

An Overview: the Return of the Monad to its Home, through the Process of Alignment

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Course 250

Summary:

In this paper a pilgrim or monad, starting his trip from the monadic plane makes a turning point on the physical plane using the integration process and alignment.

Yearning

Sometimes it is beneficial to think who we are, where we are coming from and where we are going to or we need to come back to our roots.

“There is one Boundless Immutable Principle; one Absolute Reality which antecedes all manifested conditioned Being. It is beyond the range and reach of any human thought or expression” – is stated as the first basic proposition in the Secret Doctrine, the marvelous piece of work of well-known esoteric Helena Blavatsky. In the part of Cosmology of the same piece of work she has proved that we live in the world of energies and we ourselves are the bundle of energies.

The source of all the energies is one

All energies and forces within the universe originate from one central Source or Sun. They divide into three - the three Divine aspects, which are Spirit, Soul and Body or life, quality and matter or form. This is the Trinity which divides again into five, and then into seven; thereafter the way back to his Source, into the One. Our universe operates under a Septenary Law.

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“Universal Genesis starts from the **one**, breaks into **three**, then **five**, and finally culminates into **seven**, to return into **four**, **three**, and **one**.” [SD II, 160]

“As there are seven Dhātu (principal substances in the human body) so there are seven Forces in Man and in all Nature.” [SD I, 289]

“One: There is one Life, which expresses Itself primarily through seven basic qualities or aspects, and secondarily through the myriad diversity of forms.” [EP I 141]

Destination

What is the objective of all the process from the one through three, five, seven back to the one? The objective of the evolutionary process is the *unfoldment of conscious awareness*, where the nature of that awareness is that of quality. The evolution is the story of the unfoldment of consciousness. Life after life we accumulate our quality in our everyday relations and experiences, which teach to us to see the inner reasons and our motives behind all of our activity. We discover that behind the outer world, the world of appearances is the other one, the world of meaning - and we begin to see the beauty of the whole unrevealed world. We discover that the universe is not of a sequence of the accidents, but that there is a Plan, the Divine Plan.

Divine Plan

The same one Life expresses itself through seven basic qualities, the seven Rays. “A ray is but a name for a particular force or type of energy, with the emphasis upon the quality which that force exhibits and not upon the force aspect which it creates. This is a true definition of a ray.” [EP I, 315]

The Divine Plan is working out through the universal Mind, which is sum total of the seven Rays, which in turn are the sum total of all the souls within the solar system and therefore give the form world its meaning, its laws and its urge to evolution. Spirit aspect flows through the seven rays through every kingdom in nature and produces all states of consciousness in all fields of awareness. The souls in action produce all forms and according to the nature of the form is the grade of consciousness

Seven Rays

When the ray is in manifestation, it brings in monads upon that ray, and it colours all lives which it conditions, with its quality and colour. These rays influence the matter, affect the personality of man, his three bodies as well and give “*the tone to the life of the personality or to the Ego*” and so the form-side will be responsive to the vibration, quality and nature of that ray.

On manifestation first of all the ray nature of any specific soul is brought into activity. The main characteristics of the ray are - basic vibration, tone and quality; these characteristics are the causes of the basic vibration, tone and quality of the mind-energy. These in turn condition attraction of the appropriate astral substance and finally attraction of the vital body. Now there is upon the physical plane the instrument – a man in his etheric-physical, emotional and mental beauty - through which the quality, tone or vibration of the specific centre of experience can be expressed, and the environment contacted.

First in this man-instrument the nature of the form is dominant – man is focused on the physical plane - and the impacts of the soul are almost unnoticed; man is even not aware of his more complete nature. But step by step the man and his bodies are changing more sensible, the form side will be more sentient towards the environment, which is working as the vehicle leading the man in all his wholeness to the perfection. Eventually the process leads him to the expansion of consciousness.

On advancement the higher impulses will be progressive in their appearance and some changes will be in the parts of this instrument –

- the physical body becomes responsive to desire, ambition and aspiration so that the fusion of the astral body and the physical body will be complete;
- the result of the last process will become responsive to the vibrations of the lower mind, to the intellect, the synthesis of mind and instinct and to the promptings of the soul;

- the result of these two processes is an integration of the three energies which constitute the threefold lower man.

Next the triplicity becomes responsive to itself as an integrated personality and now becomes dominant the rhythm set up by the fusion of the lower energies (the astral and the mental). The triplicity is responsible to the Soul, as the higher centre of experience and the personality can get a vision of its destiny, which is to be an instrument of a higher force. The triplicity is responsible yet to the intuition, to the source of inspiration and to the monad.

