



*Lucille Cedercrans*  
*Lois Lucille Stickle Johnson Cedercrans Schaible*

*An Esoteric Psychology Profile* by Victor Dutro Great Quest 02 DHY paper. 2014.

### Biography

Lois Lucille Stickle was born April 4, 1921 in Bowmanville, Ontario Canada. Her parents were Carl D. Stickle and Lucille Delores Cryderman Stickle.

The family moved to the USA in 1921 and Lucille derived US Citizenship through her father's naturalization in either 1922 or 1923.

Lucille had two sisters Patricia Ann Kremer and Marilyn Edith Brewer

Lucille had six children: William Arthur Johnson, Nancy Maria Cavassa, John Michael Johnson, Margaret Ann Weingarten, Donna Lucille Jones and Debra Ann Rhie.

Lucille died June 21, 1984 at General Rose Hospital in Denver Colorado

Lucille is best known as the author of '*The Nature of the Soul*' and '*Creative Thinking*', however she wrote many other books including '*Applied Wisdom*', '*The Soul and Its Instrument*', '*Ashramic Projections*', '*The Path of Initiation*', '*The Disciple and Economy*', '*Leadership Training*' and '*Healing*'.

When I read these books I noticed how similar (in some cases identical) they were to the Alice A. Bailey books and the Teachings of Djwhal Khul. What I didn't know at the time was how these books came into being.

Lucille's child-hood was not a happy one, her parents fought constantly and she felt unwanted and unloved. Her father would get angry and leave for a time and return time

and time again but one day when she was 9 years old, he left and she never saw him again until after she was in her 20's. Lucille felt little emotion about the whole affair.

Lucille once described her mother as “Big Bertha, my mother, made Godzilla seem like a tame calico cat.”<sup>1</sup>

Later she went to live with her Grandparents. She graduated from the 8<sup>th</sup> grade but did not finish High School or get a High School Diploma.

Years later when she was asked about her child-hood she said it was like in a dream, like it didn't even happen. She was so cut off from feeling anything about it.

Universe to Rocking Chair. Are you Receiving?

In 1948 Lucille was 27 years old, had a husband and five kids under age ten and according to her she was “already worn out.”<sup>2</sup> She was totally exhausted and sat in a rocking chair to rest. As she was rocking back and forth something happened that changed her life's direction.

This was the first meeting of what she called “the Presence”.<sup>3</sup> She said, “I am infused with thoughts, concepts, and ideas that I have never considered. It is amazing... foreign ideas, yet familiar. Concepts accompanied by warmth, peacefulness, calmness and a bright, vibrant, luminous light. Spaciousness. Joy. Ever-present Love. Freedom. Understanding. Answers to questions I never even knew enough to ask...”<sup>4</sup>

“For hours, which seem like days, the flood of concepts continues. And finally, a voice or Presence communicates something like: “This is the new phase of your life, something you have created for yourself from the past.” I sensed it meant previous lives, not this life; another one of those concepts that seemed both fascinating and ridiculous at the same time.”

It added more: “You have a choice to continue this process, learn the full meaning of life, and become a teacher of this wisdom.”

“Wisdom? Wisdom, my slippers! That's a stretch. More like crazy baloney that you can't eat, I'd say.”

But it continued: “This would benefit many people, far beyond family and friends. It is important for humanity.”

“Like I even know who humanity is?!” “But it will take much work, time, effort and concentration on your part.”

“This voice would both teach and train me at the same time, using the method that I was experiencing. It was my choice – a choice I was free to make, or to not make.”<sup>5</sup>

Initially, the contact with the Presence was verbal but over time this contact shifted to a

more intuitive understanding; she didn't need to hear the words to understand what was being said.

Lucille pointed out that she received the concept and had to step that down into words, which in the beginning was difficult due to her lack of knowledge or vocabulary. The Presence later known as R or Master R told her to not read or study other materials (such as Theosophy, Alice Bailey, religious or Spiritual works) until after she received her training as a "Communication Station."<sup>6</sup> It was after the 'Nature of the Soul' was written that she was to discover the Alice Bailey material and even after that she never read any of them though from cover to cover. She said, "I was just too busy."<sup>7</sup>

Lucille's main contact was R (Master Rakoczi, the current Lord of Civilization in the Ashram of Synthesis).

