

Esoteric Healing and the Rays

Walter D. Pullen

Level Five Course 550 Paper

“Love one another and help others to rise to the higher levels, simply by pouring out love. Love is infectious and the greatest healing energy.”- Sai Baba

All levels in our planetary and solar system are conditioned by the seven Rays. Esoteric Healing is an important example of this conditioning. Rays can influence the diseases and maladies people acquire, the methods through which patients can best respond to healing, the approaches and techniques taken by the healer, and even the interaction between healer and patient. Let’s take a look at the different ways that Rays are involved with Esoteric Healing, and how understanding these ways can improve our understanding of the subject.

To begin, there’s a fundamental connection between Esoteric Healing and the Rays, because healing involves the science of the chakric centers, and each center is primarily conditioned by a particular Ray. For example, the magnetic healer attracts healing energy into a center of the patient to counteract the disease or condition in place. Similarly, in the Radiatory Technique of Esoteric Healing, the healer uses the anja center as *“the directing agent or the distributor of the blended energies of the divine man”*, and projects the stream of energy to the center nearest to the location of the disease. (EH page 159)

The connection between centers and Rays can be seen in the table below. (EA page 455-456) The first columns show the physical gland and corresponding etheric center. The next columns are the corresponding macrocosmic center on a planetary level, followed by the Ray associated with that center. Including the wider planetary centers in the table is useful because it shows that centers can be associated with multiple Rays. Planetary centers are similar to kingdoms of nature, which are associated with different Rays in different contexts. For example, the center of Humanity is also frequently associated with the planetary throat center (DoN page 24), and the human Kingdom with Ray 4 (EP I page 414). All this shows an interrelated web between Rayology and the science of the centers, which are areas studied by Seed Group 8 (Esoteric Psychologists).

Centers and Rays				
#	Gland	Chakra	Planetary Center	Ray
1	Pineal	Head	Shamballa	1
2	Pituitary	Ajna	Humanity	5
3	Thyroid	Throat	Animal	3
4	Thymus	Heart	Hierarchy	2
5	Pancreas	Solar Plexus	Vegetable	6
6	Gonads	Sacral	Deva	7
7	Adrenals	Base of Spine	Mineral	4

Rays are such an important part of Esoteric Healing that the book “Esoteric Healing” presents a list of “Fifteen Statements” concerning the Rays, which are summarized below. (EH page 695-698) These statements are not only statements about Rays, but they summarize the important parts of the Esoteric Healing process, which shows the interrelation of healing and Rays.

1. The seven Rays embody and express the totality of energies on the planet.
2. The forces of the seven Rays unitedly compose and are subrays of the solar Ray 2 of Love-Wisdom.
3. The healer must work through the 2nd subray of whatever Ray, which inclusively connects to the governing soul and personality Rays.
4. Ray 2 and the 2nd subray of each Ray is dual in expression. The healer must differentiate and work through the love aspect and not through the wisdom aspect.
5. The healer must use form vehicles on the heart line that are Ray 2 energy outlets (Rays 2, 4, and 6).
6. Healers on Ray 2, such as the Christ who embodied that Ray, are usually great healers.
7. The soul Ray determines the healing technique. The personality vehicle most related to Ray 2 must have the healing energy flow through it.
8. The 2nd subray of the soul Ray determines the healing approach. That energy is transmuted into healing when passing through the appropriate personality vehicle.
9. The vehicle to receive healing can be either the mental or astral (usually the astral since most are centered there).
10. A triangle of energy is formed from soul energy, the appropriate vehicle, and the etheric heart or solar plexus center.
11. Within the etheric body, a secondary triangle is formed for the circulation of energy between the head center of reception, the ajna center for distribution, and the center which registers the soul ray.
12. Triangle #2 is related to the triangle #1 by an "act of deliberation".
13. The sincere and experienced healer can relate the triangles by deliberate faith and firm, fixed intention.
14. The greater triangle makes the healer a transmitter, the lesser triangle is worked through by the healer and produces effect on the patient.
15. The healer's procedure falls into three parts: (a) Link up with their soul, determine which personality vehicle to use, and use the will to create a relation between soul energy with the appropriate center via the desired vehicle. (b) Create the secondary triangle by focusing in the head center of reception, then connect the head center with

the ajna using the imagination to hold the energy in that directing agency, and finally gather energy in the ajna from the etheric center corresponding to the soul Ray. (c) Deliberately link the two triangles.

