centralization of a man's life energy...“* (EH, 558) We are told that disease is the result of a man's focus of attention – the life force will settle where the consciousness lies, for consciousness is ever the directing factor in the expression of the indwelling life. *„Where the consciousness of the man is focused, there the life energy will gather its force“*. (EH, 559) This last quote is a reminder that the basic esoteric law one says that *“all disease is the result of inhibited soul life”* or is caused by lack of harmony between the soul and the form or because the man's **consciousness** is focused on his lower vehicles.

The etheric body via its chakras will express the consciousness of the body whichever is the strongest – either emotional or mental or soul. The role of the healer is to ascertain where is the focus of consciousness of the patient – is it emotional or mental or soul consciousness (very rarely purely physical).

Law Four speaks again in greater details about the causes of disease, which „... *has its roots in the good, the beautiful and the true...*“ (EH, 564) Is there a contradiction here? How could the causes of disease be in the good, the beautiful and the true? There is no contradiction if we only remember that man is a soul, seeking full expression of some divine characteristic. The soul has formed the personality sheaths to function in the three worlds. A point of friction, the real cause of disease, both physical and psychological, is produced when the personality has focused upon the things of the three worlds, but at the same time the soul is on a course of some spiritual reality. Energy follows thought and the focused attention of the mental and astral bodies leads to a concentration of energy in the etheric body, finally directed to the point of friction, the cause of disease. The role of a healer is concerned with the lifting of the point of focus from the lower worlds to the soul.

This Law is first of all conditioning the appearance of disease in the human kingdom, the fourth. When humanity will have its consciousness centered on the fourth plane of buddhi, then disease will disappear.

#### *Two Laws, Explaining Energies and Forces in Us*

Through Law Five a general truth is conveyed that we live in the world of energies for „*There is naught but energy, for God is Life...*“ (EH, 582) and that we ourselves are energy. God is energy and every form is a part of a still greater form; the energy and the forces constitute the sum total of all that is. Man is a bundle of energies and forces, where a force, less potent, is regarded as an energy, imprisoned in a form (a body, a plane, a centre) and energy itself is regarded as a more potent subtle energy from a greater form from a subtle plane which makes an impact on a grosser force.

Law Five declares that there are in man two important energies and additionally five energies present. These two are the monadic ray and the soul ray, conditioning the personality; the additional five are mental, astral, physical and personality ray plus the planetary ray, the third, because it conditions our planet Earth. Today we consider in our ray charts mostly only five rays for although the monadic ray and the planetary ray play an active part in the life cycle of every man, their influence is relatively weak. When man is creating and developing the antahkarana the influence of the monad is increasing and so the planetary ray will have to be recognized.

The energies and the forces are essentially of the divine nature, but the problem as a cause of disease, is in the relationship, established between them. In a wider perspective (or in a narrower, concerning our everyday life too) – the ultimate producer of the situation, either good or evil, is the relationship. Disease is produced either by the conflict of energies with forces or by the conflict of the forces between themselves. In the first case when the soul attempts to gain control of its vehicles, then the personality puts up resistance – the more determined the individual is to submit to his soul energies, the more intense is the conflict with serious physical consequences. The diseases are confined to the areas conditioned by the head, the throat and the heart centres, largely of a nervous nature or affecting the heart or the blood stream.

This Law Six – „*When the building energies of the soul are active in the body, then there is health, clean interplay and right activity...*“ (EH, 607) - teaches us that our physical body has no true life of its own and it is always conditioned by the inner causes; that it is automatic and affected by the causes generated by the action of the soul. What to do to eliminate disharmony and to build a stronger and at the same time more sensitive body? There is a clear recommendation in this Law – direct your attention not to the physical body at any time, but to the soul as the source of all life and consciousness.

We have in our lower bodies, constituting the body of the Lunar Lords, eighteen states of matter – seven physical, seven emotional and four lower mental – enabling our lower bodies to function on the corresponding sub-planes. These are eighteen grades of substance with eighteen vibratory groups of atoms, regarded as ‘evil’ for they are the product of an earlier solar system. We do need these eighteen, but shouldn’t identify with them, for it is past. We must remember that God is life, ever alive and new. In the first solar system the evolutionary goal was the development of the third aspect of divinity, Matter; now we are in the second Ray solar system and our goal is the unfoldment of consciousness (much higher), that is why the physical body can’t be a principle; it is a recipient and not to initiate activities.

In handling diseases the healer is handling involutory lives and attempting to work with elementals, whose natural trend is to block and to frustrate his efforts and the efforts of the soul.

### *Cure Is Possible*

Law Seven teaches us that „*When life or energy flows unimpeded and through right direction to its precipitation (the related gland), then the form responds and ill health disappears*“ (EH, 614) We are told that it IS possible to cure disease for it is possible to establish conscious links and to transmit energy from one aspect of divine manifestation to another. This is the Law conveying the basic doctrine which underlies all manifestation and the fabric of the universe. It states that we all are interrelated and interdependent and that there are the intermediaries between the different points of light, a well-known example of them is the soul between the Monad and the personality. This is so for the triangle is the basic geometric form of all manifestation - the entire cosmic web and solar system is an intricate, constantly moving, interwoven series of triangles, but at the same time there are various triangles to be found in the etheric body of man through the interrelation of the seven centres. Every triangle is the expression of one fundamental energy and of two secondary forces.

