

# Esoteric healing through the Lemurian, Atlantean and Aryan states of consciousness

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Esoteric healing in its approaches recognizes the need to differentiate between the states of consciousness of the one to be healed. Unlike modern medicine that is focused almost exclusively upon the healing of the dense physical body, the esoteric approach addresses primarily the causes of the disease or fiction, presenting themselves through some physically manifested discomfort or disease. By doing that it is of utmost importance for the healer to realize the state of consciousness of the patient, or to word it otherwise, to know where lays the emphasis of the life force within him.

In the following paper we will therefore explore primarily the 3 Law of Healing<sup>1</sup> and see how this relates to the states of consciousness that have been called the Lemurian, Atlantean and Aryan. These states of consciousness can be viewed from two standpoints. As races, where the respective state of consciousness was primarily developed:

Lemurian	→	3 <sup>rd</sup> race <sup>2</sup>	→	physical consciousness
Atlantean	→	4 <sup>th</sup> race	→	astral consciousness
Aryan	→	5 <sup>th</sup> race	→	mental consciousness

Or we can view them as states of consciousness within the present day humanity, with the corresponding centralization of life energy:

Lemurian	→	physical centralization <sup>3</sup>	→	physical urges
Atlantean	→	astral centralization	→	astral desire
Aryan	→	mental centralization	→	mental creativity

This is of course a wide generalization and many intermediary states exist, however the above differentiation corresponds to the 3 vehicles of personality expression:

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<sup>1</sup> *Esoteric Healing*, A.A.B.: p. 54, 558-565

<sup>2</sup> The first two races did not poses dense physical bodies and will therefore not be considered.

<sup>3</sup> Physical centralization is at this stage of humanity development almost non-existent, the “young” races, like the bushmen, from the development standpoint have succeeded in developing at least a measure of astral consciousness and are rapidly becoming “Atlantean” or leaving incarnation, because this planet does no longer provide a suitable place for their development.

Lemurian → physical/etheric vehicle

Atlantean → astral vehicle

Aryan → mental vehicle

Therefore it is somewhat useful for the healer to accept these three states of consciousness as anchor points in determining the state of development of his patients.

### 3<sup>rd</sup> Law of Healing

Now we can take a look at the 3<sup>rd</sup> Law of healing and its implications in connection with the states of consciousness:

*Disease is an effect of the basic centralization of a man's life energy. From the Plane whereon those energies are focused proceed those determining conditions which produce ill health. These, therefore, work out as disease or as freedom from disease.*

This is one of the fundamental laws governing the diagnostic process of the healer and his approach to healing. It reveals where the sources of the trouble can be sought and consequently the methods that can be applied and are suitable. To make this clear it would be perhaps prudent to explore the subjective and the objective causes of disease and the connection this has to the statements of the 3<sup>rd</sup> Law.

Every disease manifesting within the physical body is caused by two basic factors, a subjective factor and an objective factor, working together. Modern medical science has done great strides in exploring the objective factors. These are the deficiencies and weaknesses in physical vehicle itself. They can be hereditary and thus conditioned by karma, or due to the enviroing conditions, like sanitation, work place conditions, pollution... Healer should be acquainted, at least to some extent, with the objective causes present within the patient. This necessitates:

1. To know the patients living conditions.
2. To ascertain his living habits and rhythm.
3. To be aware of his nutritional habits.
4. To be acquainted with his medical history.
5. To know to some extent the history of diseases in his family tree.

All this information gives the healer an overview of the possible objective causes of the disease. Particularly points 4 and 5 necessitate his cooperation with the physician of the patient or at least knowledge of the patient's medical records. The objective causes can cause the disease by themselves, particularly this relates to the enviroing conditions that can have such a poisonous effect upon the body, that men living in them are almost powerless to do anything about it. Unfortunately throughout the world such polluted areas are not rare. In such cases all the healer can

do is to apply palliative measures and to cooperate with the physician to remedy the poisonous state. The only real healing measure would be to remove the patient from this environment, however many times this is not possible.

The objective causes, particularly those that are present within the body and are hereditary, are latent causes. By themselves they do not cause disease, but are dormant weaknesses, that manifest themselves as disease only when the subjective cause is also present. The subjective causes are however always conditioned by the basic centralization of life energy and thus to the stage of development or state of consciousness. Why this is so we will briefly touch upon in the next heading.