One of the most important points in the fifteen statements above is that Esoteric Healing is strongly related to and primarily uses Ray 2 of our system, along with the other even numbered heart line Rays. Ray 2 is the Ray of love/wisdom, which shows how the love aspect is the key to esoteric healing, as opposed to will or mind. This concept illustrates the significance of the quotation at the start of this paper. Rule 6 of Esoteric Healing states, *“the healer or the healing group must keep the will in leash. It is not will that must be used, but love.”* (EH page 535) Similarly, *“the mind is not mentioned or involved, and the brain acts solely as the focusing point of the love and the healing force to be projected into the stream of energy.”* (EH page 102) Note that even if one isn’t able to fully be an esoteric healer, they can still radiate love: *“When unable - from lack of this knowledge - to carry forward the healing work, let him confine himself to the task of acting as a channel for the energy of love to the patient.”* (EH page 701)

Many diseases can be associated with a particular Ray. Each Ray can express in good (positive and harmonious), or bad (negative and blocked) manners, the latter of which often manifest as disease. These are general issues that can affect people on all stages on the spiritual Path. (EH page 51)

Diseases and Rays					
Ray	Energy	Center	Good	Bad	Disease
1	Will / power	Head	Sacrifice, dedication	Self-pity, drama	Cancer
2	Love / wisdom	Heart	Soul and group love	Self-love	Heart, stomach trouble
3	Activity	Sacral	Group and parental love	Overactivity, sexuality	Social diseases
4	Harmony	Ajna	Mysticism	Selfishness, dogmatism	Insanity
5	Knowledge	Throat	Creativity, inspiration	Lower psychism	Wrong metabolism
6	Devotion	Solar plexus	Aspiration, right direction	Emotionalism	Nervous diseases
7	Organization	Base	White Magic	Pure self-interest, black magic	Heart diseases, tumors

More generally, disease is of three fundamental types, which are forms of cancer, tuberculosis, and syphilis. *“Some day medicine will realize that behind every single disease (irrespective of the results of accident or war) lie these three main tendencies in the human body.”* (EH page 275) These three fundamental types of disease can be seen as associated with the three Rays of Aspect:

1. **Cancer** represents diseases of self-denial, and has its origin in Atlantean rejection of syphilis. Cancer and related diseases like diabetes are connected with *“inner*

emotional desires and the violent suppressed wish-life”, and are effectively bad expressions of Ray 1 energy. (EH page 312) Ray 1 is directly associated with cancer in the above chart.

2. **Tuberculosis** represents diseases of depletion, and is based on modern Fifth Root Race issues. A Ray 4 imperfection is “constant conflicts lead to condition of constant devitalization”, which is close to the essence of tuberculosis. With the other two fundamental types of disease on the hard line of odd numbered Rays, it seems depletion is associated with the soft line even numbered Rays, at the head of which is Ray 2.
3. **Syphilis** represents diseases of overindulgence, and has its origin in Lemurian experience. Syphilis and related diseases like arthritis are “*largely based upon the satisfaction of physical desire*”. (EH page 312) Ray 3 is associated with social diseases in the above chart, so the syphilis category of disease is most associated with Ray 3 of activity.