She also brought through Master DK (the Tibetan Master Djwhal Khul, source of the teachings presented by Alice A. Bailey). She also brought through KH, M, HI, Serapis Bey, and Master John.

As a protection, Master R was always the initial contact. If Lucille was supposed to project a different master at a session, R overtly transferred the contact from himself to the other Master.

Many of these Masters are identified as members of the Hierarchy in the Bailey books. Eventually, Lucille understood her contacts as being the same contacts.

Lucille would organize a group of students and either bring through what she called a projection or would teach The "Wisdom" which became known as the "New Thoughtform Presentation of the Wisdom (NTFPW)."<sup>8</sup>

She organized and taught groups in various locations in the United States and worked with individuals teaching meditation and the NTFPW from 1949 to 1962. Without any notice Lucille and her husband moved from Estes Park Colorado to Spokane Washington to run a restaurant. She needed a break from what they called "the Work".

Even though Lucille only had an 8<sup>th</sup> grade education she was wise and knowledgeable beyond traditional education.

In 1965 she moved to Ann Arbor, Michigan where she was hired as a research assistant at the University of Michigan, Institute for Social Research.

She became a Member of the Teaching Staff for graduate Social Psychology, became a Senior Trainer with the State of Michigan Training Laboratories.

In 1971 to 1972 she returned to teaching the NTFPW to a select group in Michigan.

In the Summer of 1972 she moved to Portland Oregon to take a job at Northwest Regional Education Laboratory but in the Fall of that year she was struck with

rheumatoid arthritis and in the spring of the following year she was put on permanent medical disability.

In the Summer of 1973 she attended a 7 week Human Development Program by Tarthang Tulku Rinpoche at the Nyingma Institute in Berkeley California. From then on she would teach Nyingma Meditation practices and Tibetan Buddhist philosophy and psychology until her death in 1984.

In 1975 she moved to Denver Colorado and in December Incorporated the Nyingma Institute of Colorado and the Rocky Mountain Meditation Center under the auspices of Tarthang Tulku Rinpoche.

In July 1976 she met and spent time with His Holiness Dudjom Rinpoche, Supreme Head of the Nyingma school of Tibetan Buddhism.

In 1978 she left the two organizations mentioned above and started a group named Udiyan Maitreya Kosha, named by and under the guidance of His Holiness Dudjom Rinpoche, Supreme Head of the Nyingma school of Tibetan Buddhism.

In a letter written in the final months of her life she addressed the importance of her health lessons.

“I am beginning to realize that I probably learned more from the problems with my health and the practice they have forced me to do than from any other situation in my life.”<sup>9</sup> Whether that was sufficient enough for her to progress to the next level, that of the 5<sup>th</sup> Initiation, is unclear.

In the early afternoon of June 21<sup>st</sup>, a clear sunny day, with most of her children and some of her closest friends and students in attendance softly chanting, Lucille quietly died. Immediately upon her death a single loud clap of thunder was heard.

### *Placement of the Path*

According to Gretchen Groth's biography she states that from a transcript of a meeting in late March 1972, Lucille brought through a communication from R which he stated that Lucille functioned as a “Chela on the Thread with the rights and prerogatives accorded to those who serve such a function.”<sup>10</sup>

According to the Master Djwhal Khul in the book '*Discipleship in the New Age*', Vol. 1 p. 673-774 a “Chela on the Thread” is a 4<sup>th</sup> Degree Initiate which is called “Crucifixion”.

Also see additional note in Author's Commentary.

## *Rayology*

I hypothesize that Lucille had a 2<sup>nd</sup> Ray Soul, 7<sup>th</sup> Ray Personality, 1<sup>st</sup> Ray Mind, 2<sup>nd</sup> Ray Astral and a 7<sup>th</sup> Ray Physical body.