### **Consciousness and its conditioning power upon the flow of the life energy**

Life energy is the energy of the one source of life to us all that nourishes us, sustains us and enables us simply to be. As its name implies without life energy there is no life. Every form, whether dense physical or made of finer substances is dependent upon this life energy to function and on proper distribution of life energy depends the correct functioning of the form. If this life energy is withdrawn, the form, or body, dies. If its distribution or flow throughout the form is impeded, disturbed, or is otherwise out of balance, the form succumbs to sickness.

What does then cause the life energy to distribute incorrectly? The 3<sup>rd</sup> Law of Healing states that "Disease is an effect of the basic centralization of a man's life energy". This centralization is conditioned by the activity of man's consciousness. It is determined by the state of consciousness he dwells in predominantly in his life. To illustrate this and to connect this to the three types of consciousness, it can be said:

1. Physical or Lemurian consciousness: Man is predominantly aware of his physical senses and urges. He is focused on the demands the physical vehicle presents to him. The astral or emotional nature is subservient to the physical. He sleeps, eats and reproduces, not much else is present. Predominantly the man expresses himself through the sacral center.
2. Astral or Atlantean consciousness: This state of consciousness is also called desire nature. Man seeks satisfaction of his desires, whatever they may be. With low grade astral consciousness these are predominantly focused upon deeper and fuller physical satisfaction and comfort. Higher the grade, the more refined and diverse are the desires to be fulfilled. The center that predominantly expresses this kind of consciousness is the solar plexus center.
3. Mental or Aryan consciousness: Man truly becomes a thinker, user of his mental faculties, not only to satisfy his desires, but to understand, to create, to relate, to plan, to organize and to dominate. Doing this he uses mainly his throat center and also ajna center.

Again it must be stressed these are wide generalizations. Most people are not pure mental, astral or mental types. The majority of us are somewhere between the Atlantean and the Aryan state, called also Kama-manasic consciousness, or desire-mind. For our illustration we will use an average kama-manasic man and see how his state of consciousness is related to his personality vehicles and how this affects the emphasis of his life force.

Kama-manasic man expresses himself primarily through his astral and mental vehicle. This means that most of his inner processes, or that what he perceives as his thoughts, desires, character, originates on astral or mental levels of his being and is then via the appropriate etheric center translated on the physical plane. He is therefore most potently aware of his emotions and desires, together with some measure of mental reflection and creativity, usually used to get what he wants. All this strongly affects the inflow of the life energy. Energy follows thought, or to expand upon this basic truism, energy goes there, where the consciousness is focused and finds its main sphere of activity. For our kama-manasic man this are his astral and mental bodies. It is there where he is most active and there he “uses up” or retains the majority of his life energies. Life energy is the central basic energy of man, where the consciousness energy is the result of the action of the life energy upon different states of substance, thereby evoking different states of consciousness. Where the centralization of consciousness in a particular incarnation will lie, is determined by the soul. The soul sets the stage for a particular incarnation by choosing the point of entry (astrological conditions), place of entry (hereditary and group conditions) and the centralization of consciousness (psychological conditions). For kama-manasic man the soul after this initial impulse, coordination and organization, during the incarnation esoterically remains only as an overshadowing agency, retaining only the life link with its reflection the threefold personality. And this is where the trouble for our kama-manasic man begins. During the incarnation it is the incarnated aspect of mans consciousness that is in control, not the soul aspect. The flow of life energy is therefore conditioned and directed by the threefold personality, with kama-manasic man predominantly astral and partially mental consciousness.

Health, psychological and physical, is dependent on the correct distribution of life energy. The consciousness of kama-manasic man is far from being balanced and this profoundly affects the energy flow through his entire system. For example intense and prolonged emotional reactions can and do disturb the free flow of energy which can be retained in the overly energized astral body, causing devitalization of the etheric; or the energy finds an outlet in the etheric body that causes overstimulation. In both cases, if the situation is perpetuated, it leads to physical disease. Too much or too little life energy flow both cause disturbance in the functioning of the physical body and eventually disease. Since kama-manasic man is mostly occupied with his desires, and also his thought life revolves almost exclusively around them, the forces of his consciousness conditioning the flow of the life energy have their origin predominantly within his astral body, less so in his mental body. Thus the origin of his ill health can be sought within these two bodies.