Monad

The monad uses the soul as a centre of experience and on the same way the soul uses the lower bodies as the centres of conscious expression. It is in the earlier stages of evolution when the emphasis lays on the lower centres; by the acquiring experiences the man becomes more soul-conscious and the importance of the soul experiences in the three lower worlds decreases. There will come the time when the soul uses his three lower bodies only as instruments of contact with the world of the physical plane. The soul uses astral body, lower mental body and physical body for understanding relationship in the three lower worlds and in the service, but the consciousness of the man shifts into the higher bodies through which expression can become possible and the soul gradually becomes the paramount centre of experience in consciousness.

Man

So a man, a septenary being, as the bundle of energies may be regarded as the subsidiary triplicities expressing the quality of the appearing life:

- Form, matter, expressing the quality of the soul;
- Soul, self-Consciousness, expressing the values of the spirit;
- Spirit, Life, expressing the One Reality.

All these three expressions of the One Great Life are realized by man on the physical plane.

Today most of us has identified with his physical body for the centre of our consciousness is focused on the physical plane. A step forward is that our physical body is only the expression of the One Great Life through the soul.

The sequence of the different levels is -

- first aspect of divinity, the embodiment of divine life is the monadic consciousness, expressing as purpose and intent; it knows the purpose of God and uses the soul to demonstrate this. The soul embodies that purpose and will of God, expressing in seven aspects;
- second aspect of divinity, consciousness of the soul, expressing itself as quality and as the determining subjective "color" of the appearances;
- third aspect of divinity, the creator aspect, the consciousness is that of personality; creating forms through which the quality may express itself; it demonstrates the nature of divinity on the plane of appearances.

Soul

How could we describe the soul? It is a vibrating unit of energy, a part of a divine whole, colored by a particular ray light; it is the union of spirit and matter, expressing divine intelligent awareness, or divine purpose or will. For a man it is one of the seven ray energies for all his incarnations.

The personality is for the soul the instrument to express his qualities that of loving intelligence.

Alignment

What is alignment?

Alignment is the adjustment of an object in relation with other objects, or a static orientation of some object or set of objects in relation to others – it is definition from wikipedia. Alignment is a general process – all ancient cultures were aware that alignment to the galactic center do periodically occur; nowadays our countries are engaged in the alignment processes of different nations. How alignment is related to a man?

*“Man is therefore (from the angle of force expression) a mass of conflicting energies and an active centre of moving forces with a shift of emphasis constantly going on, and with the aggregation of the numerous streams of energy presenting a confusing kaleidoscope of active inter-relations, interpenetration, internecine warfare, and interdependence **until** such time as the personality forces (symbolic of divine multiplicity) are subdued or "brought into line" by the dominant soul. That is what we really mean by the use of the word "alignment". [EP II, 340]*

Why is alignment important? Step by step, the various bodies have been developed, utilized, refined and organized. Alignment is the first true step on the process of turning back from the differentiation, from the seven, to the at-one-ment, to the one, back to home. As it was said, a man may be regarded as a bundle of energies which may be in conflict or in harmony and for an ordinary man they are certainly in conflict. More over – these energies are in constant move; they are inter-related and interpenetrated and these relations are in constant move as well. Through alignment eventuate de-escalation of energies begins- the personality will be under the control by the soul and soul energy may pour down through mental and astral bodies into the brain. Downpouring soul energy helps to awake the brain consciousness to soul awareness and to subjugate the lower nature to the higher energies so to continue the alignment of the bodies.

It leads eventually to a direct alignment of the centres upon the spine and soul energy can move down through the centres from the directing centre in the head. The next stage of alignments is that of soul and monadic rays.

So there are different stages of alignment – in the beginning the ray of the personality begins to control the life, then the soul ray begins to dominate the personality ray and subdue its activity and eventually, the monadic ray takes control. On this final stage the monadic ray absorbs into itself the rays of the personality and of the soul and so duality is finally and definitely overcome and "only the One Who Is remains." It will happen at the third and fifth initiations.

Pattern-Condition

In connection with the Divine Plan we find the flowing out of the divine ideas (pattern) as certain type of energy struggling to emerge into material expression. Once this fine energy subordinates the more superficial coarse energies to their rhythm, but first this energy meets the response of substance to this pattern. It is conditioning, governed, by the point in evolution, the ray type and quality of past karma, the racial, national and family relations.