As far as the Soul Ray, I debated between 1<sup>st</sup> Ray and 2<sup>nd</sup> Ray as Lucille by all accounts from all that knew her personally remarked how her 1<sup>st</sup> ray Will was very evident. Her drive toward doing her purpose was definitely 1<sup>st</sup> Ray in nature. However, she was really in her element when she was teaching and helping her students. I believe she was on the Wisdom side of the Love/Wisdom of the 2<sup>nd</sup> Ray. I assign her the 2<sup>nd</sup> Ray Soul.

Personality Ray: This could be 1<sup>st</sup> Ray but Lucille had a very strong sense of Organization and much of what she did from classes to projections was very Ritualistic, even her move into Buddhism was very heavy in ceremonies and rituals which she felt very comfortable with. I assign her the 7<sup>th</sup> Ray Personality.

Mind Ray: Lucille definitely had a strong 1<sup>st</sup> Ray influence in her makeup. She had strength of will and the power to initiate action to bring about the spreading of her teachings and leading groups. She never would hesitate moving somewhere new to start another group. She was driven and acted fearlessly. It is true that she would say to friends that she feared that what she was receiving as a projection might be because she was crazy but that didn't stop her from doing or following what R was suggesting. R told the group that she was using that as a "Smoke Screen."<sup>11</sup> Those that knew her said she never once acted like she had any fear.

Astral (Emotional) Ray: Lucille didn't live in her emotions for example when her father left, when she was nine, she was hurt but just shrugged it off and when her grandfather died she woke up her grandmother and said that he had died with out any emotional feelings or connection. That lack of (emotional) connection was one thing that Master R spoke about on several occasions. His warning to Lucille was that she needed to deeply experience life for her own spiritual growth. Lucille's habitual resistance to fully engage in this life and past lives caused the Monad to force the Soul to incarnate and as R says, "This then, means that the last 3 incarnations have been extremely difficult, for they have not only been a cleaning up, so to speak, a balancing of karma carried over from the past, but they have also necessitated a partaking of experience. It is as though it had been necessary, if you would think of it this way, for the Monad to hold the head of the Soul under water, forcing a drinking of that water..."<sup>12</sup> He later warns Lucille that if she failed to fully experience life she would suffer more in a future incarnation. He says, "It is not possible, Lucille, to be of service to Humanity, if you are not a part of that Humanity when you serve. If you allow the concept of service to become the path of escape from life, in all of its meanings, then you beglamour yourself to such a degree that that which you experienced in this incarnation is nothing in comparison to what you will experience in the future."<sup>13</sup>

This teaching was given to Lucille on 9/13/1971 just before she was hit with rheumatoid arthritis and all the pain and suffering she had to endure for the remainder of her life.

She was forced to experience life and be grounded in her body which was constantly racked with pain to the point she could not walk and was forced to use a wheel chair and a neck brace. She could not do much to relieve the pain and so lived the last years of her life in agony. She continued to teach and lead groups in spite of her suffering until near very end of her life.

I assign Lucille a 2<sup>nd</sup> Ray Astral body.

Physical Ray: The Physical body is the Seventh Ray. It was clear to me first by her physical build but also because of her body needed a ritual daily routine. She got up at a certain time, meditated at a certain time. Even her daily preparation and schedule was routine. It was like a ritual that she followed all her life.

### Astrology

I could not find Lucille's birth time but it would be evident that as a 4<sup>th</sup> degree Initiate she would have been on the Cardinal Cross and progressing counter-clockwise around the Astrological wheel. She was born April 4<sup>th</sup> 1921 in Bowmanville, Ontario.

Without knowing the birth time we can't establish the Ascendant or the correct house to sign placements.

The moon which would indicate the past coming into this incarnation and would indicate the instinctive way we learned and operated when we first began our journey this time around in incarnation. Over many lifetimes we have built up patterns of behavior and in times of stress we revert to as the path of least resistance. This pattern based on unconscious behavior and many negative thoughts that keep us reactive to our environment eventually formed a prison for the indwelling soul. This is called the "Prison of the Soul."<sup>14</sup>

The Moon's placement is unclear as the moon moved from Aquarius into Pisces about 8 or 9 am on this date. Therefore anything said about the moon and its effect on Lucille would be pure speculation at this point. I have included the Rays coming through both Aquarius and Pisces and the Rulerships on one of the Astrological charts but I will not speculate which might be correct.