This was a short illustration how the consciousness of a kama-manasic man affects the free flow of the life energy flowing through his system. The same principle of course is true also for other types of men. If we apply this to our theme of three stages of consciousness this reveals where we must seek for the causes of the disease in relation of the patients stage of development:

- Lemurian → causes arising mostly within the etheric vehicle
- Atlantean → causes are mostly of desire or astral nature
- Aryan → causes are to be predominantly found in established mental patterns

Esoteric healer always endeavors to find the deep seated causes of the disease and to apply the healing in line with his findings. Therefore it is imperative that he ascertains, as accurately as

possible, the stage of development of his patient. This reveals to him, in most cases at least, where lays the focus of his consciousness and the emphasis of life energy.

### **Ascertaining where lays the emphasis of the life energy**

How does the healer ascertain the emphasis of the life energy? A general answer would be with intuition, experienced observation and a short interview with the patient. As a general rule his patients will be predominantly somewhere between the Atlantean (kamic) and Aryan (manasic) consciousness. The diversity of the intermediate stages is however vast. Although it will probably be impossible to pinpoint the exact stage of development, the healer can with relative ease ascertain to what extent emotional nature still controls the patient and whether the mind is strongly present or not.

Some indications where the focus and centralization of his consciousness lies can be found by knowing the following, with help of intuition:

1. His vocation. Particularly this reveals the strength of the mind nature.
2. His life goals and desires.
3. Place of the disease, if below or above the diaphragm and which center rules the diseased area. As a general rule, the higher the center involved, more mind is present.
4. His attitude towards disease. Passive acceptance or emotionally colored response is indicative of a strong astral nature, where a desire to control and understand the disease for example hints at stronger mental nature.
5. His attitude towards responsibility for his condition.
6. His views on the cause of the disease. This is particularly useful for the healer to know as it can help him to psychologically find the point exact through which relief must come. By knowing the state of mind of the patient he can help him to correct the attitudes in his life that are causing the disease.
7. Knowledge of the patients relations with the people close to him. This is perhaps the most revelatory of all the points, it however demands from the healer a great amount of detachment, much experience and sound intuitional perception. Without this healer will be simply drawn into the patient's whirlpool and if not careful will be consumed by it.

It is very helpful if the healer is to some extent acquainted with the patient and fosters a long term relationship with him, similarly to the approach in many countries where everyone has their own personal physician. All the above necessitates that trust is established between healer and patient and that takes time, particularly if trust is to be established on sound foundations and not blind faith. It is however an almost unavoidable basic requirement for successful healing work.

When the healer comes to the conclusion he knows enough of the patient to successfully determine where the centralization of his life energies can be found, he can then proceed with more detailed diagnostic and is able to choose the appropriate method of healing, suited for the patient's stage of development. In determining the method the healer must also take into consideration the nature of disease, its causes, as far as he is able to determine them, and also his own stage of

development and the possibilities and limitations his equipment presents. In this short paper we will not enter into details of relating inner causes with outer disease, rather we will focus on the attitude the healer should assume in his approach to different types of patients and healing methods that are effective for these types.

### **Attitude of the healer when treating patients on different stages of development**

Perhaps it would be appropriate to emphasize the healer should always be motivated by love and harmlessness, regardless who he is trying to heal. All men whether highly developed or not, are sons of Mind, and are divine beings seeking fuller expression. To determine their stage of development and the focus of their consciousness should therefore never be used as something that determines their worth as human beings, or their relative importance, or any other discriminatory evaluation. Right motives are fundamental for every healer. If he searches within himself and finds his motives are not based on love and selflessness, he should not heal.

However it is a fact people are at very diverse points of development and this determines also the attitude the healer assumes when approaching the patient. There are two aspects of approach that must be considered, one is psychological, the other methodological. Under this heading we will focus primarily on the psychological aspect, methods will be discussed in the conclusion of this paper.

Again we will for clarity's sake limit ourselves to 3 developmental stages or states of consciousness and observe the different psychological approaches the healer should take with the Lemurian, Atlantean or Aryan type of patient, corresponding to the three types or states of consciousness, the Lemurian, Atlantean or Aryan.