Disciples on the Path face different challenges, and as a result often acquire different diseases. Certain diseases which particularly affect disciples more often affect those on particular Rays. However, regardless of Ray, any disciple may encounter any one of these maladies during their evolutionary journey, especially considering that an individual is influenced by multiple Rays and subrays, such as of their soul, personality, and three personality vehicles. Some specific maladies affecting disciples and how they can be overcome are listed below:

- Ray 1 disciples are more susceptible to problems connected with the respiratory or breathing system. They can help overcome these problems by using the OM and later the esoteric Sound. Note that in relation to Ray 1 people using the OM and Sound, “*you have here a reference to the Lost Word of Masonry and to the SOUND of the Ineffable Name.*” (EH page 132)
- Ray 2 disciples are more susceptible to nervous system diseases, because Ray 2 is a building Ray that uses and works with the soul’s activity through all the centers. Ray 2 is the Ray of love/wisdom, and “*the love aspect shows itself through the heart, the circulatory system and the nervous system.*” (EH page 106)
- Ray 4 disciples aren’t any more susceptible to respiratory and breathing system problems. However they (like Ray 1) can receive great benefit and develop the intuition by understanding the OM. Ray 4 deals with pairs of opposites, and hence the vibratory activity leading to unity and intuition.
- Ray 6 disciples are (like Ray 2) also susceptible to nervous system diseases, because Ray 6 is a Ray of tension, and related to the solar plexus center which is a clearing house of personality life force. The solar plexus plays an important role in “*directing and controlling certain aspects of the nervous system*”. (EP II page 434)
- Ray 7 disciples are more susceptible to diseases of the blood stream. That’s because both Ray 7 and the blood are associated with circulation (whether of the blood or the new energies of freedom for humanity) and are associated with physical expression (whether of life force or human manifestation in general).

Disease can also be considered in terms of glamour. Glamour can result in distorted or negative manifestations of a Ray, examples of which can be seen in the chart and tables

above. Beyond that, each Ray has its own list of glammers. Glamour in relation to Ray 3 is associated with certain stomach and brain problems, as summarized in the following quotation:

“It is because this third ray energy is the energy of substance itself that its imperfections demonstrate profusely in the human tendency to disease. Glamour results from the excessive use of this third ray energy for selfish and personal ends and manifests primarily upon the sixth or astral plane. As a result of this manipulation of desire, and the wild maneuvering for its satisfaction along material lines, you have such diseases as the gastric and intestinal disorders and the various stomach troubles which devastate civilized humanity - far more than the savage races. Certain brain disorders also are effects, and low vitality.” (EH page 300-301)

With respect to the healer themselves, Rays can influence how they approach healing. The following table lists the healing method most likely to be employed by a person of that Ray, which summarizes a list from “The Causal Body” by Arthur E. Powell, dated 1925. The table shows how the Rays and healing have a long history of being considered together, even outside the context of the Alice Bailey books. Most methods in this list are exoteric form healing or psychic magnetic healing, as opposed to soul based Esoteric Healing. Because of this, the Ray of the healer in this context may refer to either their soul or personality Ray. For example, the Ray 2 method below can’t be soul based Esoteric Healing, because of Rule 6 for Esoteric Healing which states that love must be used and the will must be kept in leash. Healers on more physical oriented Rays, such as Ray 5 of concrete science, are likely to at least start out with exoteric or allopathic forms of healing on their spiritual Path, although it’s important to realize that all Rays are capable of quality Esoteric Healing.

Healing methods and Rays		
Ray	Name	Method often used
1	Will / power	Draw health and strength from the great fountain of Universal Life
2	Love / wisdom	Thoroughly comprehend the nature of the malady, and know precisely how to exercise will-power upon it to the best advantage
3	Intelligent activity	Invoke the Great Planetary Spirits, and choose moment when astrological influences are beneficent for the application of remedies
4	Harmony through conflict	Physical means such as massage
5	Concrete science	Drugs
6	Love / devotion	Faith-healing
7	Organization	Mantras or magical invocations

When focusing upon Esoteric Healing, Rays can also help describe the overall motivation as to why one is drawn to healing in the first place, or in other words how they perceive healing in the greater picture. I’ve composed the table below for how I’d see an esoteric healer of each Ray approach the practice. There are different types of soul will aligned with each the seven Rays, which are the wills to **initiate**, **unify**, **evolve**, **harmonize**, **act**,

cause, and express. With Esoteric Healing being soul centered healing, these motivations are effectively the qualities of soul will phrased in terms of healing. Therefore the Ray of the healer in this context should mean their soul Ray. It's important to distinguish that these are motivations as opposed to techniques for Esoteric Healing, because they involve the will.