The divine ideas from the one side and the material conditions from the other in interplay work out the lower mental, astral and physical-etheric bodies suitable for the soul. And we may imagine that the more a man develops the more his lower sheaths approach nearer to the requirements of this pattern.

The energy of divine ideas is light and fine, the energy of matter (words themselves are limiting things and hide the truth) is heavy and coarse, so it is clear that we should seek to eliminate from our minds the more material connotations which we have acquired through the past experiences.

Here the building unit is the soul, experiencing on the path of evolution through his contact and relations, through influences and conscious activity and attaining many states of consciousness. But the soul activity is the result of an initial wish or desire, expressing as the desire to manifest or the creative impulse or the evolutionary urge or the wish to incarnate. All these terms show a duality in the form of "*that which is manifesting through the form of the manifest*". There is one who wants to have a form.

Consciousness

We lay the emphasis and see and comprehend things only of the spheres, where we are awake and of what we are conscious.

A man is a septenary being and his consciousness is usually centered in the three lower bodies; the centres of experience for him are basically his field of consciousness. First of all he identifies with the field of experience or the lower bodies or the form side and not with the formless side or the real self. As he develops his centre of identification turns in and he becomes more aware of the soul and he is less and less interested in the things of the material side of life.

Way Back

On the way back to Home two great integrations take place:

First prior to fusion with the soul, the integration of the personality, where the consciousness of the person shifts out of one body of the threefold lower nature into another and a definite expansion of consciousness takes place so that it will be active in all the three personality vehicles simultaneously. The will of the separative individual, governed by the lower analytical mind, will be in direct conflict with the will of the soul through this process.

The other type of integration is the integration of the personality and the soul so that the soul can function through any one body at will, or function through all the three bodies which constitute the personality simultaneously.

Who are behind these integration processes? It is the soul ray which applies modes of integration when the time has come or when the man is ready and he is an integrated personality; in the earlier stages the task of the soul has been to hold the forms together in incarnation.

What is integration? It is a process, where many parts form one whole, unity, working under the direction of the common leadership. It is not possible to merge parts without desire of the parts to integrate or there must be of understanding of every part that he is a part of the whole, at the same time he is but himself. The process of integration is gradual, it is a conscious assimilation process, where the attitude of mind plays important role. This is a process where cease to be I and you and starts to be WE., or in a family or in a group. The same process comes about even in our work-places, if there is WE-sensation in this work-place; and it is said that such kind of companies can

work more effectively. In man it is said that this is essential step before passing into the fifth or spiritual kingdom.

A disciple integrates his various bodies into one active reality. Technically it is first the fusion of the personality ray with the egoic ray; it is fusion of the three bodies into the one synthetic whole, feeling and thinking simultaneously as one activity.

An integrated individual should recognize relations of the part to the whole and the inter-relation of all parts within the whole.

A good example of the integrated unit is our physical body, working as one living organism, but at the same time having many different parts – liver, lungs, gastrointestinal tract, etc. The manager of all this wholeness is the soul.

Evolve into ...

The evolution of the humanity knows different stages of the integration since the Lemurian times, where took place the integration of the etheric body with the physical body. A man was then of purely animal nature with natural physical appetites; he became the vital, personal being who was able to respond to the impacts of an environment.

Then in Atlantean times the attained etheric-physical association integrated with the astral body; the man can be characterized now through desires for material satisfaction, he is able emotionally respond to the environing conditions, his aspiration and devotion and his sense of duality are developing.

Nowadays is known as Aryan time and step-by-step the mental perception and thought life are adding; the man is becoming intelligently sensitive and he is able to respond to the thoughts, to the impact of ideas.

Advanced people upon the Probationary Path is working on fusing all the three lower vehicles into one of integrated personality is able to act, to feel and to think simultaneously; he is ambitious, effective, and powerful; his focus of the life is predominantly material. But this state is changing as he himself will be discontented with such kind of life experience and he will look for the meaning of the life. His soul demonstrates his existence and impact. This process will be brought to completion under the direction of the spiritual man upon the Path of Discipleship.

Summing up:

Alignment is only one step on the way to One – as we used to think in terms of the lower self (physical body and his needs, emotions and concrete thoughts) and the soul is living in the world of consciousness, so on this process there will be conflicts between the will of the personality and the will of the soul according to the ray type. These conflicts lead us to the twofold changes, first to the destruction of the old forms and then to rebuilding new forms under the light of the soul. Eventually it leads a disciple step-by-step to a process of reorientation, to the revelation of the Plan and finally ... to the identification with the One.

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