Healer should approach the Lemurian type patient, which is almost non-existent in its pure form, with authority that his wisdom and experience afford him and impose the required attitude or healing measures on the patient. The healer should not expect understanding or cooperation from the patient. He assumes the position of authority and lovingly, gently but firmly directs the patient to become calmly receptive of the healing measures and to apply the necessary adjustments to his way of life – these will mostly be adjustments to living conditions and perhaps some measure of disciplining the body. This is not unlike the authority a parent has to his children and should not be confused with imposing ones will upon a weaker will. Even with people of low development the healer should never use neither his will, nor the energy of the will.<sup>4</sup> With Lemurian or Lemurian-Atlantean type inner psychological factors are not yet developed and play only a minor insignificant role as causes.

With Atlantean type of patient the healer still almost cannot expect any intelligent cooperation with the healing work itself. With the strongly emotional patient, as most Atlantean types are, healer should first of all calm his emotional turmoil and so pacify his personality. This is necessary, for

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<sup>4</sup> Rule six of Esoteric healing:  
The healer or the healing group must keep the will in leash. It is not will which must be used, but love.  
Esoteric Healing, A.A.B. p. 672-678

strong emotions can prevent the healing energies to reach the desired center in the etheric body of the patient. However with most Atlantean or advanced Atlantean types healer can hope for some measure of understanding from the patient. An experienced healer will be able to dampen the fears or anxieties of the patient by outlining the healing procedure and possible outcomes, but without going deeply into causes or details of the procedure. The main emphasis should be on relaxation, calm, letting go. Strong desire to be healed can also be disturbing to the healing process. This, if successful, induces the patient with a state of quiet receptivity and prepares him for effective healing work. The healer can also attempt to instruct the patient into taking the necessary steps to deal with the cause of the disease. If the healer has succeeded to establish a sympathetic relationship to the patient, his word will carry weight and he will be able to wisely guide the patient to deal with the situation that has caused the disruption of the life force distribution. With the Atlantean type the cause will most likely be seated in his desire nature. It is this level of consciousness that should receive the most attention of the healer when trying to “lift the eyes of the patient”<sup>5</sup>. With Atlantean type the healer attempts to evoke the mind nature and so help the patient effect a lasting cure by addressing the subjective cause (based in his astral nature) within him with understanding.

With the Aryan type the healer can usually count on his cooperation. The mind is already well developed and usually the patient has some understanding of the subjective causes behind the outward manifestation of the disease. With more advanced Aryan types a measure of soul contact is also present and this offers new possibilities to the healer, as he can count on the cooperation not only of the patient as personality, but also his soul. He can then work soul to soul with the so called radiatory healing<sup>6</sup>. In many ways the methods available to the healer when treating Aryan types are simple and most effective. However the healer will deal with strong personalities, who have an established opinion about things, including health, approach to healing and the nature of their disease. These opinions – maybe we can also call them in some cases preconceptions – can prove to be very limiting to the healer’s efforts. Healer will have to contend with these when he will try for example to explain the laws of health and of healing to the patient, with hope to illuminate him and get him to consciously cooperate with the healing effort. This is one of the reasons why Aryan types often do not seek the help of the healer; many healers today are not able to provide a sufficient explanation of their healing process that would satisfy the more demanding mental type of patient and therefore repulse such patients. With Aryan types the healer’s main work will be on mental levels, dealing with thought forms which are limiting the patient to establish a closer rapport with the soul. These limitations may or may not be connected to the outward disease, however to the esoteric healer they represent conditions that hinder the free flow of soul life<sup>7</sup> and are therefore considered as in need of healing. Pure Aryan types are very rare, most are still tinged with desire nature and the healer must take this into consideration. The causes of disease will still be found within the astral nature, regardless of much stronger and more developed mental nature.

Many intermediate types exist between the three mentioned and the healer must be able to recognize them. If he loves deeply enough he will be able to really know his patients, to assess their level of consciousness and to modify his healing technique and approach accordingly.