There is little effect of the moon on high initiates. In fact the influence of the planets in general dramatically lessens with each successive initiation.

The only thing we know for certain of the big three is the Sun sign which is in Aries.

Aries brings in Rays 1 and 7 which as I have hypothesized are prominent in Lucille's Ray make-up. Ray 1 being Lucille's Mind Ray and Ray 7 her Personality. This would emphasize these energies in her nature and make-up.

Rulers of Aries are:

Orthodox or exoteric ruler is Mars bringing in Ray 6.

Esoteric ruler is Mercury bringing in Ray 4.

and Hierarchical ruler is Uranus bringing in Ray 7.

Some of the orthodox (exoteric) characteristics of Aries are forceful, initiating, will power and drive, action and ambition.

Some of the esoteric characteristics are directed, and Soul-controlled activity.

We look at the Sun's sign to tell us what personality equipment we bring with us from past lives. There may be some negative traits that might still be needing work on overcoming such as: arrogance, stubbornness, impulsiveness, confrontational attitude and a tendency to leave projects unfinished. We counterbalance these lower expressions with positive traits such as: courage, a positive outlook, mental focus and spiritual development, and an adventurous spirit.

If we look at the virtues of Aries and its rays we can look and see if any of these were lacking or what needed to be expressed to balance the alignment between the Personality and the Soul expression.

Ray 1 Virtues: Strength, courage, steadfastness, truthfulness arising from absolute fearlessness, power of ruling, capacity to grasp great questions in a large-minded way and of handling men and measures.

Vices of Ray 1: Pride, ambition, willfulness, hardness, arrogance, desire to control others, obstinacy, anger.

Virtues to be acquired with Ray 1: Tenderness, humility, sympathy, tolerance, patience.

Ray 7 Virtues: Strength, perseverance, courage, courtesy, extreme care in detail, self-reliance.

Vices of Ray 7: Formalism, bigotry, pride, narrowness, superficial judgments, self-opinion over-indulged.

Note: These personality weaknesses listed in the various rays would have been overcome by a 4<sup>th</sup> degree initiate.

Virtues to be acquired with Ray 7: Realization of unity, wide-mindedness, tolerance, humility, gentleness and love.

Lucille's biographer and long time friend, Gretchen Ann Groth, hints that Lucille may have had a desire to control others and used her "station" in the groups she formed to manipulate others to do her mundane tasks such as child care, cleaning house and cooking and in the last years of her life, to take care of her bodily needs, such as waiting

on her, hand and foot, bathing her and such. On the otherhand, Gretchen Groth conceded that this could have been a way of teaching her followers/students, compassion.

It is my opinion that Lucille was on the Wisdom side of her Ray 2 Soul, that of Love-Wisdom. I believe she needed to balance that hard line of rays 1,3,5, and 7 with the soft rays of 2, 4 and 6. Love and compassion, were needed. In her final writings and comments to her caretakers, Lucille acknowledged that her physical ailments were her lessons to learn (and teach) these traits.

The Aries-Libra Axis: The Earth is always opposite the Sun which placed it in Libra. The Earth is the most grounded point in the Natal chart. In Lucille's case staying grounded was a major problem. It was this Un-groundedness that had caused her being forced into incarnation and as Master R warned her that she needed to fully engage in life or she would suffer the consequences.

In the Aries-Libra Axis the exoteric issue is aggression versus harmony; self versus society. The esoteric purpose of the Aries-Libra axis is emerging mental control over the personality, and establishing balance and soul control over the personality.