Healing motivations and Rays		
Ray	Name	Esoteric Healing is...
1	Will / power	... the will of the divine
2	Love / wisdom	... an act of love that unifies one with their higher potential
3	Intelligent activity	... a creative evolution from a lesser to a greater state
4	Harmony	... a promotion of harmony out of the conflict of disease
5	Concrete science	... an intelligently useful act
6	Love / devotion	... a positive cause
7	Organization	... a positive expression facilitating higher meeting lower

With respect to actually applying Esoteric Healing, each Ray has its own technique or approach. "Seven Statements" are presented showing the techniques of Esoteric Healing employed by a healer of each Ray. The first sentence or two of each Ray technique are listed below. (EH page 706-713) Again, note the similarity of each statement with the general soul will of each Ray, but applied in a healing context.

1. *Let the dynamic force which rules the hearts of all within Shamballa come to my aid, for I am worthy of that aid.*
2. *Let the healing energy descend, carrying its dual lines of life and its magnetic force.*
3. *The healer stands and weaves. He gathers from the three, the five, the seven that which is needed for the heart of life.*
4. *The healer knows the place where dissonance is found. He also knows the power of sound and the sound which must be heard.*
5. *That which has been given must be used; that which emerges from within the given mode will find its place within the healer's plan.*
6. *Cleaving the waters, let the power descend, the healer cries.*
7. *Energy and force must meet each other and thus the work is done. Color and sound in ordered sequence must meet and blend and thus the work of magic can proceed.*

Finally, the process of healing is really an interaction within the miniature group composed of healer and patient. Therefore perhaps the most important consideration is to compare the Rays of the healer and the patient. That means looking at how the healer's soul and personality Rays compare to the patient's soul and personality Rays. Their soul and personality Rays may be the same, different, or unknown. Six possible scenarios are listed in the book "Esoteric Healing", which are summarized in the table below. (EH page 698-699) Specifically, the soul Rays may be the same and the personality Rays different or vice versa, or both may be the same or both may be different. Also, the soul Rays may be unknown, and even the personality Rays may be unknown as well. Generally, it's easier to determine one's personality Ray (due to its more exoteric nature) than one's soul Ray (which is more subtle and may be dormant in the less spiritually oriented person).

It's also generally easier to determine one's own Rays than that of the patient or another person.

Healer and Patient Ray Comparison				
Case	Healer Soul	Healer Personality	Patient Soul	Patient Personality
1	Same	Different	Same	Different
2	Different	Same	Different	Same
3	Same	Same	Same	Same
4	Different	Different	Different	Different
5	Unknown	Known	Unknown	Known
6	Unknown	Unknown	Unknown	Unknown

Beyond the table, one can also consider and compare the healer's and patient's Rays for their physical, astral, and mental vehicles. However the vehicle Rays are often more difficult to distinguish and work with, in that *"it takes, however, an initiate of some standing to recognize and work through the rays of one of the lower bodies"*. (EH page 700)

In summary, the seven Rays are closely related with the subject of Esoteric Healing. Esoteric healers actively work with Rays (especially Ray 2 of Love-Wisdom) during their practice of healing. Rays can be used to classify and better understand the diseases and glammers of both ordinary people and disciples, the motivations and techniques of the healer, and the how the healer and patient interact with each other.

For further reading about Esoteric Healing and Rays see:

- Esoteric healing and Rays: Bailey, Alice A., "Esoteric Healing", New York: Lucis Publishing Company, 1953, Chapter IX, page 693-714.
- Magnetic Healing: Bailey, Alice A., "A Treatise on Cosmic Fire", New York: Lucis Publishing Company, 1925, page 342-395.
- Glamour and Rays: Bailey, Alice A., "Glamour: A World Problem", New York: Lucis Publishing Company, 1953, Section Two.2, page 120-123.
- Healing and Rays: Powell, Arthur E., "The Causal Body", New York: Lucis Publishing Company, 1925, page 324-325.
- Morya Federation Course 550 materials.