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<sup>5</sup> Paraphrase of Law IV, Esoteric healing, A.A.B. p. 565

<sup>6</sup> Esoteric healing, A.A.B. p. 653-658

<sup>7</sup> Law I, Esoteric healing, A.A.B. p. 539-544

## Techniques and methods for the three states of consciousness

Under this heading we will only briefly touch the possible modes of healing that are available to the healer when dealing with patients with widely different states of consciousness. Modes of healing can be roughly divided into two groups:

1. Magnetic healing
2. Radiatory healing.

In magnetic healing healer attempts to reestablish the correct flow of life energies within the etheric body; he does this with magnetically attracting the needed energy to a certain center<sup>8</sup> within himself (usually this is ajna center, the directing agent of the healing work) and then directs it through the center within the etheric body of the patient that is in need of stimulation.<sup>9</sup> If the center is over stimulated, or some kind of energy is being unduly transmitted through it, the healer magnetically withdraws the congested or misdirected energy from that area or center.<sup>10</sup>

In radiatory healing it is the soul of the patient that is the recipient of stimulation, via the patient's aura.<sup>11</sup> This mode demands from both healer and patient to have some measure of soul rapport established. The stage of development therefore plays a major role in choosing the appropriate mode and method of healing. In radiator healing the task of the healer is simply to contact his soul and then via that contact establish contact with the soul of the patient. The stimulation of the patient's soul allows it to augment the life forces within the patient's body and thus promote the natural healing process.<sup>12</sup>

This is only a broad outline of the two general modes of esoteric healing. The first is the manipulation and direction of vital currents of prana or vital energy, the second the use of soul energy in healing. The effects are also different, with magnetic healing the effects are etheric and via the gland connected with the centers worked upon also psychological, while with radiator healing the effects are first psychological, via the stimulation of the aura and thus the mental and astral bodies, and only as effect physical. It is therefore obvious that magnetic healing will have stronger impact on physical, outward symptoms of the disease; however radiator healing will be more successful in healing the inner subjective causes found usually on the plane "whereon man's life energies are focused".

With the Lemurian type only magnetic healing can be used. The troubles will be mostly due to the conflict between forces within the etheric body. Very suitable methods would therefore be the laying on of hands<sup>13</sup> and the use of withdrawing energy, or the method of active hands<sup>14</sup>. The psychological factors that originate within the astral or mental body and are expressing themselves through the major centers are as yet very poorly developed; the only really active centers for the Lemurian type are the sacral center and the base center. The solar plexus is slowly developing, as is the astral body,

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<sup>8</sup> Esoteric Healing, A.A.B. p. 100

<sup>9</sup> Esoteric Healing, A.A.B. p. 287

<sup>10</sup> Ibid.

<sup>11</sup> Esoteric Healing, A.A.B. p. 658

<sup>12</sup> Esoteric Healing, A.A.B. p. 656-659

<sup>13</sup> Esoteric Healing, A.A.B. p. 649

<sup>14</sup> Ibid.

but still not very active. Esoteric healer with his methods cannot contribute much to the health and development of the Lemurian type. Mostly he can help to strengthen the natural immune system of the body and help it to combat disease more effectively, or he can work plaintively, relieving pain and helping the patient on a smoother and possibly faster path of recovery.

With Atlantean type the causes of disease are slowly becoming more psychological, more individual. Diseases will still be found below the diaphragm, however with the Atlantean type the most active center becomes the solar plexus. The healer will therefore work predominantly with this center, and also with the sacral center, but rarely with ajna, the throat or the heart center. The main technique will still be magnetic healing. However with the more advanced Atlantean types also radiatory healing is useful, particularly in connection with the astral body. Healer must therefore take great care that he does not intensify the trouble, instead of healing it. If he is not clairvoyant he should prepare himself well before attempting to do healing work, particularly with the Atlantean and advanced Atlantean type (also called kama-manasic), the two types that also represent the bulk of today's humanity. The most important realization he needs to begin his diagnostic process is to determine where the life force of the patient is centralized. This is his starting point – and it is not enough just to determine that his life energies are centralized for example in his astral body, as is the case of Atlantean type. There are vast varieties of conscious expression possible on the astral plane; there are the low lever animalistic cravings and the higher aspirations, just to mention two extremes. Substance needs to be added to the basic realization of the plane where the life energies are centralized. This is described by the First Rule of Healing:

Let the healer train himself to know the inner stage of thought or of desire of the one who seeks his help. He can thereby know the source from whence the trouble comes. Let him relate the cause and the effect and know the point exact through which relief must come.<sup>15</sup>

This rule expresses quite beautifully the need for the in depth knowledge of the patient. This should always accompany the basic realization of the centralization of the life energies. Perhaps the safest way to proceed would be:

1. To ascertain the general level of consciousness of the patient. This was discussed under the heading "Ascertaining where lays the emphasis of the life energy".
2. To determine the inner stage of thought or of desire of the patient. This can be done psychologically, with the help of an interview, or if the healer is more advanced, with the use of pendulum, or by clairvoyant observation, or even by direct intuitional perception. It can be also a combination of a few methods. Luckily every part of human being is a mirror reflection of the whole. Awareness of this fact can substantially facilitate the diagnostic process, which is in esoteric healing to search and find out the inner causes of disease. For example, the state of the centers, if known, exactly reveals the stage of development; it also reveals which energies are most active within a man. Also diseases are revelatory in this manner; diabetes for example can be traced directly to the working of the pancreas, and thus to the solar plexus center, of which the pancreas is the precipitation, and then onward to the astral body, of which the solar plexus center is the main outlet for its energies. This process is not easy, but

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<sup>15</sup> Esoteric Healing, A.A.B. p. 18, 550-558

as our knowledge of connections between the subjective world and outer symptoms increase, so will also our capacity to determine the “point exact through which relief must come”.

3. To choose the appropriate healing approach based on the findings from the first two points.

If the healer’s conclusions are correct and the patient’s destiny is to be healed the employed methods, whether magnetic or radiatory, will help the patient to remove the cause of the disease, or at least to lessen the friction or imbalance of energies within the patient’s subtle energy systems. With Atlantean type the healing will usually take place on astral levels where his emotional responses will be adjusted and subside so that he will again be able to continue with his life. How far the healer will be able to help the patient in removing the causes of the disease is not only dependent on healing work per se, but also on the patient’s willingness to address the cause and to make the proper adjustment in his own life. With Atlantean type this can be difficult, as he has not yet arrived at the point of conscious self improvement and development. However the healer can help him with a few suggestions that will help him live a full and relatively healthy life, slowly gathering experience and gaining in quality.

With the Aryan type the causes of disease are mostly found on mental levels and in the case of aspirant and especially disciples can be due to the soul contact. For the healer healing of Aryan types is the easiest. He is able to use the full potential of the radiator healing technique and he has a patient he can cooperate with, who is intelligent and aware to some extent of the inner subjective causes. The healer can even count on the capability of the patient to be able to direct energies himself and can use this fact to augment the effect of healing energies. Diseases will mostly be found above the diaphragm, problems with the heart and nervous system will preponderate. With Aryan type healer can use also the magnetic method, especially for cleaning congested areas in the etheric body or alleviating the tension therein, particularly in the head.

We will conclude this paper with a few tabulations that synthesize what was presented.

#### A few tabulations:

Type of consciousness	Most prominent etheric centers		Centralization of life energies
	Pure type	Advanced type	
<b>Lemurian</b>	Sacral, Base	Solar plexus	Physical/etheric
<b>Atlantean</b>	Solar plexus	Throat, Ajna	Astral
<b>Aryan</b>	Throat, Ajna	Heart, Head	Mental

Type of consciousness	Healer – patient relationship
<b>Lemurian</b>	Healer assumes position of loving authority, without imposing his will.
<b>Atlantean</b>	Healer calms the patient and prepares him to be receptive to healing work.
<b>Aryan</b>	Healer cooperates with the patient.

Type of consciousness	Method employed
Lemurian	Magnetic healing
Atlantean	Mostly magnetic healing, also radiatory healing
Aryan	Mostly radiatory healing, also magnetic healing

## Conclusion

Esoteric healing is a fledgling science. Much is yet to be discovered and much experimentation and research done. However the principles will remain the same and one of those principles relating to the effect of mans consciousness on the flow and distribution of life energies was briefly explored in this paper. There are many question related to it that remain to be answered. For example the question of the relationship between the three subtle bodies of man, of the intricacies of the etheric centers and their interplay, of connection between the psychological causes and the outward symptoms or diseases, of correct distribution of energy and of correct relation between forces or emanations of various centers and energies, of proper training for the healers and systemization of their work, and so on. The road will be long, but one well worthy of travel.

Esoteric healing is ultimately an art of releasing the soul whether by bringing in life more abundant to life on the physical plane or through death, when the soul's intention for an incarnation is fulfilled. To conclude the paper, a quote from Paracelsus:

Medicine is not only a science; it is also an art. It does not consist of compounding pills and plasters; it deals with the very processes of life, which must be understood before they may be guided.

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