As I presented earlier, Master R said, "It is not possible, Lucille, to be of service to Humanity, if you are not a part of that Humanity when you serve. If you allow the concept of service to become the path of escape from life, in all of its meanings, then you beglamour yourself to such a degree that that which you experienced in this incarnation is nothing in comparison to what you will experience in the future." <sup>15</sup>

From this, it is suggestive to me that to "sacrifice" of one's self in service to others may be a glamor if you don't consider yourself as part of that group which you serve. It is a form of elitism and separation and counter to "Unity" or at-one-ment.

## UNDERSTANDING THE ESOTERIC ENERGIES IN A NATAL CHART

*"Know thyself, for in thyself is all there is to know."*  
(from an inscription at a temple in Delphi)

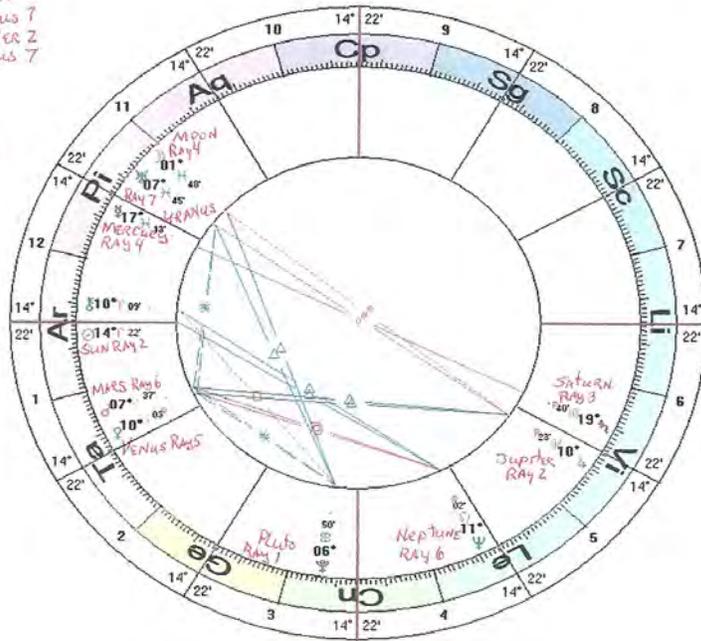
### Lucille Cedercrans - Natal Chart

(Geocentric Tropical Zodiac, Regiomontanus Houses, True Node)