In healing the etheric body is the transmitter of energies from a source (either the astral or the mental or the soul body) to the endocrine / glandular system. We are taught that the glands are the intermediaries between the relatively subtle energy bodies and the physical body, between the centre (or chakra which is a wheel of rotating forces, rotating at its own rates) and the physical body and between the healer and the patient.

The healing energy is applied to the chakra, it stimulates the gland and increases its activity. What is this healing energy? It is the life energy, not the energy of consciousness - „*The healer ... does not work with the consciousness aspect; he works entirely with the life aspect; ...*“ (EH, 628)

The life energy pouring through the chakra, has an effect on the consciousness on the patient; this energy purifies and brings harmony to the astral lunar lives.

### Death

Law Eight deals with the subject of death - „*Disease and death are the result of two active forces. One is the will of the soul which says to its instrument: 'I draw the essence back'...*“ (EH, 633) Our reactions to death of a closer relative or of a good friend may be rather emotional for it is hard to accept the loss of a beloved person. By the definition of Alice Bailey, death is the experience which frees us from the illusion of form.

The soul wants to end this cycle of manifestation – it is a clear reference to the Law of Periodicity – man as a soul inhabiting a physical body, manifests into the three worlds cyclically. The basis of these cycles is the will of the immortal soul to incarnate on earth (or to withdraw from incarnation). It is the soul who builds the physical body and attracts the atoms it needs for its purpose from the planetary source (which is the sum total of all substance). When the time of the physical body is over, then these atoms return to their initial source as the soul, under the Law of Attraction, has withdrawn its attractive power.

### Two Laws for the Initiates

Law Nine, often called as the Law of Perfection, teaches that „*Perfection calls imperfection to the surface. Good drives evil from the form of man in time and space...*“ (EH, 660) This Law and the tenth ~~either~~ are first of all the Laws for the initiates, related to the deepest and profound aspects of Life. Law Nine teaches us the essence of imperfection and evil, defining that imperfection from the most general view as an inheritance from the previous solar system and is deep in the nature of matter itself while Evil emanates from the hierarchy of evil Forces and is related to them who are „*...holding back progress, promoting poverty, breeding hatred and class distinction, fostering racial differences for their own ends and keeping ignorance in power.*“ (EH, 668)

This Law gives us the method employed by Good, the Hierarchy and by the logos and this method is harmlessness. This harmlessness is based on complete self-sacrifice, which fuses three aspects of will – will-to-power, will-to-good and will-to-sacrifice – into a dynamic energy, which is destructive where the forces of evil are concerned. Here are clear instructions to healers – desire nothing for the separated self, look for the sign of divinity in all and practice harmlessness, which is first of all a positive attitude of mind, expressing in sacrifice, in forgiving, in giving of oneself, in all-inclusive Love for the sake of others and for the good of the whole group. Harmlessness is a quality of the soul, which makes a healer not to speak a word that can damage another person, not to think a single thought that can produce misunderstanding and not to act on a way which can hurt physically or psychologically. Harmlessness is distributed by the heart centre and it is a unifying agent; it „*... is the key to the release of the lower nature from the grip of the world illusion and from the power of phenomenal existence*“ . (EP II, 129)

The role of the true healer transmitting the love of the Soul, is that his activity brings imperfection to surface, eliminating it on a lower level; on the macrocosmic level the will-to-good of the Planetary Logos drives evil from the form of man as only the will-to-good is powerful enough to oppose the will-to-evil. For the struggle upon the larger scale “... *is between form and the life within the form, and between progress, leading to the liberation of the human spirit, and reactionary activity, leading to the imprisonment of the human consciousness and the restriction of its free expression*“. (EXH, 128)

### Death on a Larger Scale

On a larger scale this Law Ten is again about death (the experience which frees us from the illusion of form), but on a much higher level of evolution, covering the releasing processes of the soul and of the Monad. It is truly understandable by the disciples of the later stages of the Path of Discipleship and for the initiates after the third initiation, when soul is attaining or is in full control of its personality, and after the fourth initiation when the causal body is left and the monad is releasing.

The death processes, including the discarding of the physical body, are the same for everyone, but an average man is passive to the process of death and the disciple or the initiate, identified with his soul, dies by an act of his spiritual will (or in response to group or planetary karma) and he is conscious of this process.

Summing up: Through the Ten Laws of Esoteric Healing we learn to see the world as energy and ourselves as a part of this whole; we realize the deepest causes of disease and our possibilities to cure them and first of all – we attain a positive attitude of mind as one of the preliminaries on true liberation from the chains of matter. These ten Laws depict first of all the process of integration of soul energy into personality from the general condition of a lack of alignment between soul and form (ordinary man) to the fusion of soul and form for those who are upon the Path of Discipleship or the Path of Initiation.

### Abbreviations

EH – Esoteric Healing, by Alice A. Bailey,

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EP II – Esoteric Psychology – Volume II by Alice A. Bailey,

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EXT – The Externalization of The Hierarchy by Alice A. Bailey,

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