**AQUARIUS**  
RAY 5  
RULERS  
URANUS 7  
JUPITER 2  
URANUS 7

**PISCES**  
RAYS 2 & 6  
RULERS  
JUPITER 2 & NEPTUNE 6  
PLUTO 1  
PLUTO 1

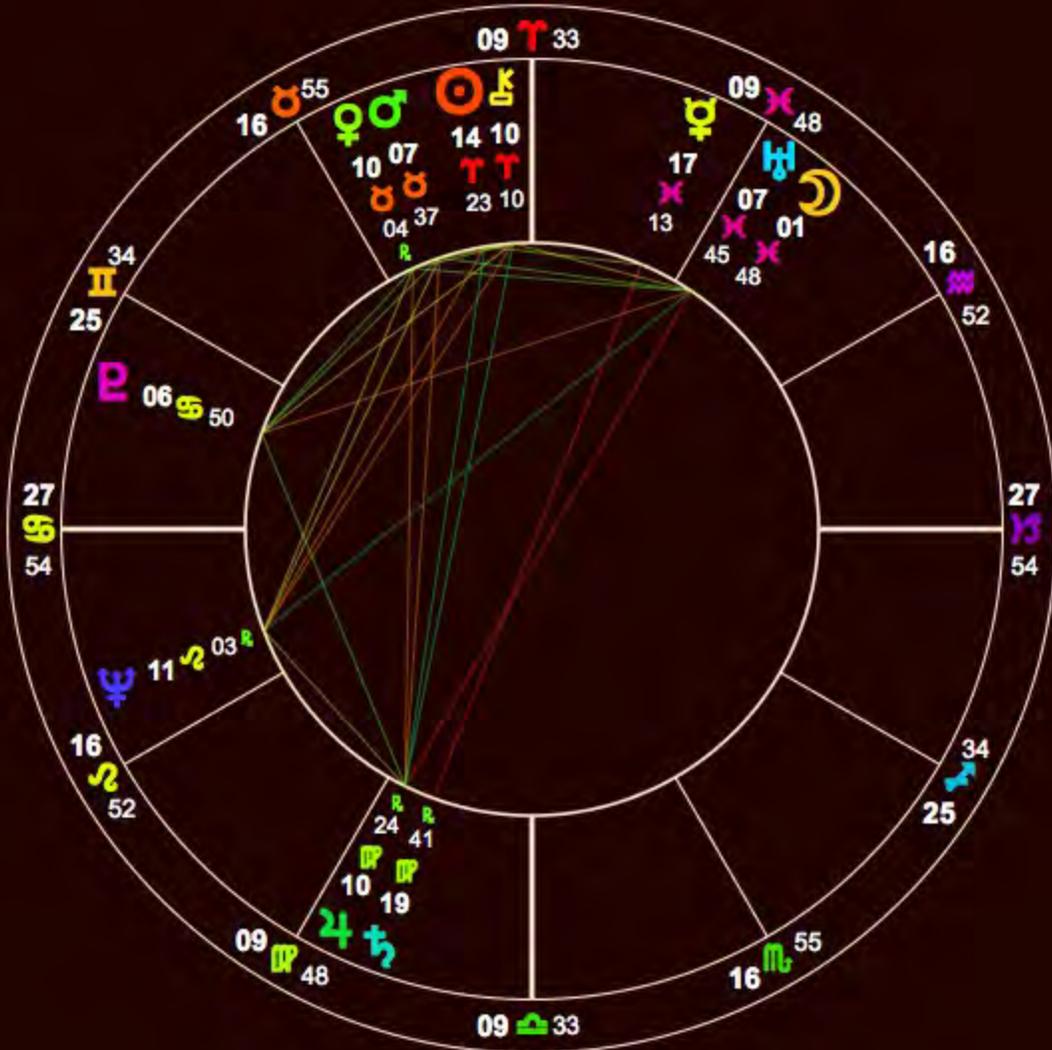
**ARIES**  
RAYS 1 & 7  
RULERS  
MARS 6  
MERCURY 4  
URANUS 7



Unknown Ascendant  
Aries Sun  
Pisces Moon

# Lucille Cedercrans

Natal Chart  
Monday, April 4, 1921  
12:00:00 PM EST  
Bowmanville, Ontario  
Tropical Placidus True Node



Prepared By:  
Oeapoo

### Active Chakra:

I would put the active Chakra as the Crown. The united Soul/Personality being in direct contact with the Soul and in her case in direct contact with Master R and others of the Hierarchy and was fully aware of her part in the Plan. Lucille described the Crown, Throat and Ajna triangle when she aligned with R and that when she taught it changed to the Heart Center, Throat and Ajna.

In a letter to His Holiness Dudjom Rinpoche she described her "mission". "I was told that I had come in to help with a shift of the Wisdom teachings from the East to the West - from a focus in the Himalayas to a focus in the Rockies and that I had five teachers who were Eastern Masters. I was told that I was to organize groups and teach them to meditate - to help prepare the American consciousness to be receptive to this teaching. It was then I took the Bodhisattva Vow, (the Buddhist vow indicates that one works for the enlightenment of all sentient beings and will return in as many lifetimes as necessary to make this happen), which was like just doing it again in this lifetime." <sup>16</sup>

### Authors Commentary:

In writing this paper I had to confront whether the material in Lucille Cedercrans Schaible and Gretchen Groth's Autobiography/Biography were "Truth" and were the communications from Master R?

I believe that Lucille did in fact communicate with Master R. I pondered the question over and over and meditated on the question several times. In the end I had to base my opinion on the vibration and quality of her teachings.

I also considered if Gretchen Groth was in a position to tell the truth and to be able to convey that truth and I believe, at least in my mind, she could and did. In her book were included letters from some of the students and long time associates of Lucille and I didn't see any discrepancy in facts. If anything they supported what Gretchen wrote.

I didn't include anything on the background of Gretchen but if I had I would have told you she had Ph.D. in Psychology and followed in Lucille's footsteps in becoming a Buddhist and is currently serving with the title of Lama in the Nyingma Dudjom Tersar Linage having been appointed by His Holiness Shenphen Dawa Norbu Rinpoche.

I spoke to her via email but even though she was respectful, she wasn't concerned much one way or another that we or I acknowledge her or Lucille or where we might place her (Lucille) on the Path.

I also tried to contact Lucille's children and the closest I got was a granddaughter. My main question was an attempt to find Lucille's time of birth. I had no luck with that.

When Lucille died she willed all her papers which included the transcripts of the group

meetings to her long time friend and associate Gretchen Groth with instruction to complete her autobiography if it wasn't finished.

The group transcripts:

It was their custom, as a group, to have someone scribe what was said during the meetings. They would then type it up and make copies (memo-graph) for all to have.

About Lucille:

I have read all of her books no less that 7 times each and some even more. There is a "Truth" to them that only the Soul vibrates to. For me these books inspired and uplifted me and expanded my understanding and vibrated in the same quality as do the writings of Alice A. Bailey and the teachings of Master Djwhal Khul.

So for me I came to realize that the only one I need convince on this "Truth" matter is myself. After due diligence, I have made my choice to accept it as Truth. It is not my place or intent to promote or convince anyone whether they should accept my conclusions or beliefs.

I had to make a similar choice when I started my study of the Alice Bailey books as well. Only time will tell if I have erred or not.

I believe that each person must ultimately find their own "Truth" according to what best serves them but for me, the answers to my questions were given to my satisfaction.

Even though I have read Lucille's books multiple times I never knew anything about the author until I started my research for this paper. To say the least I was shocked and my first impression was that I placed her as an aspirant. She was so far from my concept of what an advanced soul looked or acted like.

I didn't know much about Master R so I also had to do research on him and discovered who he was at the different stages of spiritual development. I was particularly interested to know what a 4<sup>th</sup> degree initiate was like and this lead me to study Francis Bacon who was Master R at that level in one of his previous incarnations. I was surprised to find that as a 4<sup>th</sup> degree initiate, he did in fact have some faults or what I would consider to be some serious character flaws such as self interest and ambition.

I was surprised to discover that as a Master he still had to deal with or through his Personality with its likes and dislikes. I wouldn't have guessed that. Also that he made it plain to Lucille that her idea of a Master was incorrect. He told her that he was not the "Father in Heaven"<sup>17</sup> and I took that to mean that he wasn't perfect. He pointed out the fact that there wasn't much difference between the Fourth Kingdom and the Fifth.

In my research this summer I have learned more about the 4<sup>th</sup> and 5<sup>th</sup> degree initiate/spiritual levels than I have learned in the previous 25 years of study. Also I discovered the importance to fully engage in living the life we currently are in and the importance to not "sacrifice" one's own needs while providing service to others. This

was an important lesson for me to learn.

**NOTES:**

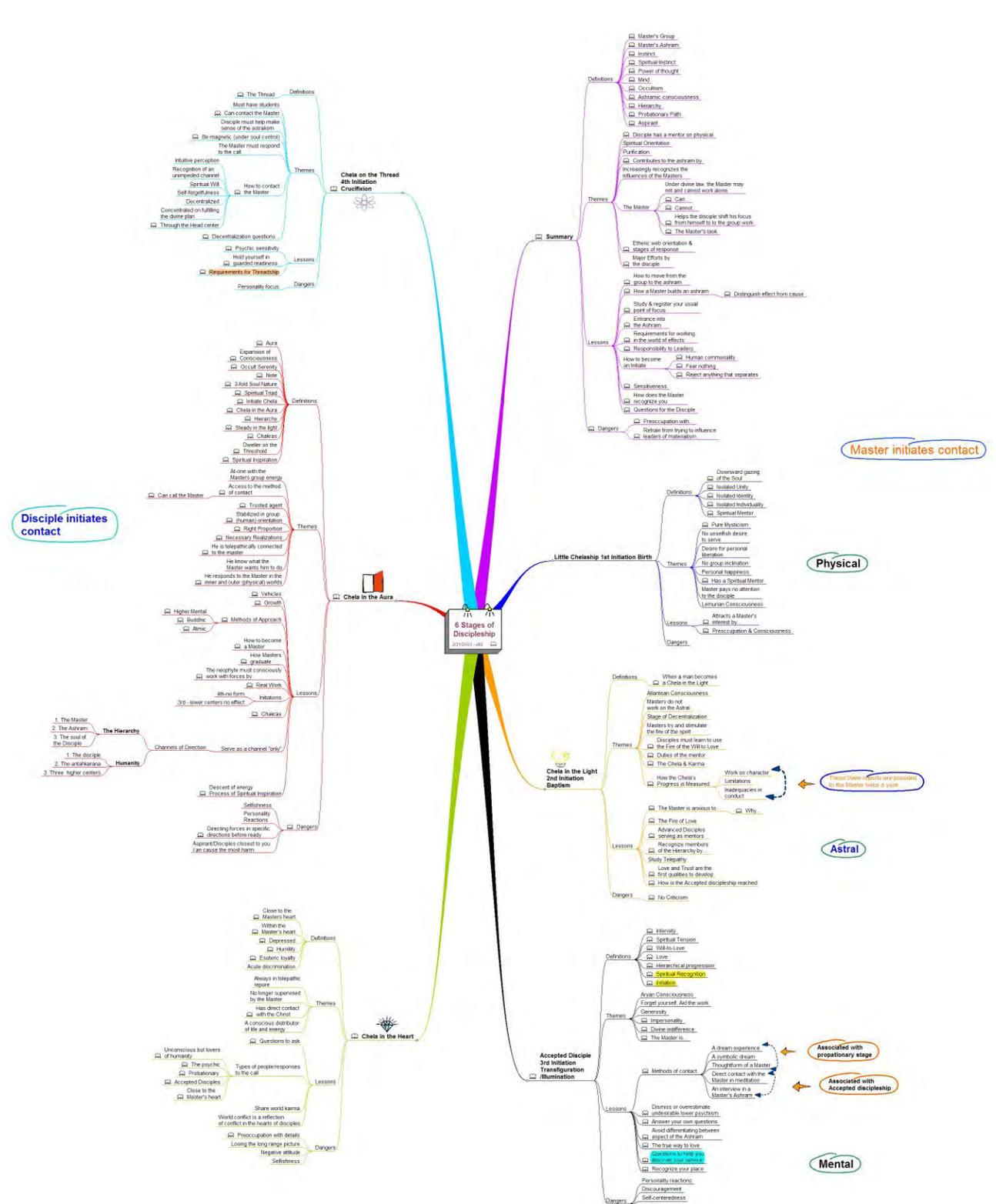
- 1 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.23
- 2 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.23
- 3-4 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.24
- 5 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.26
- 6 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.30
- 7 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.17
- 8 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.49
- 9 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.261
- 10 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.230
- 11 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen Ann Groth. p.231
- 12-13 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.255
- 14 *Om-Union through Astrology*, Leoni Rare Hodgson. p.117
- 15 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.255
- 16 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.257
- 17 *Luminous Sitting, Torturous Walking* Lucille Cedercrans Schaible, Gretchen A. Groth. p.234

**6 Stages of Discipleship**

A summary of the Six Stages of Discipleship outlined by the Tibetan Master Djwhal Khul in the book *Discipleship in the New Age*, Vol. 1, p. 673-774. The summary was prepared by Imar Nkeba.

From: [soul1.org/Discipleshipstages.htm](http://soul1.org/Discipleshipstages.htm)

# Chela on the Thread diagram and the 6 stages of Discipleship:



Master initiates contact

Disciple initiates contact

Physical

Astral

Mental

Associated with propitiatory stage

Associated with Accepted discipleship

These Chela steps are propitiatory to the Master until a year

Photo of Lucille Cedercrans Schaible



Lucille Cedercrans Schaible

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